

## CURRICULUM VITAE

**Josephine M. Arriola, DNP, RN, CCRN, NEA-BC**  
**9545 State Hwy 178**  
**Chippewa Falls, WI 54729**  
**(715) 836-5013 or (715) 379-8882**

### EDUCATION

Doctor of Nursing Practice Degree, 2012  
Focus: Nurse Executive  
University of Wisconsin-Eau Claire  
Graduation: August 2012  
DNP Project: Engaging Staff Nurses in Improving Patient Care through Transformational Leadership

Master of Science Nursing  
Focus: Adult Health  
Role Preparation: Nursing Administration and Nursing Education  
University of Wisconsin-Eau Claire  
Graduation: May 28, 2000  
Scholarly Project: Enhancing Registered Nurses' Spiritual Care of Patients and Families...

Bachelor of Arts  
Major: Nursing  
College of St. Scholastica, Duluth, Minnesota  
Graduation: May 24, 1986

### LICENSE

Registered Nurse, State of Wisconsin, License # 95496-30, expires 2/28/2022

### PROFESSIONAL CERTIFICATIONS

Nurse Executive, Advanced Board Certified-current through January 2025  
Adult Critical Care Nursing Certified-current through January 2022  
Advanced Cardiac Life Support Recertification current through April 2022  
Comprehensive Advanced Life Support—current through December 2020  
Pediatric Advanced Life Support Recertification current through April 2021  
Trauma Nurse Core Curriculum Certification—current through November 2020

### NURSING EDUCATION

**University of Wisconsin-Eau Claire, Eau Claire, Wisconsin 54702**  
**January 2001-Present**

\*\*Assistant Clinical Professor: August 2019-Present  
\*\*Assistant Professor—Tenure-Track: August 2014-August 2019

Current teaching responsibilities in the graduate and undergraduate nursing programs. Teaching a junior I level nursing course focused on skills acquisition--Practicum: Advanced Skills (includes both theory and clinical components). Graduate teaching responsibilities in Nursing Administration I and II; Advanced Clinical Concepts for Nurse Educators and recent past with adult/gerontologic human response patterns.

**\*\*Clinical Assistant Professor:** August, 2013-May, 2014  
Teaching responsibilities in the graduate and RN-BSN completion programs providing mentoring, expertise, and professional practice behavior exploration in courses in nursing administration, nursing leadership and management, key concepts for nurse educators, and human responses of adults/gerontologic populations

**\*\*Clinical Instructor:** January, 2001-August, 2013  
Teaching responsibilities include the clinical education of second semester senior baccalaureate nursing students in care management and decision-making with clients in an acute care setting. Also responsible for a variety of leadership and management content within a Junior level baccalaureate nursing leadership course (leadership, conflict management, workplace safety, performance appraisal, change) both within the traditional BSN, accelerated BSN and BSN completion curriculum. Graduate teaching responsibilities within the nursing administration role preparation. Pre-nursing advising Fall, 2003-Spring, 2006.

## **CLINICAL PRACTICE EXPERIENCE**

**Comfort of Home**, 1224 Pumphouse Road, Chippewa Falls, Wisconsin, 54729

April 1, 2020-Present

**\*\*House Registered Nurse:** Responsible for the nursing care needs of the 21 residents living within this senior assisted living complex. Care includes monitoring incident reports, visiting with each resident at least monthly, monitoring blood sugars, vital signs, weight, chronic conditions and medications, and providing education to staff and residents regarding various topics of interest/needs, and providing support and advice to residents as requested.

**Mayo Health System Chippewa Valley**, 1501 Thompson St., Bloomer, WI 54724

January, 2016-Present

**\*\*Hospital Supervisor:** Responsible for staffing, coordinating patient care needs, patient satisfaction, emergency and rapid response, disaster response preparedness, mentoring/coaching newer nurses caring for patients in this critical access hospital environment in both the emergency, medical/surgical, and outpatient departments.

**Good Samaritan Health Center**, 601 S. Center Avenue, Merrill, WI 54452

March 2014-September, 2016

**\*\*Night House Supervisor:** Responsible for staffing, coordinating patient care needs, patient satisfaction, mentoring/coaching newer nursing associates caring for patients in a critical access hospital environment in both the emergency and medical/surgical departments.

**St. Joseph's Hospital**, 2661 County Highway I, Chippewa Falls, Wisconsin 54729

March 1990-October 28, 2013

**\*\*Inpatient Registered Nurse:** July, 2013-October 28, 2013  
Caring for inpatients challenged by health care needs requiring hospitalization and admitted to the Intensive Care, Medical/Surgical/Pediatric, or Chemical Dependency Units.

