LINKS:

- Pre-Med Forum, Hibbard Hall, October 6
- Northwestern University-On Campus visit-Oct. 5
- Marquette Dental School-Pre-Dental Partners Program
- Concordia Pharmacy Visit Day and Q & A Session
- Mayo Clinic College of Medicine and Science-Pop Up event in Eau Claire
- AHEC-AMP Program accepting Applications
- AHEC-Future Physicians Day-October 28
- Opioid Overdose Prevention and Narcan Training-Sept. 27 & 30
- MedEx-Applications accepted through Sept. 30
- Foot and Nail Clinic looking for student volunteers
- Mayo accepting applications for volunteering
- Mayo Clinic Health System-Accepting applications for Pharm Techs
- Walmart Pharmacy-openings for Pharmacy techs
- APSA-Mentorship Program-accepting applications
- Pre-Professional Health Club-Fall 2022 meeting schedule
- Biology Fall 2022 Seminars
- AHEC-The Princeton Review-Materials Available
- Health Careers Center Library
- Advising with Dr. Julie Anderson
- Peer Advising-Schedule an appointment now

Our Mission: To provide consistent guidance, support, and focused opportunities for prospective, current, and post-baccalaureate students interested in a health professional career.

*This newsletter is a bi-monthly publication.*

Vol. 4 Issue 11, September 27, 2022
Join us for a Pre-Med Forum as Mayo Clinic physicians share their experiences on medical school admissions and other important medical school topics. There will also be a discussion with Medical College of Wisconsin faculty on non-standard applicants and financing of medical school.

Joining us are:

**Andrew Calvin MD, MPH** - He joined Mayo Clinic Health System in 2015, and practices in the areas of general cardiology.

**Jeffrey B. Geske, MD** - He has been a two-time member of the Mayo Clinic Alix School of Medicine admissions committee and regularly serves as an interviewer for residency and fellowship applicants.

**Amy Prunuske PhD** - Medical College of Wisconsin-Central Wisconsin Curriculum Innovation Director

*Primarily for Pre-Med Students*
Hello from Marquette ASDA’s Pre-Dental Committee,

We are looking for students to participate in our Pre-Dental Partners Program. What is the Pre-Dental Partners Program you ask? It’s a pen-pal mentorship program to help pre-dental students like you with your journey to dental school. Whether you’re a freshman still not sure if dentistry is the right field for you or a senior interviewing at dental schools, we can help!

If interested, please sign up via the link below by **October 7th** to be partnered with a current student at Marquette School of Dentistry.

[https://forms.gle/GbjpvaEfJWLS43hC9](https://forms.gle/GbjpvaEfJWLS43hC9)

Any questions, please feel free to e-mail us at [mu.asda.predental@gmail.com](mailto:mu.asda.predental@gmail.com).

Thanks! Marquette ASDA Pre-Dental Committee
CONCORDIA
PHARMACY VISIT DAY & VIRTUAL Q & A SESSIONS

Pharmacy Visit Day
Pharmacy Visit Day is designed for prospective students to learn about pharmacy school and visit campus.

REGISTER HERE: WED OCT 26, 2022 6:30PM-8:30PM CT

Virtual Q&A Sessions

Gain tips on how to successfully interview for a spot in pharmacy school. The recruitment & admissions team will dive in-depth on ways to stand out in your pharmacy school application and interview. These are offered from 6:30-7:30 PM CST. See days and topics below:

- How to Interview Successfully: September 14th
- Tips on How to Write an Impactful Essay: October 10th
- More Interviewing Tips: November 9th

REGISTER HERE FOR A VIRTUAL Q&A SESSION

MAYO CLINIC COLLEGE OF MEDICINE AND SCIENCE

The Mayo open house and pop-up event is a time for students to come and explore the many careers in healthcare outside of a doctor or nurse and talk directly to the program directors and current students.

More information here:
Open House - Visit - Mayo Clinic College of Medicine & Science

Other Opportunities
Are you interested in becoming a doctor? Would you like support in getting into medical school? The MCW-Central Wisconsin (MCW-CW) and North Central Area Health Education Center (AHEC) pre-med pipeline, Advocates in Medicine Pathway (AMP), can help!

We are recruiting for our next AMP cohort and are accepting applications from now through November 1st. The program cohort will run from January 2023 through July 2023. We will provide the support and tools needed to develop a competitive medical school application for participants (i.e., MCAT guidance, a 1-week clinical shadowing, medical school application assistance, mentorship from medical students and staff, a paid summer community health internship, and much more). Participants must be college juniors and seniors or those who have graduated from a bachelor’s degree program. Preferences will
be given to individuals underrepresented in medicine, particularly from Hmong and rural backgrounds.

Apply now at https://bit.ly/AMP2023. For more info, visit https://bit.ly/AMPMCW. You can also reach out to Education & Outreach Coordinator, Sheng Khang, at skhang@nahec-wi.org or 715-301-3269 for more information.

