LINKS:

- MedEx Shadowing-Cancelled
- ARMY Medicine In-person visit-Sept. 22
- Concordia School of College Virtual Visit-Sept. 28
- Attend a UW Madison Pharm-D Event
- Health Careers Center Survey-We want your input!
- AHEC Interprofessional Healthcare Case Competition
- AHEC Future Physician's Day
- AHEC Advocates in Medicine Pathway (AMP)
- AHEC Scholars
- Concordia-School of Pharmacy, Updated Requirements
- APSA Mentorship Program
- Midwestern University-School of Optometry-Summer Eye Experience
- Mayo School of Medicine-Virtual Programming
- Contact Tracing Job Opportunities
- Pre-Professional Health Club Meeting Dates
- PPHC Alzheimer’s Walk-Sept. 25th
- Join Mayo Healthcare Hackathon-Oct. 2 & 3
- Biology Department on Facebook
- Research Survey from Dr. Mota
- Mayo Health System-HPV Webinar-Oct. 14th
- The Bias Inside Us Traveling Exhibit-Coming in Feb. 2022
- Health Careers Center Library
- Advising with Dr. Julie Anderson
- Pre-health/Biology Peer Advising

Our Mission: To provide consistent guidance, support, and focused opportunities for prospective, current, and post-baccalaureate students interested in a health professional career.
MEDEX SHADOWING HAS BEEN CANCELLED

Unfortunately, MedEx Shadowing program for Fall 2021 is being cancelled at the request of Mayo Health System. Keep up to date on MedEx by checking our [HCC shadowing webpage.]

Exclusive opportunities for UWEC Students

Health Professional School In-Person Admissions Visit
September 22, 2021

ARMY MEDICINE

Cody Reed, SGT· Health Care Recruiter

Wednesday, September 22, 4-5 pm, Schofield Hall 30

Pre-med, pre-dental, pre-vet, psychology, pre-optometry, also, master of Social Work

Discussing: Army Health Professions Scholarship Program (HPSP) and Q & A

ARMY Medicine In-Person Visit- Wednesday, September 22, 4-5 pm Schofield 30
Visit with SGT. Cody Reed to discuss HPSP and any other questions you may have about ARMY Medicine!
Health Professional School
Admissions Virtual Visit
September 28, 2021
4-5 pm

Visit with Nalee Vang, Admissions Counselor

Scan the code above, or click the zoom link:
https://cuwaa.zoom.us/j/2957389404
Meeting ID: 295 738 9404

Graduate and Professional School Information

ATTEND A PHARM-D PROSPECTIVE STUDENT EVENT

We wanted to share with you some of the informative events we have scheduled for the next few months. Whether you are just starting to explore a future in pharmacy, or are in the process of applying, we have an event for you. And for the complete roster, check out our PharmD events page.

Check out the programs and research and labs available at UW School of Pharmacy here.
THE HEALTH CAREERS CENTER IS ASKING FOR YOUR INPUT!

Area Health Education Centers (AHEC) has partnered with The Princeton Review for test-prep materials available to students at a reduced cost.

Before the UWEC Health Careers Center proceeds to enter into a contract for this service, we are gathering student interest in this service.

Please check out the survey below to see the products offered and let us know if you would be interested in purchasing any of these study materials.

AHEC/Princeton Review Study Material

**This is not a commitment to purchase.

AHEC- 4 OPPORTUNITIES AVAILABLE!

AHEC is excited to share several upcoming AHEC (Area Health Education Center) Programs for pre-health and health professions students. Students are welcome to attend one or more of these opportunities!

