Welcome to Fall semester 2022!

Our Mission: To provide consistent guidance, support, and focused opportunities for prospective, current, and post-baccalaureate students interested in a health professional career.

This newsletter is a bi-monthly publication.

Vol. 4 Issue 10, September 13, 2022

LINKS:
- UWEC Pre-Professional Health Info Session-September 13
- Des Moines University Admissions Visit-September 15
- Concordia Pharmacy Visit Day and Q & A Session
- AHEC-AMP Program accepting Applications
- AHEC-Future Physicians Day-October 28
- MedEx-Applications now being accepted
- Mayo accepting applications for volunteering
- Biology PreLab Student Apprenticeship Opportunity
- Student Nursing Assistant Position available in Student Health Services
- Walmart Pharmacy-openings for Pharmacy techs
- APSA-Mentorship Program-accepting applications
- Pre-Professional Health Club-Fall 2022 meeting schedule
- Biology Fall 2022 Seminars
- AHEC-The Princeton Review-Materials Available
- Health Careers Center Library
- Advising with Dr. Julie Anderson
- Peer Advising-Schedule an appointment now
Suggested Event for all Pre-health UWEC Students!

Pre-Professional Health Information Session
In-Person-Centennial 1415

September 13th
4-6 pm DROP IN ANYTIME!
Centennial 1415

Do you want to know more about pre-professional health?
Do you have questions about pre-professional health?

Join Dr. Julie Anderson for a short presentation and have the opportunity to ask questions of pre-professional health advisors and officers from our pre-health clubs!

This is a GREAT opportunity for incoming freshman, or any student who is interested in pre-professional health!

*Cookies provided

Graduate and Professional School Opportunity
Tessa Johnson from Des Moines University will be on campus to answer your questions about admissions at DMU. Stop in on September 15th anytime between 3:30-4:30 pm in the Health Careers Center-Schofield 30 to meet with her.

*Primarily information for Pre-Med, Pre-PA, Pre-PT and Pre-OT students.

CONCORDIA PHARMACY VISIT DAY & VIRTUAL Q & A SESSIONS

Pharmacy Visit Day
Pharmacy Visit Day is designed for prospective students to learn about pharmacy school and visit campus.

REGISTER HERE: WED OCT 26, 2022 6:30PM-8:30PM CT

Virtual Q&A Sessions

Gain tips on how to successfully interview for a spot in pharmacy school. The recruitment & admissions team will dive in-depth on ways to stand out in your pharmacy school application and interview. These are offered from 6:30-7:30 PM CST. See days and topics below:

- How to Interview Successfully: September 14th
Other Opportunities

Are you interested in becoming a doctor? Would you like support in getting into medical school? The MCW-Central Wisconsin (MCW-CW) and North Central Area Health Education Center (AHEC) pre-med pipeline, Advocates in Medicine Pathway (AMP), can help!

**What is AMP?**
The Advocates in Medicine Pathway (AMP) program will support the professional development of individuals from Wisconsin interested in attending medical school at the Medical College of Wisconsin – Central Wisconsin to promote a diverse future healthcare workforce built around resilience, relationships, and systems-based knowledge. The program will run from January through July.

For more info visit https://bit.ly/AMPMCW
To apply, use the QR code below or visit https://bit.ly/AMP2023

**What are the qualifications?**
Students must:
- Have a high interest in attending medical school
- Attend or plan to enroll for the virtual 1-credit "HPW 299: Wicked Problems in Medicine" course at UW-Stevens Point in Wausau
- Preference will be given to individuals underrepresented in medicine, particularly from Hmong and rural backgrounds.

**Program benefits:**
Participants will receive:
- Guidance and experience in building a competitive medical application
- Paid summer community health internship in the WI AHEC CHP Program

**For more info, contact**
Sheng Kang
Education & Outreach Coordinator
518 S 2nd Ave, Room CB6
Wausau, WI 54401
skhang@uwhce-wi.org
715-301-3269

Application accepted from Aug 1 to Nov 1

REGISTER HERE FOR A VIRTUAL Q&A SESSION

Tips on How to Write an Impactful Essay: October 10th
More Interviewing Tips: November 9th
We are recruiting for our next AMP cohort and are accepting applications from now through November 1st. The program cohort will run from January 2023 through July 2023. We will provide the support and tools needed to develop a competitive medical school application for participants (i.e., MCAT guidance, a 1-week clinical shadowing, medical school application assistance, mentorship from medical students and staff, a paid summer community health internship, and much more). Participants must be college juniors and seniors or those who have graduated from a bachelor's degree program. Preferences will be given to individuals underrepresented in medicine, particularly from Hmong and rural backgrounds.