**\*\*Clinical Director:** July, 2011-July, 2013  
Inpatient: Intensive Care, Acute Medical/Surgical/Pediatric, Respiratory Therapy

**\*\*Clinical Director:** January, 2009-July, 2011  
Intensive Care, Respiratory Therapy, House Supervisors and Sleep Disorder Lab

**\*\*Nurse Manager:** July, 2006-December, 2008  
Intensive Care

**\*\*Night Nursing Supervisor** March 2000-November 2006

**\*\*Staff Registered Nurse** March 1990-March 2000  
Intensive Care

**Sacred Heart Hospital**, 900 West Clairemont Avenue, Eau Claire, Wisconsin 54701

April, 2005-June, 2010.

**\*\*Casual Float Pool Registered Nurse on acute care nursing units.**  
April 2005-March 2007.

**\*\*Casual House Supervisor.** March 2007-June, 2010

**Knapp Haven Nursing Home**, 725 Knapp Street, Chetek, Wisconsin 54728

May 1990-August 2001 (Casual position with 0-24 hours bi-weekly)

**\*\*Day nursing supervisor:** 1997-2001

**\*\*PM nursing supervisor:** 1991-1996

**\*\*Staff nurse position:** 1990-1991

**St. Mary's Medical Center**, 407 East Third Street, Duluth, Minnesota 55805

August, 1990-March 1993

**\*\*Surgical intensive care: Staff nurse with occasional charge nurse responsibilities.**

**St. Elizabeth Medical Center**, 110 S. 9<sup>th</sup> Avenue, Yakima, Washington 98902

**\*\*Pediatrics: Staff nurse** July, 1988-March, 1990

**\*\*Intensive and Intermediate Care:**  
Staff Nurse July, 1986-July 1988.

## RESEARCH EXPERIENCE

### University of Wisconsin-Eau Claire

\*\*Data Collector, Quality Care Nursing Home Study 2003-2004  
Dr. Marilyn Rantz and Dr. Mary Zwygart-Stauffacher, Principal Investigators

## OTHER PROFESSIONAL EXPERIENCE

### Independent Legal Nurse Consultant: 2003-2005

\*\*Nurse Expert advising on nursing care standards of practices for legal considerations related to acute nursing care situations

## SCHOLARLY ACTIVITIES

### Workplace Violence by Patients/Family/Visitors

- *January 2017-December, 2018*

ANA Workplace Violence Committee, 2018-2019

WNA Workplace Advocacy Council Chair, 2017, Member—2014-Present

WNA Workplace Violence Ad Hoc Workgroup: 2017-2018

IRB Approval December 2017

Survey Distribution January 2018

WI Legislation SB 163/AB 175 passed 2/5/2020

### Compassion Fatigue

- *March 2013-August, 2017*

Reigniting the Heart through the Elijah Project

--May 2016: Nursing Course Faculty N317

--May 2014: Professionals attending the 5<sup>th</sup> International Christian Alliance on Prostitution

--February 2014: Health care professionals pilot project

--May 2013: Nursing Staff St. Joseph's Hospital, Chippewa Falls, WI

### Transformational Leadership (culminating in DNP Project)

- *May, 2011-June, 2013*

“Engaging Staff Nurses in Improving Patient Care through Transformational Leadership”

“Transformational Leadership in Nursing: An Integrative Review”

“The Role of Transformational Leadership in Nursing”

“Fostering Professionalism and Accountability Among Inpatient Nurses”

- *September, 2010-December, 2012*

“Acute Inpatient Care Unit Construction Redesign (engaging staff nurses in creating unit redesign)”

- *July, 2006-July, 2013*

“Caring Leadership within Nursing Administration

- *Spring, 2004-July, 2006*

“A Mentoring Culture at Work”

**Spiritual Nursing Care** (MSN Scholarly Project)

- Fall/Spring 1999-2000

“Enhancing Registered Nurses Spiritual Care of Patients and Families”

## **PRESENTATIONS**

### Professional Audience:

Let’s Talk—Conflict

- May 11, 2019  
Wisconsin North Upper Michigan District Optimist International
- April 21, 2020  
Siouxland Summit, Great Plain Region Optimist International

Teambuilding—Roles & Stages

- August 4, 2018  
Wisconsin North Upper Michigan District Convention Optimist International

