



2025-2026 Intramural Sports Participant Handbook

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Program Overview

Competitive Sports

The Competitive Sports unit houses three dynamic program offerings designed to engage and accommodate UWEC's dynamic student body. These programs include Club Sports, Intramural Sports, and Esports. Each program area offers unique and impactful opportunities for students and faculty/staff to engage and pursue their desired recreational and sport outlets.

Our Competitive Sports staff will work diligently to provide services and support to ensure an active, communal environment. Please check out all that Competitive Sports has to offer!

Intramural Sports

The Intramural Sports program provides a diverse array of activities for students, faculty, and staff to stay active, create memories, and build friendships through engagement with the university community. All skills levels are welcome.

Intramural sports promote individual and team play in league and tournament formats. Over 60 men's, women's co-rec, and open leagues are offered to students, faculty, and staff who wish to recreate in structured activities. Our staff will strive to further teamwork, respect, fun, and family. Come as you are and **EXPERIENCE Intramurals!**

Structured league play will be offered in a block format with two blocks per semester, four blocks per year. One-day tournaments and special events will be interspersed throughout each semester. The format, offerings, and season length will vary depending upon the activity.

General Policies

Student Code of Conduct

University of Wisconsin-Eau Claire students and their actions are subject to the University of Wisconsin-Eau Claire Student Code of Conduct. The Recreation and Sport Operations department and Intramural Sports program will enforce all sections of this code of conduct to ensure that participants feel welcome and enjoy the benefits of a recreational activity. The entire Blugold Student Code of Conduct is available online via the Dean of Students Office.

Sport Rules

Rules and regulations are designed for the safety and protection of participants. By participating in Intramural Sports contests, everyone has agreed to abide by all rules and regulations and is responsible for his/her behavior.

All contests shall be governed by Intramural Sports rules adopted from NIRSA, the NCAA, the NFHS, or amateur rules. Modifications will be made to adjust for risk, facility space, time, and number constraints. The rules for each sport are made available to all participants and can be found here:

[\(https://www.uwec.edu/recreation/competitive-sports/intramural/intramurals-regulations/\)](https://www.uwec.edu/recreation/competitive-sports/intramural/intramurals-regulations/)

The Intramural Sports program reserves the right to institute any rules change and will notify team captains with the changes.

Release of Liability

There are certain risks of injury that are inherent to participation in sports. These types of injuries may be minor or serious and may result from the actions or inactions of the participant or others. Maintenance of physical health and insurance in the event of a physical mishap is recommended while participating. Each participant will be required to sign a *Release of Liability Waiver* prior to participating in any Intramural events. This waiver is included on the IMLeagues.com/uwec registration page. Participation will not be allowed unless the *Release of Liability Waiver* is signed.

Model Release

Also included in the registration process is the model release for all photos taken during intramural events. By agreeing, you waive the rights to all photos you may appear in. Pictures taken throughout the year, including championship photos, may be posted to Intramural and Recreation social media pages and websites and/or other UWEC media outlets.

Alcohol and Other Drugs Policy

The University of Wisconsin System and UW-Eau Claire prohibit the unlawful possession, use, distribution, manufacture or dispensing of illicit drugs and alcohol by students and employees on university property or as part of university activities.

The University of Wisconsin-Eau Claire recognizes alcohol and other drug abuse as a problem prevalent throughout society. This is a matter of concern at an academic institution because it interferes with the activities and education of students and the performance of faculty and staff. The University recognizes college students exercise personal discretion regarding alcohol and drug use. The University of Wisconsin-Eau Claire, consistent with its mission as a public institution of higher education, is committed to providing education about the effects of alcohol and other drugs in a wide variety of settings and formats; assisting individuals who have developed patterns of abuse to find more constructive and healthy lives; and upholding the law. In those circumstances where students, because of patterns of abuse, endanger themselves or others, the University will assist in providing professional help, may require remediation, and may examine the appropriateness of continued enrollment. This commitment is carried out in an environment which is educational and supportive in nature and designed to bring about positive changes in behavior and attitude.

The Intramural Sports program reserves the right to restrict play or eject anyone suspected of being under the influence of drugs or alcohol. Intramural spectators are also obligated to abide by these same rules and the Competitive Sports staff reserves the right to remove these individuals from the venue.

Captain's and Participant's Quizzes

Upon creating a team in IMLeagues, each captain will be required to complete and pass a captain's quiz. Captain's quizzes vary in length by each sport and will contain questions regarding general intramural sport policies and specific sport rules. Captains should review their specific sport rules through IMLeagues before taking the quiz.

