Our Mission: To provide consistent guidance, support, and focused opportunities for prospective, current, and post-baccalaureate students interested in a health professional career.

This newsletter is a bi-monthly publication.

Vol. 4 Issue 9, August 31, 2022

Welcome to Fall semester 2022 we have some great information for you! Check it out below!
Pre-Professional Health Information Session
Do you want to know more about pre-professional health?
Do you have questions about pre-professional health?

Join Dr. Julie Anderson for a short presentation and have the opportunity to ask questions of pre-professional health advisors and officers from our pre-health clubs!
September 13th
4-6 pm DROP IN ANYTIME!
Centennial 1415

This is a GREAT opportunity for incoming freshman, or any student who is interested in pre-professional health!

*Cookies provided

Graduate and Professional School Opportunity
Tessa Johnson from Des Moines University will be on campus to answer your questions about admissions at DMU. Stop in on September 15th anytime between 3:30-4:30 pm in the Health Careers Center-Schofield 30 to meet with her.

*Primarily information for Pre-Med, Pre-PA, Pre-PT and Pre-OT students.*
Are you interested in becoming a doctor? Would you like support in getting into medical school? The MCW-Central Wisconsin (MCW-CW) and North Central Area Health Education Center (AHEC) pre-med pipeline, Advocates in Medicine Pathway (AMP), can help!

We are recruiting for our next AMP cohort and are accepting applications from now through November 1st. The program cohort will run from January 2023 through July 2023. We will provide the support and tools needed to develop a competitive medical school application for participants (i.e., MCAT guidance, a 1-week clinical shadowing, medical school application assistance, mentorship from medical students and staff, a paid summer community health internship, and much more). Participants must be college juniors and seniors or those who have graduated from a bachelor’s degree program. Preferences will
be given to individuals underrepresented in medicine, particularly from Hmong and rural backgrounds.


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**FUTURE PHYSICIAN’S DAY**

**OCTOBER 28, 2022**

**OPEN TO HIGH SCHOOL JUNIORS/SENIORS AND PRE-MED COLLEGE STUDENTS**

**FREE TO ATTEND**

**LUNCH PROVIDED**

**APPLY EARLY! FIRST REVIEW OF APPLICATIONS IS ON SEPTEMBER 30TH, 2022**

**ARE YOU STRONGLY CONSIDERING A FUTURE IN MEDICINE? IS A PHYSICIAN CAREER RIGHT FOR YOU?**

This free, one-day event offers students a glimpse into medical school and a career in medicine. Students will explore key topics and experiential practices studied in medical school and graduate medical residency, engage with medical school faculty and current medical students, and learn how to prepare to be an optimal candidate for acceptance into medical school.

**Tracks:**

1.0 - Path to Medical School (application, financing, day in the life of a physician, campus tour)

2.0 - Path to Residency (application, match day, day in the life of a resident, campus tour)

3.0 - Advanced Preparation (MCAT, portfolio, interview, personal statements, campus tour)

**LOCATION:**

Medical College of Wisconsin - Central Wisconsin Campus  
1900 Westwood Dr. Suite 3100, Wausau, WI 54401

**TIME:** 10:00 AM - 3:00 PM

**APPLY HERE:**


**FOR MORE INFO, CONTACT:**

Sheng Khang  
Education & Outreach Coordinator  
skhang@nahec-wi.org  
715-301-3269

We are excited to be hosting the 6th annual Future Physician’s Day with the Medical College of Wisconsin - Central Wisconsin (MCW-CW). This event will take place on the MCW-CW campus on Friday, October 28th from 10 AM - 3 PM (in-person). It will be a daylong and free event that will provide students with a glimpse into medical school and a career in medicine. Students will explore key topics and experiential practices studied in medical school and graduate medical residency, engage with medical school faculty, and current medical students, and learn how to prepare to be an optimal candidate for
acceptance into medical school. Students should apply if they are high school juniors, seniors, and/or college students and are strongly considering a future in medicine. Admission is not limited to Wisconsin residents. To be considered and for more information visit https://bit.ly/FPDYear2022

(Priority Application Deadline is September 30th, 2022!)