Nurses and Workplace Violence “Not part of the Job”

- March 1, 2018  
Nurses Day at the Capital

Team Building and Strategic Planning

- December 8, 2017  
Wisconsin North Upper Michigan District Optimist International

Reigniting the Heart through the Elijah Project

- May 20, 2014  
5<sup>th</sup> International Christian Alliance on Prostitution Global Conference (ICAP)  
Green Lake Conference Center, Green Lake, WI
- April, 2014  
Delta Phi Chapter of Sigma Theta Tau, Research Day  
University of Wisconsin-Eau Claire
- May, 2016  
Course Faculty NRS 317

Strategies to Recruit Community Nurse Leaders: Panel Discussion

- November 4, 2005  
Sigma Theta Tau, International Biennial Convention  
Indianapolis, IN, USA

Precepting versus Mentoring”

- Spring, 2002-Summer 2003  
St. Joseph’s Hospital, Chippewa Falls, WI

“Enhancing Registered Nurses Spiritual Care of Patients and Families”

- April, 2000  
University of Wisconsin-Eau Claire  
Poster Presentation: Student Research Day

Community Audience:

Affordable Care Act Insurance Exchanges

- October 3, 2013  
Hallie Optimist Club  
Lake Hallie, Wisconsin

The Future of Nursing

- October, 2, 2012: Chippewa Falls Rotary
- September 26, 2012: Chippewa Falls Kiwanis
- June 7, 2012: Hallie Optimist Club, Lake Hallie, WI, June 7, 2012

**ACADEMIC COURSES TAUGHT**

Fall, 2020

NRSG 212: Navigating Health Care  
NRSG428: Clinical Practicum: Nursing Leadership I  
NRSG 820: DNP Seminar & Practicum I

Summer, 2020

NRSG 809: Organizational Leadership and Health Policy

Spring, 2020

NRSG 249: Normal and Therapeutic Nutrition in Nursing Practice  
NRSG 317: Practicum: Advanced Skills for Nursing Practice  
NRSG 447: Nursing Leadership and Management  
NRSG 428: Clinical Practicum: Nursing Leadership I

Fall, 2019

NRSG 317: Practicum: Advanced Skills for Nursing Practice  
NRSG 447: Nursing Leadership and Management  
NRSG 212: Navigating Health Care

Summer, 2019

NRSG 809: Organizational Leadership and Health Policy

Spring, 2019

NRSG 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRSG 447: Nursing Leadership and Management

NRSG 851: Synthesis for the Nurse Executive

Fall, 2018

NRSG 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRSG 447: Nursing Leadership and Management

NRSG 850: Nursing Administration III

Summer, 2018

NRSG 809: Organizational Leadership and Health Policy

Spring, 2018

NRSG 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRSG 751: Nursing Administration II

NRSG 703: Advanced Clinical Concepts for Nurse Educators

NRSG 891: DNP Project II

Fall, 2017

NRSG 212: Navigating Health Care

NRSG 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRSG 750: Nursing Administration I

NRSG 890: DNP Project I

Summer, 2017

NRSG 809: Organizational Leadership and Health Policy

Spring, 2017

NRSG 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRSG 851: Synthesis for the Nurse Executive

NRSG 891: DNP Project II

Fall, 2016

NRSG 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRSG 850: Nursing Administration III

NRSG 890: DNP Project I

Summer, 2016

NRSG 809: Organizational Leadership and Health Policy

Spring, 2016

NRS 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRS 703: Advanced Clinical Concepts for Nurse Educators

NRS 751: Nursing Administration II

NRS 794: Scholarly Project

NRS 891: DNP Capstone II

Fall, 2015

NRS 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRS 741: Clinical Nurse Specialist I

NRS 750: Nursing Administration I

NRS 794: Scholarly Project

NRS 797: Independent Study

NRS 890: DNP Capstone I

Summer, 2015

NRS 809: Organizational Leadership and Health Policy

Spring, 2015

NRS 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRS 470: Nursing; Professional Practice within System

NRS 794: Scholarly Project

Fall, 2014

NRS 317: Practicum: Advanced Skills for Nursing Practice (Course Coordinator)