Additionally, each participant will be required to complete and pass a participant quiz in order to be added to their desired team to help relay important intramural information and sport rules to each member of the team.

Captains' Terms & Conditions

- You must verify the eligibility of all players on your team. This includes:
 - They have a valid Blugold ID and check in with the supervisor.
 - They are considered eligible.
 - They are not an ineligible player.
 - They are not currently suspended.
 - They are in appropriate playing attire.
 - If a player is suspected as ineligible at the fields/courts, you may sign an acknowledgement form to allow that player to play with the understanding that the game could be retroactively forfeited.
- You must understand the sportsmanship policy, here are the major points:
 - To play in the playoffs, your team must have a Sportsmanship rating of a “4” or higher.
 - Once in the playoffs, your rating must remain at a “4” or above to advance.
 - Your sportsmanship rating takes many things into account, including the following:
 - Player actions
 - Fan actions
 - Coach actions
 - Trash left behind
 - Sportsmanship ratings are determined by the officials during the game, the supervisors at the complex, and it is reviewed by the Competitive Sports office after the games. Sportsmanship ratings are subject to change up until the end of the regular season.
- You must understand the forfeit and default policy. You can read the entire policy in this handbook or read the major points:
 - If your team does not show up to its scheduled regular season competition and does not contact the Competitive Sports office during office hours, your team will receive a “2” sportsmanship rating.
 - If you would like to Default a game, you must contact the Competitive Sports Office by 3pm the day of the game (or 12pm on Friday for weekend competitions) to inform them you will not be playing. Doing so will give your team a “4” sportsmanship rating.
 - If you call to Default your game after 3pm, your team will forfeit the competition, and receive a “3” sportsmanship rating.
- After registration closes, you cannot play on another team in the same division. Please confirm with your team members. If you are unable to field a team, you will not be able to play the intramural sport for this season, and you must remain on this unfilled team for the duration of the season.
- All alcohol, drugs, and other banned substances are strictly prohibited from intramural competition.

Eligibility

Eligibility Statement

Each participant is responsible for their own eligibility. Furthermore, each team captain is responsible for the eligibility of their team members. Inquiring about eligibility in advance of contests prevents the delays and potential protest(s). The Competitive Sports staff will check the eligibility of participants if an opposing captain lodges a protest. The Competitive Sports staff reserves the right to put into immediate effect any rule changes or modifications regarding eligibility. The Competitive Sports staff reserves the right to handle eligibility violations without formal protest.

Who Is Eligible?

- All active and enrolled students at the University of Wisconsin-Eau Claire and University of Wisconsin-Eau Claire Barron County are eligible. If it is passed the day fees are due, students must have paid their active fees to remain eligible.
- Current faculty/staff members at the University of Wisconsin-Eau Claire and University of Wisconsin-Eau Claire Barron County.
- Spouses of faculty/staff members are eligible with the purchase of a valid gym membership and must present their Blugold ID to participate.

Who Is Ineligible?

- Individuals who are not current, actively enrolled students at the University of Wisconsin-Eau Claire or University of Wisconsin-Eau Claire Barron County
- Non-university students, including CVTC students, regardless of residency, are NOT eligible to compete in Intramural Sports.
- Unaffiliated faculty/staff members
- If it is after the student fees deadline and an individual has not paid their fees, they are ineligible.
 - If the captain/player believes there is a mistake, the player in question AND the captain can sign a form acknowledging the potential forfeit if the player is ineligible.
 - If confirmed, the Competitive Sports Office will email the captain & player the next day outlining the player does not have membership, provide Membership Services contact, and apply a forfeit (“3” Sportsmanship rating).
- If a player has been suspended for an ejection or other misconduct within Recreation and Sport Operations, they are ineligible.
 - If a player is suspended, the Competitive Sports Office will email the player and their captain(s) to alert them of the suspension as soon as it happens. Once the player meets with the Competitive Sports Coordinator, their captain(s) will be alerted of when the individual becomes eligible again.
 - If a suspended player plays, the team receives a “1” Sportsmanship rating
- If a player is attempting to play for multiple teams in the same division, they are ineligible.
- If a player has not properly checked in and is discovered to be playing and/or have played, they are ineligible.
- If an individual appears on an intercollegiate varsity squad list for more than three (3) weeks, they are ineligible for the related sport(s) during that academic year.
- If an individual appears on an intercollegiate varsity squad list for four (4) or more years, they are ineligible for one (1) full academic year following the final academic year they were listed on the squad list.
- If an individual played a sport professionally, they are ineligible for five (5) academic years following their last year as a professional.
- If an ineligible player (that is not suspended) plays, they are ejected as soon as they are identified. The game continues as normal. The next day, the forfeit procedure takes place.
 - For the first offence, the team will receive a “3” Sportsmanship rating
 - For the second offence, the team will be removed from the league.