**MedEx**

MedEx is returning!

The MedEx-College Edition program at Mayo Clinic Health System in Eau Claire is an opportunity for UWEC students with a demonstrated interest in medicine to job shadow physicians. Students accepted to the program will spend 3 half-day sessions job shadowing in different medical specialties during a typical workday in the clinic.

Some requirements for participation in the MedEx-College Edition program:

- Minimum college GPA of 3.0
- At least 2nd semester sophomore standing (at least 45 earned college credits)
- Completing 30 hours of volunteer work with MCHS
- Seriously considering a career as a physician
- Significant experience in health-related extracurricular activities preferred.

To apply, or for more information and requirements, head to the Health Careers Center website

Shadowing | UW-Eau Claire (uwec.edu)

**Applications being accepted starting on Sept. 12!**

*Primarily for Pre-Med, Pre-PA, Biology and*
Chemistry Major and Minor students

Thinking about applying to MedEx in the future? You must have a minimum of 30 volunteer hours to apply. Mayo is currently looking for volunteers, check out the link for more information and to apply: https://www.mayoclinichealthsystem.org/locations/eau-claire/volunteer

Employment

Walmart Pharmacy in Chippewa Falls (Lake Hallie) has several openings for part time pharmacy technicians. They offer a competitive starting wage and schedule flexibility. Weekend and afternoon/evening shifts are available now, and if interested, there are opportunities for more shifts in summer or on breaks if wanted. Working in a pharmacy is excellent experience for any of the health professions. You get to interact with other health professions, you gain knowledge of medications, drug classes and treatment courses as well as how to communicate with patients. It truly is wonderful information that can be an asset in any health care endeavor.

If anyone is interested, they can apply online at https://careers.walmart.com/ choosing pharmacy technician as an interest. If there are any questions or you want to talk to someone before applying, call the pharmacy at 715-738-2418. You can ask for Angela Marquardt, Pharmacist, or the Pharmacy Manager, Jake.

Apply today for the 2022-2023 APSA Mentorship Program. The deadline for applying is October 22nd!
The undergraduate mentorship program is one of our most rewarding programs, and we need your help to make it successful. The goal of this program is to connect MD, DO, MD/PhD, and DO/PhD students with undergraduates who are interested in careers as physician-scientists in one-on-one, mentor-mentee relationships for one year. Mentors and mentees can choose to meet in person, or communicate via phone, Zoom, Skype, e-mail, messaging, etc. Optional monthly prompts with suggested topics and questions will be sent to both parties. Please refer to the website for more information.
Applications for both mentors and mentees are available here. In addition, please encourage your friends and colleagues to take advantage of this highly rewarding program while applications are still available!

If you have any questions, don’t hesitate to reach out: askmentorship@physicianscientists.org.

Clubs

UW-Eau Claire Pre-Professional Health

Student organization for:
- Pre-medicine, Pre-dentistry,
- Pre-physician assistant,
- Pre-pharmacy and
- Pre-optometry students

Fall 2022 IN-PERSON Meetings:
- September 21
- October 5, 19
- November 2, 16, 30
- December 7

Centennial Hall Rm. 12

Join the Pre-Professional Health Club during their Fall 2022 meeting dates in Centennial 1204, 6-7 pm-

- September 21
- October 5, 19
- November 2, 16, 30
- December 7

If you want to become a member of the Pre-Professional Health Club or have a question-contact Marshall appsmsg9637@uwec.edu or Dane nelsondp2382@uwec.edu

Members-check out the Canvas page:
Canvas | UW-Eau Claire (uwec.edu)