Apply now at https://bit.ly/AMP2023. For more info, visit https://bit.ly/AMPMCW. You can also reach out to Education & Outreach Coordinator, Sheng Khang, at skhang@nahec-wi.org or 715-301-3269 for more information.
We are excited to be hosting the 6th annual Future Physician's Day with the Medical College of Wisconsin - Central Wisconsin (MCW-CW). This event will take place on the MCW-CW campus on Friday, October 28th from 10 AM - 3 PM (in-person). It will be a daylong and free event that will provide students with a glimpse into medical school and a career in medicine. Students will explore key topics and experiential practices studied in medical school and graduate medical residency, engage with medical school faculty and current medical students, and learn how to prepare to be an optimal candidate for acceptance into medical school. Students should apply if they are high school juniors, seniors, and/or college students and are strongly considering a future in medicine. Admission is not limited to Wisconsin residents. To be considered and for more information visit https://bit.ly/FPDYear2022

(Priority Application Deadline is September 30th, 2022!)
MedEx HAS RETURNED!

The MedEx-College Edition program at Mayo Clinic Health System in Eau Claire is an opportunity for UWEC students with a demonstrated interest in medicine to job shadow physicians. Students accepted to the program will spend 3 half-day sessions job shadowing in different medical specialties during a typical workday in the clinic.

Some requirements for participation in the MedEx-College Edition program:
- Minimum college GPA of 3.0
- At least 2nd semester sophomore standing (at least 45 earned college credits)
- Completing 30 hours of volunteer work with MCHS
- Seriously considering a career as a physician
- Significant experience in health-related extracurricular activities preferred.

To apply, or for more information and requirements, head to the Health Careers Center website
Shadowing | UW-Eau Claire (uwec.edu)

*Primarily for Pre-Med, Pre-PA, Biology and Chemistry Major and Minor students

Thinking about applying to MedEx in the future? You must have a minimum of 30 volunteer hours to apply.
Mayo is currently looking for volunteers, check out the link for more information and to apply:
https://www.mayoclinichealthsystem.org/locations/eau-claire/volunteer

## Employment

### BIOLOGY PREPLAB

**STUDENT APPRENTICESHIP A WORK STUDY OPPORTUNITY**

The Laboratory Manager in Biology is offering an opportunity for students to assist in the preparation and implementation of laboratory courses that require support.

1. Learn about the tasks and underpinnings that make our Biology lab courses successful.
2. Apply laboratory skills necessary to support these labs.
3. Develop effective communication skills with faculty and staff members.
4. Learn about the infrastructure of the Biology Department.
5. Assist the Laboratory Manager in improving the system.

Applicants must be Biology majors or minors, either freshmen in the Honors program, or sophomores and juniors with a GPA of at least 3.0. Students with Federal Work Study are highly encouraged to apply. Pay is commensurate with work experience. Variable hours weekly, up to 4 hours, depending on workflow.

Students who can work on Thursday mornings or Thursday afternoons this semester are preferred but others may also apply.

Applications will be accepted until September 16, 3:00pm. Top candidates will be contacted by September 20 for an on-campus interview.

Please complete an application on Handshake.
https://app.joinhandshake.com/

Questions can be sent to:
Christina Chan-Weiher
Laboratory Manager
Department of Biology/Phillips Hall 350
chanweih@uwec.edu
Student Health Service has an opening for a Student Nursing Assistant!

Enrolled students majoring in a healthcare related field are eligible to apply!

- CNA certification or EMT-B required
- Commit to at least two 4 hour shifts per week
- Prefer Sophomore status or higher
- 2+ Semester commitment

For more information email: Theresa Risler LPN at rislertl@uwec.edu

Application deadline is Sept. 23rd

Student Health Service will be hiring an additional Student Nursing Assistant, if interested please contact Theresa Risler.

Walmart Pharmacy in Chippewa Falls (Lake Hallie) has several openings for part time pharmacy technicians. They offer a competitive starting wage and schedule flexibility. Weekend and afternoon/evening shifts are available now, and if interested, there are opportunities for more shifts in summer or on breaks if wanted. Working in a pharmacy is excellent experience for any of the health professions. You get to interact with other health professions, you gain knowledge of medications, drug classes and treatment courses as well as how to communicate with patients. It truly is wonderful information that can be an asset in any health care endeavor.

If anyone is interested, they can apply online at https://careers.walmart.com/ choosing pharmacy technician as an interest. If there are any questions or you want to talk to someone before applying, call the pharmacy at 715-738-2418. You can ask for Angela Marquardt, Pharmacist, or the Pharmacy Manager, Jake.
Apply today for the 2022-2023 APSA Mentorship Program. The deadline for applying is October 22nd!
The undergraduate mentorship program is one of our most rewarding programs, and we need your help to make it successful. The goal of this program is to connect MD, DO, MD/PhD, and DO/PhD students with undergraduates who are interested in careers as physician-scientists in one-on-one, mentor-mentee relationships for one year. Mentors and mentees can choose to meet in person, or communicate via phone, Zoom, Skype, e-mail, messaging, etc. Optional monthly prompts with suggested topics and questions will be sent to both parties. Please refer to the website for more information.