Dual Enrollment

Students that are dual enrolled at UWEC and another institution are eligible to play ONLY if they meet one of the eligibility requirements.

ID POLICY

NO BLUGOLD ID=NO PLAY. NO EXCEPTIONS.

All participants must present their current, valid Blugold ID card to the Competitive Sports staff prior to participation in every contest. Your Blugold ID on the UWEC mobile app is sufficient as long as the Competitive Sports staff can verify the individual's name, picture, and Blugold ID number. Other forms of ID will not be accepted including driver's licenses, class schedules, bank account statements, etc. The photo on the card must be easily discernible. ID's without easily viewable photos will not be accepted.

If an individual loses their Blugold ID card and cannot replace it before a contest, they may contact the Competitive Sports office before 3pm on the day of their game to be granted an exception for that night. This exception may only be used once by an individual.

Assumed Names (Lying About Identity)

Anyone participating or attempting to participate using another person's ID or information will be suspended from intramurals indefinitely, have that ID confiscated, and may be reported to the Dean of Students.

Intercollegiate Athletes Eligibility

- Varsity Athletes
 - Any individual who is or has been a member of the varsity squad at an NCAA institution for more than three (3) weeks is not eligible to compete in their related sport for one calendar year from the beginning of their varsity season. For example: if a Varsity Baseball student played for more than 3 weeks of their baseball season in Spring 2025, then they cannot play intramural softball (their related sport) until the Spring 2026.
 - Included in these rules are redshirt and practice team athletes.
- Junior or Community College Participants
 - Junior or community college transfer students in their first year at UWEC, who competed at their previous schools on the varsity squad, must enter the Competitive Division for their related sport if one exists. Teams are limited to two first year junior or community college participants.

Club Sport Member Eligibility

Teams are limited to two (2) Club Sport participants in their similar or related sport(s), with the exception of Co-Rec Soccer, which is limited to three (3) Club Sport participants with a maximum of 2 of one gender. Teams with Club Sport participants must enter the Competitive Division if one exists. The official club roster from the current academic year will be used. A club player is defined as an individual who signed the Club Sports waiver, and/or paid the club dues in the current academic year, and/or is listed on the official club roster through Blugold Connect.

Registration

Online Registration - IMLeagues

All Intramural participants must create an account on IMLeagues.com/uwec. You will be routed through the recservices.uwec.edu user portal as part of the sign-in process. The following are the steps involved in entering an intramural event:

1. Team captains must create an account through www.imleagues.com using their UWEC credentials.
2. The captain will then choose the sport that he/she wants to participate in through the Intramural Sports calendar of events found under the University of Wisconsin-Eau Claire tab.
3. Captains will choose the league they wish to compete in and select their division time.
4. Captains will click the “Create Team” button and input the necessary information.
5. By accepting the online waiver, participants agree to Intramural Sports policies
6. Captains and teammates may have to complete and pass a short online quiz (depending on the sport).
7. Sign-ups are on a first come, first serve basis. The earlier a team signs up, the more choices available for playing times. On occasion, if facilities and/or time are limited, only a pre-determined number of teams will be accepted. Teams who sign up after all available divisions are filled may join the Waitlist. Waitlist teams will be contacted if availability occurs.

Team Name Policy

A team name that promotes intolerance, degrades a racial/ethnic/gender/religious group, infers an explicit sexual reference or promotes destructive behavior, is considered disrespectful to university members and the university community at large. The name will be deemed inappropriate by the Competitive Sports staff and be modified accordingly.

Adding Participants to a Team

All participants must be added to the team roster on IMLeagues before they can participate. Participants can be added at the fields/courts by a staff member if needed.

1. On the team homepage, click “Team Options” then “Add Players”.
2. Search for participants' names.
3. Click “Add” next to the respective participant(s) desired for the team. (Note: all participants must first register at www.imleagues.com/uwec before they can be added)

Fees

A. Play Pass

1. Single Team Pass
 - This pass can be purchased at any point during the semester and will allow a student to join one intramural league team. Students with this pass can enroll on any team in any league if they meet the requirements of the league. When the pass is purchased, a student can join their one team. The pass expires upon joining any single team in intramurals. Participants must have a valid Blugold ID to participate in Intramurals. Refunds will not be given for a single team pass.
2. Semester Pass

- This pass can be purchased for the entire semester and will allow for unlimited semester intramural play. Students with this pass can enroll on as many teams as they wish, as long as they follow the individual league rules. When this pass is purchased, there will be no need to purchase any other passes for the entire semester. The semester pass expires at playoffs of the second quarter of sports in the semester. Participants must have a valid Blugold ID to participate in Intramurals. Refunds on a semester pass will only be given for a semester ending injury. Participants must submit proof of injury and no refund request will be accepted after Thanksgiving for fall semester or spring break for spring semester.