NRS 719: Human Response in Health and Illness

Summer, 2014

CND 437: Management and Leadership in Nursing

## **PROFESSIONAL MEMBERSHIPS**

Sigma Theta Tau, International, Delta Phi Chapter: University of Wisconsin-Eau Claire	April, 1998-Present
Delta Phi Chapter Treasurer	2020-Present
Delta Phi Chapter President	2019-2020
Senior Counselor/Vice President	2018-2019
Junior Counselor	2017-2018
Bylaws Committee	2016-2018
Delta Phi Chapter Treasurer	2008-2009
Delta Phi Chapter President:	2002-2004 and 2004-2006
Delta Phi Chapter President Elect	2001-2002
Delta Phi Chapter Secretary:	2000-2002
UWEC Honor's Week Committee Representative:	1999-2000
Sigma Theta Tau, International, Theta Xi Chapter: College of St. Scholastica, Duluth, MN	2000-Present
Wisconsin Nurses Association: District 10	March 1999-Present



Region I Representative:	October, 2000-October, 2002
District 10 Secretary:	November, 2003-2006
Nurse Practice Council:	November 2005-2007
Communication/Membership	November, 2007-2009
WNA Workforce Advocacy Council	February 2014-Present
Chair: 2017-2018	January 2017-Present
Workplace Violence Ad Hoc Committee	January 2017-May 2018
Chair	

Association of Critical Care Nurses:	1988-Present
Indianhead Chapter	1997-2012
President:	2001-2002
President-Elect:	2000

Wisconsin Organization of Nurse Executives	2005-2015
Program Committee	2012-2015
Professional Development Committee	2011-2015

**ACADEMIC SERVICE—University of Wisconsin-Eau Claire**

**University of Wisconsin-Eau Claire**

Service Learning Advisory Committee:	Spring, 2013-Present
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**College of Nursing and Health Science**

CONHS Assessment and Evaluation Committee:	Spring, 2014-Spring, 2016
CCNE Self-Study Workgroup:	Summer-Fall, 2015
Bylaws/Nominating Committee	2015-2018
Faculty Search and Screen Committee	2014-2015
Bylaws Committee	2012-2014
Technology and Facilities Committee	2004-2006
Associate Dean Search and Screen Committee	2005
Research Review Committee	2003-2005

**Department of Nursing**

Student Affairs Undergraduate Admission	
Committee Chair	2017-2018
Undergraduate Curriculum Committee:	2015-2017
Nursing Advising Task Force:	2005-2006
Nursing Center Committee:	2002-2005

**COMMUNITY SERVICE**

Optimist International and Hallie Optimist:	2010-Present
President—Hallie Optimist Club	2019-2020, 2020-2021
WINUM District New Club Builder	2020-2021

International Club Development Committee	2020-2021
WINUM Past Governor, New Club Building	2019-2020
Governor WI North Upper MI District	2018-2019 Honor Distinguished
Governor Elect WI North Upper MI	2017-2018
Lt. Governor Zone 1/Governor Assistant	2016-2017
Lt. Governor Zone 4	2015-2016
President—Hallie Optimist Club	2013-2014 Honor
	2014-2015 Distinguished
First Vice President-Hallie Optimist	2012-2013/2017-2018

University of Wisconsin-Eau Claire Optimist Club  
 Charter Advisor March 2015-Present

UWEC Health Professional Optimist Club with Club  
 Charter Advisor September 2019-Present

University of Wisconsin Marshfield Optimist Nurses Optimist Club  
 Charter Advisor September 2019-Present

American Red Cross  
 Disaster Activation Team June, 2012-Present  
 Red Cross Club of UWEC: Advisor February, 2014-Present  
 Board of Director Member May, 2020-Present

Sojourner House Quarterly Volunteer October, 2011-Present

Joshua's Camp for Families of Childhood Cancer 2019

Flourish: Adolescent Mental Health Advisory Committee:  
 Chippewa Health Improvement Project January, 2012-2016

Fierce Freedom Action Team August, 2013-February, 2014

Parents 4 Learning Volunteer September 2013-March, 2014

## **AWARDS AND HONORS**

Eau Claire Student Nurses Association Honor Recognition, 2015

University of Wisconsin-Eau Claire Nursing Faculty Scholarship, 2011

Nancy Fugate Woods Memorial Scholarship, 2010

University of Wisconsin-Eau Claire

Excellence in Clinical Practice Award, 2008

Delta Phi Chapter, Sigma Theta Tau, International

Leadership Award, 2006

Delta Phi Chapter, Sigma Theta Tau, International

Graduate Leadership Award, 2000  
Delta Phi Chapter, Sigma Theta Tau, International

Graduate Scholarly Achievement Award, 1999  
University of Wisconsin-Eau Claire School of Nursing

Josten's Foundation Scholarship, 1981