Applications for both mentors and mentees are available here. In addition, please encourage your friends and colleagues to take advantage of this highly rewarding program while applications are still available!

If you have any questions, don’t hesitate to reach out: askmentorship@physicianscientists.org.

Clubs
Join the Pre-Professional Health Club during their Fall 2022 meeting dates in Centennial 1204, 6-7 pm -

- September 21
- October 5, 19
- November 2, 16, 30
- December 7

If you want to become a member of the Pre-Professional Health Club or have a question contact Marshall appsmg9637@uwec.edu or Dane nelsondp2382@uwec.edu

Members-check out the Canvas page:
Canvas | UW-Eau Claire (uwec.edu)

Biology Seminars
## Department of Biology Seminar

**Thursdays, 4:00pm Central, via Zoom**

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<thead>
<tr>
<th>Date</th>
<th>Speaker</th>
<th>Talk Title</th>
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<tbody>
<tr>
<td>Sept 15</td>
<td>Maya Allen University of New Mexico</td>
<td>From Phylogenetic Reconstructions to Plant Colonization - the Blossoming of a Botanist</td>
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<tr>
<td>Sept 29</td>
<td>Dr. Martina Laidemitt University of New Mexico</td>
<td>Antagonism between parasites: from molecules to communities</td>
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<tr>
<td>Oct 13</td>
<td>Dr. Mallory Choudoir North Carolina State University</td>
<td>Soil microbial dynamics in a changing world</td>
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<td>Oct 27</td>
<td>Dr. Amelia Cuarenta Temple University</td>
<td>Scarcity early in life alters the basolateral amygdala transcriptome and addiction-related behaviors</td>
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<tr>
<td>Nov 10</td>
<td>Chelsea Ortiz-Jimenez University of California, Davis</td>
<td>Impacts of human presence on wildlife behavior</td>
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Want to know more about any of the topics listed? Scan the QR above link to join the session.

Follow the Biology Dept on social media:
Facebook: UWEC Biology Department
Twitter/Instagram: @uwecbiology

**Academic Resources**
Area Health Education Centers (AHEC) has partnered with The Princeton Review to offer these prep materials at a reduced cost. Please contact Nicole if interested. nthill@nahec-wi.org

ACADEMIC SKILLS CENTER OFFERS PEER ACADEMIC COACHING AVAILABLE

The Academic Skills Center is now offering Peer Academic Coaching. Available to all UWEC students, these hour-long meetings offer students an opportunity to work with a trained peer to improve a variety of academic skills, including time management, study skills, note-taking, and reading comprehension. For more information or to schedule a session, contact Dr. Jack Reid.
HEALTH CAREERS CENTER LENDING LIBRARY

If you are looking for study materials, or resource material, you are welcome to check out our books! Whether you are taking the DAT, MCAT, OAT, PCAT or GRE, we have a free lending library available to Pre-Health Students, you do not even need a library card! Our library also includes general reference, application, and study guides. We just ask that you sign out the book you want and return it when finished. You can use the books as long as you need!

Please email HCC@uwec.edu to reserve your book, the book will be prepared for you, and a time will be arranged to pick up the material.

View the materials available here!

ADVISING WITH DR. ANDERSON

Dr. Anderson is taking appointments for advising! She is available in-person, phone, or virtually via ZOOM.

Click here to schedule an appointment

Schedule an appointment to discuss anything from registering for the right classes to advice on internships, volunteering, and reviewing your personal statements.

PRE-HEALTH/BIOLOGY PEER ADVISING

If you need any assistance from Chloe or Blake, our peer advisors, they are available by DROP-IN, or virtually VIA EMAIL OR VIDEO CHAT during the following times:

Monday — 11-1:45 pm
Tuesday — 12-3 pm
Wednesday 10-12:15 pm & 3:30-4:30 pm
Wednesday 4:30-5:30 pm (virtual only)
Thursday — 9:20-12:20 pm & 1-3 pm

They can be reached by email at: BioPeerAdvising@uwec.edu

Or click below and book an in-person or virtual appointment with them via Navigate.

CLICK HERE TO REQUEST A ONE-ON-ONE MEETING VIA NAVIGATE.
They will assist in Preparing 4-year plans, planning Pre-Professional health Programs, CampS, and Canvas; choice of majors, understanding your degree, registration, transcripts and more!

You can find previous editions of the newsletter, as well as, more useful information on our UWEC webpage
Health Careers Center and in Blugold Insider

If you have any questions, please contact:

Dr. Julie Anderson
Professor-Biology &
Director-Health Careers Center
ANDERJU@uwec.edu

Lee Miller | Department Assistant
Health Careers Center
MILLELEE@uwec.edu

Or Contact the Health Careers Center
HCC@uwec.edu
715-836-5966