3. Year Pass

- This pass can be purchased for the entire year and will allow for unlimited intramural play all school year long. Students with this pass can enroll on as many teams as they wish, as long as they follow the individual league rules. When this pass is purchased, there will be no need to purchase any other passes for the entire year. The pass expires at playoffs of block 4 intramurals. Participants must have a valid Blugold ID to participate in Intramurals. Refunds on a year pass will only be given for a season ending injury or if a student is not continuing their education at UWEC second semester. Participants must submit proof of injury or that they are not returning. No refund request will be accepted after the start of Thanksgiving break for fall semester or after the start of spring break of spring semester.

4. Tournament Team Pass

- The entry fee for tournaments ranges based on the activity. Due to minimal expenses and to increase participation, many tournaments/ events are either low cost or free.

Team Fees

Some sports, such as intramural hockey and golf, require team fees instead of the individual Play Passes. If a team fee is needed, it will be noted in IMLeagues and required to be paid upon creating a team.

Free Agents

For programming purposes, the Intramural Sports program requires complete teams to begin play. Any person wishing to participate, but who is unable to create a team of their own, should follow these steps to become a Free Agent:

1. Sign up on the Free Agent list in the given sport on IMLeagues to be contacted by a team needing additional participants. Please include your name, phone number, email, days available to play and what division(s) you are qualified to play in.
2. Sometimes, there are enough interested Free Agents that they are combined into their own team. If this is the case, you will be contacted.
3. Team captains can select "Free Agents Wanted" if they need more participants.
4. Joining as a Free Agent does not guarantee that you will be placed on a team. It is in your best interest to reach out to team captains throughout the registration period.

Participation Guidelines

For any one sport, a participant can participate on a maximum of four (4) teams per league (i.e. men's, women's, co-rec, & open). After checking in for the allotted number of teams, that player may not play for another team. Players cannot play on multiple teams in the same division (i.e. Men's Basketball, 7/8pm league). When Competitive and Recreational divisions are offered for the same league, individuals may only play in one. Once a participant checks in on a fifth team illegally, they are suspended indefinitely from all

further intramural competition, and all games played illegally by the offending team are forfeited. Participants can be added to a team roster at any time of the intramural season.

Rosters

Teams may not exceed the applicable roster limit for each activity – which is normally twice the amount needed to field a full team. Once a player has been checked in to a contest, they are locked to that roster for the remainder of the season and cannot be removed. Players may only be added over the roster limit if another player already on the roster has yet to check into a game and, therefore, can be removed. All roster adjustments and determinations will be completed by the Competitive Sports office. In the event a player is added illegally, the following will occur:

- First Offence: Last player(s) added is removed from the roster and team receives a retroactive forfeit loss and a three (3) sportsmanship rating.
- Second Offence: Team is removed from the league

Levels of Competition

Team captains are responsible for selecting the appropriate level of competition if there are multiple. However, the Intramural Sports program reserves the right to place teams in any division in the post-season tournament or combine leagues/divisions. The Competitive Sports Coordinator has the authority to establish special rulings whenever deemed necessary.

Leagues

- Men's/Open
- Women's
- Co-Rec – Specific male to female ratio rules may apply to each sport
- Open – No gender requirements or restrictions
- Competitive – For the higher skilled and competitive teams/individuals. This level, if offered, is appropriate for teams with most participants having played that sport in an organized setting (i.e. high school leagues, city leagues, etc.)
- Recreational – For the more recreational and average skilled competitors. This level is appropriate for those participants with a “just for the fun of it” approach.

The Competitive Sports office reserves the right to combine leagues and divisions in the event there are not enough teams to fill a designated division or league.

The University of Wisconsin-Eau Claire is a member of the National Intramural and Recreational Sports Association (NIRSA). NIRSA's Statement for Equity, Diversity, and Inclusion is located [here](#).

Inclusivity Initiative

Purpose

In conjunction with the Gender & Sexuality Resource Center (GSRC) on campus – the Intramural Sports program further updated its participation structure in the Summer of 2021 to enhance community inclusion. Intramural activities will offer the following categories:

League Structure

OPEN

This category welcomes all individuals to participate. There are no gender specifications or requirements, and teams may be comprised of any combination of people.