We are excited to be hosting the 6th annual Future Physician’s Day with the Medical College of Wisconsin - Central Wisconsin (MCW-CW). This event will take place on the MCW-CW campus on Friday, October 28th from 10 AM - 3 PM (in-person). It will be a daylong and free event that will provide students with a glimpse into medical school and a career in medicine. Students will explore key topics and experiential practices studied in medical school and graduate medical residency, engage with medical school faculty and current medical students, and learn how to prepare to be an optimal candidate for acceptance into medical school.

Tracks:
1.0 - Path to Medical School (application, financing, day in the life of a physician, campus tour)
2.0 - Path to Residency (application, match day, day in the life of a resident, campus tour)
3.0 - Advanced Preparation (MCAT, portfolio, interview, personal statements, campus tour)
medical students, and learn how to prepare to be an optimal candidate for acceptance into medical school. Students should apply if they are high school juniors, seniors, and/or college students and are strongly considering a future in medicine. Admission is not limited to Wisconsin residents. To be considered and for more information visit [https://bit.ly/FPDYear2022](https://bit.ly/FPDYear2022)

(Priority Application Deadline is September 30th, 2022!)

**Reverse an Overdose!**

Opioid Overdose Prevention and Narcan Training

EVERYONE IS WELCOME TO ATTEND. FREE. uwec.ly/narcan

**Sept. 27** | 2-3 pm | Centennial Hall 1614
**Sept. 30** | 9-10 am | Centennial Hall 2614

An On-Campus Opportunity!

**MedEx**

**Fall 2022 MedEx**

Medical Shadowing Experience with Mayo Clinic Health System

Applications are currently being accepted! Deadline to apply is **September 30, 2022**

Check our Health Careers Center/Shadowing webpage, newsletter, Sharepoint, email or scan the QR code for more information and the link to apply.

Questions? E-mail hcc@uwec.edu

The MedEx-College Edition program at Mayo Clinic Health System in Eau Claire is an opportunity for UWEC students with a demonstrated interest in
Students accepted to the program will spend 3 half-day sessions job shadowing in different medical specialties during a typical workday in the clinic.

Some requirements for participation in the MedEx-College Edition program:

- Minimum college GPA of 3.0
- At least 2nd semester sophomore standing (at least 45 earned college credits)
- Completing 30 hours of volunteer work with MCHS
- Seriously considering a career as a physician
- Significant experience in health-related extracurricular activities preferred.

To apply, or for more information and additional requirements, head to the Health Careers Center website

Shadowing | UW-Eau Claire (uwec.edu)

*Primarily for Pre-Med, Pre-PA, Biology and Chemistry Major and Minor students

Volunteer/Service-Learning Opportunities

Foot & Nail Care Community Clinic
Looking for volunteers

UWEC Continuing Education has been providing the community with free foot and nail care for over 30 years. During the clinic, nurses will assess foot and nail health and determine areas that need attention.

Volunteer skills: Organization, ability to communicate clearly and effectively, customer service skills (while registering clients over the phone or checking them in in-person), friendliness, listening to and following directions, ability to lift 30 pounds (would be helpful for set-up, but not necessary to help during the running of the clinical or registration sections).

This link will provide more information: Continuing Education Foot and Nail Care Clinical - Service-Learning Projects (uwec.edu)

If you have any questions, or are interested in participating, contact Katie Miles mileska@uwec.edu

Thinking about applying to MedEx in the future? You must have a minimum of 30 volunteer hours to apply. Mayo is currently looking for volunteers, check out the link for more information and to apply-https://www.mayoclinichealthsystem.org/locations/eau-claire/volunteer
Mayo Clinic Health System in Eau Clarie is accepting applications for pharmacy Technicians.

Check them out, as well as other positions available: Careers in Eau Claire, Wisconsin - Mayo Clinic Health System

Walmart Pharmacy in Chippewa Falls (Lake Hallie) has several openings for part time pharmacy technicians. They offer a competitive starting wage and schedule flexibility. Weekend and afternoon/evening shifts are available now, and if interested, there are opportunities for more shifts in summer or on breaks if wanted. Working in a pharmacy is excellent experience for any of the health professions. You get to interact with other health professions, you gain knowledge of medications, drug classes and treatment courses as well as how to communicate with patients. It truly is wonderful information that can be an asset in any health care endeavor.

If anyone is interested, they can apply online at https://careers.walmart.com/ choosing pharmacy technician as an interest. If there are any questions or you want to talk to someone before applying, call the pharmacy at 715-738-2418. You can ask for Angela Marquardt, Pharmacist, or the Pharmacy Manager, Jake.

Apply today for the 2022-2023 APSA Mentorship Program. The deadline for applying is October 22nd

The undergraduate mentorship program is one of our most rewarding programs, and we need your help to make it successful. The goal of this program is to connect MD, DO, MD/PhD, and DO/PhD students with undergraduates who are interested in careers as physician-scientists in one-on-one, mentor-mentee relationships for one year. Mentors and mentees can choose to meet in person, or communicate via phone, Zoom, Skype, e-mail, messaging, etc. Optional monthly prompts with
suggested topics and questions will be sent to both parties. Please refer to the website for more information.