Biology Seminars
# Department of Biology Seminar

**Thursdays, 4:00pm Central, via Zoom**

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<tr>
<th>Date</th>
<th>Speaker</th>
<th>Talk Title</th>
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<tr>
<td>Sept 15</td>
<td>Maya Allen</td>
<td>From Phylogenetic Reconstructions to Plant Colonization - the Blossoming of a Botanist</td>
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<td>University of New Mexico</td>
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<td>Sept 29</td>
<td>Dr. Martina Laidemitt</td>
<td>Antagonism between parasites: from molecules to communities</td>
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<td>University of New Mexico</td>
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<td>Oct 13</td>
<td>Dr. Mallory Choudoir</td>
<td>Soil microbial dynamics in a changing world</td>
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<td>North Carolina State University</td>
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<td>Oct 27</td>
<td>Dr. Amelia Cuarenta</td>
<td>Scarcity early in life alters the basolateral amygdala transcriptome and addiction-related behaviors</td>
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<td>Temple University</td>
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<td>Nov 10</td>
<td>Chelsea Ortiz-Jimenez</td>
<td>Impacts of human presence on wildlife behavior</td>
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<td>University of California, Davis</td>
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Want to know more about any of the topics listed? Scan the QR above link to join the session.

Follow the Biology Dept on social media:
Facebook: UWEC Biology Department
Twitter/Instagram: @uwecbiology

**Academic Resources**
Area Health Education Centers (AHEC) has partnered with The Princeton Review to offer these prep materials at a reduced cost. Please contact Nicole if interested. nthill@nahec-wi.org

ACADEMIC SKILLS CENTER OFFERS PEER ACADEMIC COACHING AVAILABLE

The Academic Skills Center is now offering Peer Academic Coaching. Available to all UWEC students, these hour-long meetings offer students an opportunity work with a trained peer to improve a variety of academic skills, including time management, study skills, note-taking, and reading comprehension. For more information or to schedule a session, contact Dr. Jack Reid.
HEALTH CAREERS CENTER LENDING LIBRARY
If you are looking for study materials, or resource material, you are welcome to check out our books! Whether you are taking the DAT, MCAT, OAT, PCAT or GRE, we have a free lending library available to Pre-Health Students, you do not even need a library card! Our library also includes general reference, application, and study guides. We just ask that you sign out the book you want and return it when finished. You can use the books as long as you need!

Please email HCC@uwec.edu to reserve your book, the book will be prepared for you, and a time will be arranged to pick up the material.

View the materials available here!

ADVISING WITH DR. ANDERSON
Dr. Anderson is taking appointments for advising! She is available in-person, phone, or virtually via ZOOM.

Click here to schedule an appointment

Schedule an appointment to discuss anything from registering for the right classes to advice on internships, volunteering, and reviewing your personal statements.

PRE-HEALTH/BIOLOGY PEER ADVISING
If you need any assistance from Chloe or Blake, our peer advisors, they are available by DROP-IN, or virtually VIA EMAIL OR VIDEO CHAT during the following times:

Monday — 11-1:45 pm
Tuesday — 12-3 pm
Wednesday 10-12:15 pm & 3:30-4:30 pm
Wednesday 4:30-5:30 pm (virtual only)
Thursday — 9:20-12:20 pm & 1-3 pm

They can be reached by email at: BioPeerAdvising@uwec.edu

Or click below and book an in-person or virtual appointment with them via Navigate.

CLICK HERE TO REQUEST A ONE-ON-ONE MEETING VIA NAVIGATE.
They will assist in Preparing 4-year plans, planning Pre-Professional health Programs, CampS, and Canvas; choice of majors, understanding your degree, registration, transcripts and more!

You can find previous editions of the newsletter, as well as, more useful information on our UWEC webpage Health Careers Center and in Blugold Insider

If you have any questions, please contact:

Dr. Julie Anderson
Professor-Biology &
Director-Health Careers Center
ANDERJU@uwec.edu

Lee Miller | Department Assistant
Health Careers Center
MILLELEE@uwec.edu

Or Contact the Health Careers Center
HCC@uwec.edu
715-836-5966