MEN'S/OPEN

Men, Women, Two-Spirit People, Gender Non-Conforming People, Non-Binary People.

WOMEN

Women, Two-Spirit People, Gender Non-Conforming People, Non-Binary People.

CO-REC

Men, Women, Two-Spirit People, Gender Non-Conforming People, Non-Binary People. This category welcomes all individuals to participate regardless of gender however, self-identifying male/female player ratios will apply.

For the purposes of our program, the terms 'men' and 'women' are inclusive of two-spirit people, trans people, gender non-conforming people and non-binary people of our community. We have trained our staff to understand gender as a spectrum and encourage individuals to self-select where they feel they belong within the participation structure. Depending on each individual sport and/or its popularity, not all team categories may be offered.

Playoffs/Postseason

Playoff Opportunities

All teams who competed in regular season play and maintained a sportsmanship rating of “4” or better are eligible for post-season play. Post-season tournaments are typically single elimination. The winners of each respective bracket will be crowned tournament champions. The playoffs will use the best-worst method of seeding whenever possible. All teams must maintain a “4” sportsmanship rating or above each game during the playoffs to continue with the playoffs. Playoff seeding will be determined by:

1. Win Percentage
2. Head-to-Head
3. Point Differential (final)
4. Sportsmanship

The Competitive Sports staff reserves the right to split leagues into two or more tournament brackets based on team records and point differentials. If facility space and/or time is limited, only the top half of teams may qualify for playoffs if necessary. The Competitive Sports staff also reserves the right to move teams out of their regular season division or league and into a more appropriate division or league playoff bracket if available.

Playoff Eligibility

All participants on the IMLeagues team roster that are not suspended are eligible for playoff competition. Players may be added at any time throughout the season so long as the roster limit and team maximums are not exceeded.

Playoff Scheduling

Post-season games will be played at different times and days than a team's regular season playing time. Therefore, teams should be prepared to play at any time. The playoff schedule will be posted by end of the week that regular season games are completed. All team captains should check the tournament brackets immediately and direct any questions or game conflicts to the Competitive Sports staff. Prior to the playoff brackets being published, teams may contact the Competitive Sports Coordinator for game accommodations. There is no guarantee this accommodation will be met.

Equipment and Attire

Equipment Statement

The responsibility of getting equipment for an activity is specific to each sport. Specific rule sheets will outline this information for each sport. Team captains assume responsibility for their team's proper use and care of all equipment. The Competitive Sports staff takes precautions to make intramural activities as safe as possible for all participants. The Competitive Sports staff has the authority to ban the use of any equipment, personal property, or any items deemed hazardous to participants.

- **Jewelry:** All jewelry must be removed prior to participation. If jewelry cannot be removed, athletic tape must be used to cover said jewelry. If an individual participates without removing or covering jewelry, the individual and team may be subject to in-game penalties or removal from the contest.
- **Medical Bracelets:** Any medical bracelets may be worn during intramural contests. Medical bracelets must be taped with athletic tape with the medical information showing.
- **Personal Fitness Trackers:** Personal fitness trackers may be worn during intramural activities, but they must be safely secured. Intramural Sports does not assume responsibility in the event a fitness tracker is damaged during participation. In the event any participant is injured by a personal fitness device, the device must be removed.
- **Hats/Caps:** Hard-billed hats are not allowed, unless specifically stated in the sport rules. Soft caps (stocking caps and wool caps) are allowed during outdoor events. Nothing that is tied in a knot will be permitted.
- **Footwear:** Close-toed shoes are required whenever participating in intramural activities. Footwear deemed unsafe by the officials will be prohibited. Only tennis shoes, soft-soled, or molded rubber cleats are permitted in outdoor activities. No metal cleats are allowed.
- **Braces:** Any metal or non-pliable brace must be covered in a manner that none of the metal or hard covering is seen or felt. Competitive Sports staff will NOT have equipment to provide for covering. This equipment must be provided by the participant.
- **Proper athletic equipment must be used.** In general, no equipment should be worn or used which could result in the injury of others or oneself. A team caught using prohibited equipment may be subject to forfeit.

Forfeits/Defaults

Grace Period

Intramural contests will begin at the scheduled game time. Final game time is determined by the official's and/or supervisor's watch/clock on each field/court. In case of an unavoidable delay (i.e. weather, etc.), the starting time may be adjusted at the discretion of the on-site Supervisor.