Applications for both mentors and mentees are available here. In addition, please encourage your friends and colleagues to take advantage of this highly rewarding program while applications are still available.

If you have any questions, don’t hesitate to reach out: askmentorship@physicianscientists.org

---

**Clubs**

---

**UW-Eau Claire Pre-Professional Health Club**

*Student organization for: Pre-medicine, Pre-dentistry, Pre-physician assistant, Pre-pharmacy and Pre-optometry students*

*Fall 2022 IN-PERSON Meetings:*
  - September 21
  - October 5, 19
  - November 2, 16, 30
  - December 7

*Centennial Hall Rm. 1204, 6-7 pm*

Join the Pre-Professional Health Club (PPHC) during their Fall 2022 meeting dates in Centennial 1204, 6-7 pm-

- September 21
- October 5, 19
- November 2, 16, 30
- December 7

If you want to become a member of the Pre-Professional Health Club or have a question-contact Marshall appsmg9637@uwec.edu or Dane nelsondp2382@uwec.edu

PPHC is recruiting members to volunteer for Eau Claire Co., Meals on Wheels-the application, background check and more information can be found on their Canvas page.

*Members-check out the Canvas page: Canvas | UW-Eau Claire (uwec.edu)*
## Biology Seminars

### Department of Biology Seminar

**Thursdays, 4:00pm Central, via Zoom**

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker</th>
<th>Talk Title</th>
</tr>
</thead>
</table>
| Sept 15 | Maya Allen  
University of New Mexico | From Phylogenetic Reconstructions to Plant Colonization - the Blossoming of a Botanist |
| Sept 29 | Dr. Martina Laidemitt  
University of New Mexico | Antagonism between parasites: from molecules to communities                  |
| Oct 13 | Dr. Mallory Choudoir  
North Carolina State University | Soil microbial dynamics in a changing world                                 |
| Oct 27 | Dr. Amelia Cuarenta  
Temple University | Scarcity early in life alters the basolateral amygdala transcriptome and addiction-related behaviors |
| Nov 10 | Chelsea Ortiz-Jimenez  
University of California, Davis | Impacts of human presence on wildlife behavior                               |

Want to know more about any of the topics listed? Scan the QR above link to join the session.

Follow the Biology Dept on social media:
- **Facebook**: UWEC Biology Department
- **Twitter/Instagram**: @uwecbiology

---

**Academic Resources**
Area Health Education Centers (AHEC) has partnered with The Princeton Review to offer these prep materials at a reduced cost. Please contact Nicole if interested. nthill@nahec-wi.org

ACADEMIC SKILLS CENTER OFFERS PEER ACADEMIC COACHING AVAILABLE

The Academic Skills Center is now offering Peer Academic Coaching. Available to all UWEC students, these hour-long meetings offer students an opportunity work with a trained peer to improve a variety of academic skills, including time management, study skills, note-taking, and
HEALTH CAREERS CENTER LENDING LIBRARY

If you are looking for study materials, or resource material, you are welcome to check out our books! Whether you are taking the DAT, MCAT, OAT, PCAT or GRE, we have a free lending library available to Pre-Health Students, you do not even need a library card! Our library also includes general reference, application, and study guides. We just ask that you sign out the book you want and return it when finished.

You can use the books as long as you need!

Please email HCC@uwec.edu to reserve your book, the book will be prepared for you, and a time will be arranged to pick up the material.

View the materials available here!

ADVISING WITH DR. ANDERSON

Dr. Anderson is taking appointments for advising! She is available in-person, phone, or virtually via ZOOM.

Click here to schedule an appointment

Schedule an appointment to discuss anything from registering for the right classes to advice on internships, volunteering, and reviewing your personal statements.

PRE-HEALTH/BIOLOGY PEER ADVISING

If you need any assistance from Chloe or Blake, our peer advisors, they are available by DROP-IN, or virtually VIA EMAIL OR VIDEO CHAT during the following times:

Monday — 11-1:45 pm
Tuesday — 12-3 pm
Wednesday 10-12:15 pm & 3:30-4:30 pm
Wednesday 4:30-5:30 pm (virtual only)
Thursday — 9:20-12:20 pm & 1-3 pm

They can be reached by email at: BioPeerAdvising@uwec.edu
Or click below and book an in-person or virtual appointment with them via Navigate.

**CLICK HERE TO REQUEST A ONE-ON-ONE MEETING VIA NAVIGATE.**

They will assist in Preparing 4-year plans, planning Pre-Professional health Programs, CampS, and Canvas; choice of majors, understanding your degree, registration, transcripts and more!

You can find previous editions of the newsletter, as well as, more useful information on our UWEC webpage

- **Health Careers Center**
- and in **Blugold Insider**

If you have any questions, please contact:

- Dr. Julie Anderson
  Professor-Biology &
  Director-Health Careers Center
  **ANDERJU@uwec.edu**

- Lee Miller | Department Assistant
  Health Careers Center
  **MILLELEE@uwec.edu**

Or Contact the Health Careers Center

**HCC@uwec.edu**

715-836-5966