Game time is forfeit time! However, the opposing team captain will be offered the option of taking the win by forfeit or waiting for the minimum number of participants to arrive. The grace period is 10 minutes maximum. In the event the captain decides to wait, that decision is irreversible. The minimum number of participants for each sport will be listed on specific sport rule sheets.

Forfeit Policy

A forfeit is given to a team if:

- A team fails to have the minimum number of participants required to start a game at the scheduled game time. The minimum number of participants for each sport will be listed on specific sport rule sheets.
- A team uses a player who is ineligible or participates under an assumed name.
- Continued unsportsmanlike conduct or unnecessary roughness.

Each forfeit will result in a loss for that team with a “2” Sportsmanship rating unless otherwise noted. Forfeited games will not be rescheduled.

Default Policy

A default is granted if a team notifies the Competitive Sports office that they will not have the minimum number of participants required to start a game. Teams must submit an [online default form here](#), or otherwise call/email the Competitive Sports office by 3pm the day of an intramural activity, or by 12pm on Friday for events that take place on Saturday or Sunday.

- If a team calls after the deadline and a replacement can be found, the team will receive a “4” sportsmanship rating and a recorded loss.
- If a team calls after the deadline and a replacement cannot be found, the team will receive a “3” sportsmanship rating and a recorded loss.

All proper defaults made will result in a loss for that team with a “4” sportsmanship rating.

Sportsmanship

Rating System

The Intramural Sports program has developed this sportsmanship rating System with the purpose of making each individual participant responsible for their actions while participating in any intramural sport, activity, or event. A team’s sportsmanship will be evaluated each game by the officials, reported and re-evaluated by the supervisors, and then reviewed by the Competitive Sports office the next day. Sportsmanship ratings will be given based on the behavior of players, coaches, and spectators. They will also be judged on actions before, during, and after contests.

- “6” – Good or exemplary sportsmanship.
- “5” – Generally good sportsmanship.
- “4” – Good sportsmanship with at least one player or incident that displayed poor sportsmanship. If a team receives a technical foul, yellow card, unsportsmanlike conduct penalty, etc. they cannot receive higher than a “4.”
- “3” – Multiple players and/or incidents that displayed poor sportsmanship, or one player/incident of egregiously poor sportsmanship. If a player is ejected, the team can score no higher than a “3.”
- “2” – Poor sportsmanship displayed consistently throughout the contest with few/no examples of good sportsmanship.

- “1” – Egregiously poor sportsmanship.

Examples of good sportsmanship:

- Cooperation with officials, supervisors, and opponents
- Remain in control of yourself, teammates, and spectators and communicate respectfully with all involved
- Maintain a positive attitude
- Limit complaining and withholding from dissent

Examples of poor sportsmanship:

- Exhibiting verbal and/or physical dissent towards officials, supervisors, and opponents
- Persistent questioning of calls
- Not adhering to warnings
- Lack of cooperation
- No control over oneself, teammates, or spectators
- Threatening behavior
- Providing false identification
- Use of alcohol or other drugs

Consequences for poor sportsmanship

- A team must average a “4” sportsmanship rating or higher to be eligible for playoffs
- Once in the playoffs, the regular season average of a team’s sportsmanship rating counts as one score, and the team must accordingly remain at or above a “4” for the remainder of playoffs
 - If a team’s sportsmanship drops below a “4” in playoffs, they have a one game probationary period to get their rating above a “4.” If they cannot mathematically obtain a “4,” they do not receive a probationary game – and they are forfeited out of playoffs.

Player Conduct

Players are held to a standard of good sportsmanship. If a player does not adhere to that standard, they can be removed from a contest by any Competitive Sports employee. If a player is ejected from a contest, they are immediately ineligible to play in all other contests until they meet with the Competitive Sports Coordinator. Sanctioning may range from intramural probation to expulsion from Recreation and Sport Operation programs and services for an indefinite amount of time. As a result of a player being ejected, his/her team may be removed from intramural competition for the remainder of the current sport season. If a player’s conduct is deemed unacceptable by the Competitive Sports Coordinator, they may refer the player to the Dean of Students office and/or Student Conduct office for review. No reinstatement procedures will take place within intramural sports until the review has been completed by the appropriate office.

- Disrespect and/or dissent toward staff or officials – 1 week
- Unsportsmanlike or Combative Behavior – 1 week
- Lying about one’s identity (i.e. checking in under a false name) – 2 weeks
- Intentionally contacting an opponent outside of the scope of the contest – 2 weeks
- Playing under the influence of alcohol or drugs – 1 semester
- Intentionally contacting a Competitive Sports staff member – 1 year

Reinstatement Procedures

Once the ejected/suspended participant schedules a meeting with the Competitive Sports Coordinator, they must arrive at the meeting in a timely manner. If the participant does not show up to the meeting without previously rescheduling, they will be unable to meet with the Competitive Sports Coordinator for an additional week. The meeting between the ejected participant and Competitive Sports Coordinator will determine the length of suspension for the individual. If a participant does not agree with the suspension length, they can appeal to the Intramural Sports Advisory Board (see below).

If a suspended player plays while suspended, the team receives a “1” sportsmanship rating and the team is assessed a forfeit. To eliminate confusion about what players can and cannot play, the Competitive Sports office will email the player and their captain(s) to alert them of the suspension as soon as it happens. Once the player meets with the Competitive Sports Coordinator, the captain(s) will be alerted of when the individual becomes eligible again.

Intramural Sports Advisory Board

The Intramural Sports Advisory Board is used as an appeals committee for suspensions handed down to participants by the Intramural Sports program. All appeals must be made within 24 hours of the original verdict. The board will render the final verdict in case of an appeal. The Advisory Board process will take a minimum of three (3) weeks to gather the team and set a hearing date. The suspended participant will not be eligible during the appeal process. The board could consist of five individuals broken down as follows (one representative from each):

- Men's/Open Independent
- Women's/Open Independent
- Competitive Sports student staff
- Two (2) additional members from any of the above groups

The chairman of the board will be selected by the Recreation and Sport Operations department and will only vote on the decision if there is a split decision. Three (3) members of the board must be present for the appeal to be heard.

Protest Policies

Participant Eligibility Protest

A participant eligibility protest involves a team captain protesting the eligibility of his/her opponents. All eligibility protests must be submitted, in writing, to the Competitive Sports office by the next working day.

1. This form is reviewed by the Competitive Sports staff the next business day.
2. The participant(s) in question are investigated.
3. If the participant(s) are found to be ineligible, the team that used the ineligible participants shall forfeit the protested contest and the opposing team will receive the win.
 - a. First Offence: Forfeit loss and “3” sportsmanship rating
 - b. Second Offence: Removal from league

Rule Interpretation Protest

A rule protest involves a rule interpretation during an intramural contest. All rule protests must be made by the protesting team's captain in the presence of the officials, supervisor, and the opposing team's captain at

the time and place of the incident. Once play has resumed, no protests on past plays are acceptable. **NO PROTESTS WILL BE ACCEPTED ON THE JUDGEMENT CALL OF THE OFFICIAL.**

1. The protesting team captain shall fill out the Protest Form before the next 'live ball' situation.
2. The game is then played with the original ruling.
3. The protest is reviewed by the Competitive Sports office the next business day.
4. A ruling shall be made by the Competitive Sports Coordinator.
 - a. If the protest is not accepted, the result of the game shall stand.
 - b. If the protest is accepted, the game shall be replayed with the right ruling from the time of the protest.

Safety

HEALTH INSURANCE

The University of Wisconsin-Eau Claire or its designated representatives do not provide health, accident, life, or liability insurance for its intramural sport participants. Therefore, it is highly recommended that all participants have adequate health insurance. Also, it is recommended that all participants in vigorous contact sports have an annual physical examination.

INJURY REPORTS

Anytime an injury takes place, or first aid is administered, an injury report will be filled out by the Competitive Sports Supervisor on staff.

CONCUSSION PROTOCOL

Intramural sport participants will be required to sign the waiver indicating they understand the signs and symptoms of a concussion. This document will be administered through IMLeagues.

Competitive Sports Supervisors are responsible for recognizing the signs and symptoms of a concussion. Following a suspected concussion, the participant should not return to play that day and should be seen by medical staff before being allowed to participate again. If there are immediate concerns, the Competitive Sports Supervisor is responsible for removing the player from the current game or calling an EMT to evaluate the participant. Competitive Sports Supervisors will notify the Competitive Sports Coordinator as soon as reasonably possible following a suspected concussion by submitting an injury report via IMLeagues. The Coordinator will check in on the participant within 2 business days of the injury and place an injury suspension through IMLeagues if necessary. The participant must complete the return to play criteria as set forth by a physician before being able to participate in intramurals again. All concussions must be cleared by the physician before an athlete can return to play.

Student Employment

Officiating Opportunities

Experience is not required to become an Intramural Sports Official. The Competitive Sports staff will train all officials before sporting events begin. Intramural Sports Officials earn minimum wage with pay increases each year. Officials are encouraged to become WIAA certified in sports of interest.

Expectations of Intramural Officials

The Intramural Sports program recognizes everyone is a student first. We will not jeopardize your status as a student with unreasonable or unjustifiable job demands. One of the best perks of being an Intramural Official is the flexibility it provides. By accepting employment with us, however, you are accepting a commitment for which you are responsible positive attitude and professionalism towards participants and colleagues contribute greatly to the overall quality and success of the program. Officials of the Intramural Sports program must know and perform all responsibilities related to their job.

Hiring Process

Recreation and Sport Operations offers a vast number of employment opportunities, particularly for students. For more information, visit: <https://www.uwec.edu/recreation/employment/>

The Department of Recreation and Sport Operations is one of the largest employers on campus, providing experiences that connect academic learning with self-discovery and growth. Recreation provides opportunities for the practical application of skills necessary to be successful both inside and outside the classroom in an environment that is positive, supportive, and fun! We engage the university community in a wide variety of inclusive programs, services, and facilities that allow for social interaction, improved health, and overall well-being. Benefits of working for Recreation and Sport Operations include:

- Competitive pay
- Skill development
- Real world experiences
- Flexible work schedules
- Leadership opportunities
- Financial support for trainings

[Apply Today!](#)

Extramural Tournaments

Some sports will have state, regional, or national post-season tournaments. All UWEC Intramural Sports teams can participate in these tournaments. The Intramural Sports program may pay the entry fee to these tournaments. Lodging and travel expenses are not typically included in any fees paid for by the Intramural Sports program. Many of the tournaments are offered through NIRSA. More information about these tournaments can be found here: <http://play.nirsa.net/nirsa-championship-series/>

Contact Information

Recreation Office: Hilltop Center, Room 105

Office Phone: 715-836-3950

Website: <https://www.uwec.edu/recreation/competitive-sports/>

Instagram: @uwec_intramurals

Competitive Sports Staff

Karlie Stefonik

Competitive Sports Coordinator

Office: 715-836-5732

Email: stefonkr@uwec.edu

Instagram: @uwec_intramurals

Program Assistant

Program Assistant: **Lauren Kelsey**

Phone: 715-836-3950

Email: compsports@uwec.edu

Important Phone Numbers

Contact	Number
Any Emergency Situation	911
Eau Claire Police Department	715-839-4972
UWEC Police Department	715-836-2222
Ambulance Service	715-839-5012
Eau Claire Fire Department	715-836-5012
National Weather Service	952-361-6670
Wisconsin Road Conditions	511
Minnesota Road Conditions	511
Poison Control	800-222-1222
Student Health Services	715-836-5360
Competitive Sports Program Assistant	715-836-3950
Recreation and Sport Operations Office	715-836-3377
Competitive Sports Coordinator	715-836-5732
McPhee Physical Education Center	715-836-2546

Location of Recreational Facilities

- **Ade Olson Addition**
 - 503 University Drive, Eau Claire, WI 54701
 - Upper Campus
 - Attached to McPhee
 - Across from CVTC
- **Bollinger Fields**
 - 990 West Hamilton Avenue, Eau Claire, WI 54701
 - South of Upper Campus
 - Near Eau Claire Soccer Park
- **Hickory Hills Golf Course**
 - E4080 Hickory Road, Eau Claire, WI 54701
 - Southbound off WI-93 from the university
 - Past Metropolis/Action City
- **Hilltop Recreation Center**
 - 15 Garfield Avenue, Eau Claire, WI 54701
 - Upper Campus
 - Same building as upper campus dining hall
- **Hobbs Ice Arena**
 - 915 Menomonie Street, Eau Claire, WI 54701
 - East of Roadside Ice Cream and Diner
 - Near Chippewa River
- **McPhee Physical Education Center**
 - 509 University Drive, Eau Claire, WI 54701
 - Upper Campus
 - Across from CVTC
- **Simpson Field**
 - 503 University Drive, Eau Claire, WI 54701
 - Upper Campus
 - Behind McPhee/Olson
- **Sonnentag Center**
 - 1075 Menomonie St, Eau Claire, WI 54703
 - Next to Hobbs Ice Arena
 - Across from Roadside Ice Cream and Diner

Assumption of Risk

All individuals who participate in Recreation and Sport Operations activities will be doing so at their own risk. The University of Wisconsin-Eau Claire and its Board of Trustees are not responsible for any injury that may occur to individuals participating in any Recreation and Sport Operations activity. Participation in any Recreation and Sport Operations activity is on a purely voluntary basis. Individuals are encouraged to have a physical examination and understand their health history.



2025-2026 Intramural Sports Participant Handbook