**Interprofessional Healthcare Case Competition** - A program where students from different health disciplines work together in interprofessional teams to learn about, with, and from each other by analyzing a complex fictitious healthcare case study that addresses community health challenges. Teams present their case analysis and recommendations to a panel of judges staffed by leaders from academic institutions and health provider organizations. For more information and to apply: [https://www.newahec.org/programs/ipcc/](https://www.newahec.org/programs/ipcc/)

Check out the 2-minute info video

Application Deadline: October 15, 2021

**Future Physician's Day** - A daylong event with the Medical College of Wisconsin - Central WI campus for students interested in attending medical school. Scheduled for Friday, October 30th from 10 AM - 3 PM via Zoom. For more information and to apply: [https://www.northcentralwiahec.org/future-physician-s-day](https://www.northcentralwiahec.org/future-physician-s-day)

Priority Application Deadline: October 1st

**Advocates in Medicine Pathway (AMP)** -- AMP provides students from rural and/or Hmong backgrounds the support, tools, and experiences necessary to develop a competitive medical school application. Program activities include community-based experiential learning, didactic learning, MCAT test prep, mentorship from medical school students and staff, participation in a paid community health internship, medical school application assistance, practice interviewing, and more! For more information and to apply: [https://www.mcw.edu/education/medical-school/campuses/central-wisconsin-campus/mcw-cw-prospective-students/advocates-in-medicine-pathway](https://www.mcw.edu/education/medical-school/campuses/central-wisconsin-campus/mcw-cw-prospective-students/advocates-in-medicine-pathway)

Application Deadline: November 5
**AHEC Scholars** - A two-year program designed to enhance and broaden a student’s healthcare training. Each year as an AHEC Scholar, students participate in a combination of didactic and community-based experiential training in a Wisconsin rural community and/or with underserved populations. A $1500 stipend is provided over the course of the program. Currently accepting applications from students on track to graduate in 2023 and enrolled in select disciplines. For more information and to apply: [https://ahec.wisc.edu/scholars/](https://ahec.wisc.edu/scholars/)
*Application Deadline: October 15, 2021*

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**CONCORDIA UNIVERSITY**, **WISCONSIN-SCHOOL OF PHARMACY**

Concordia University Wisconsin-School of Pharmacy has updated pharmacy school admission requirements. The revamped admission requirements affect the required number of prerequisites and recommendations an applicant must submit.

Applicants are required to complete [56 credits of Pre-Pharmacy coursework](#) with a C- or higher before starting pharmacy school at Concordia; changed from 64. Courses no longer required are economics, and the amount of general elective coursework was changed from 17 to 12. Also, applicants are required to submit 2 letters of reference vs previously being required to submit 3 letters.

Working with students who are interested in pharmacy? Please have them check out our visits page for info on virtual or in-person events we are hosting.

**CUWSOP Visit Options**

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**APSA**

**American Physician Scientists Association**

APPLY TODAY FOR THE 2021-2022 APSA MENTORSHIP PROGRAM. THE DEADLINE FOR APPLYING IS OCTOBER 15TH!

The undergraduate mentorship program is one of our most rewarding programs, and we need your help to make it successful. The goal of this program is to connect MD, DO, MD/PhD, and DO/PhD students with undergraduates who are interested in careers as physician-scientists in one-on-one, mentor-mentee relationships for one year. Mentors and mentees can choose to meet in person (as permitted by distance and local COVID19 restrictions), or communicate via phone, Zoom, Skype, e-mail, messaging, etc. Optional monthly prompts with suggested topics and questions will be sent to both parties. Please refer to the website for [more information](#).

Applications for both mentors and mentees are available [here](#). In addition, please encourage your friends and colleagues to take advantage of this highly rewarding program while applications are still available!

If you have any questions, don’t hesitate to reach out to us at [askmentorship@physicianscientists.org](mailto:askmentorship@physicianscientists.org).
Midwestern University Chicago College of Optometry (CCO) is pleased to announce its fourth annual Summer Eye Experience at the Chicago College of Optometry (SEE at CCO) program for students interested in a career in Optometry. The SEE at CCO program will be held Monday, June 13, 2022, through Wednesday, June 15, 2022, 8:30am – 4:30pm.

During the SEE at CCO program students will attend workshops tailored specifically for those interested in pursuing a future in optometry. Sessions will be offered to help prepare the student’s application portfolio for admission, and classes will provide a glimpse into the day of an optometry student. Students will also attend hands-on laboratories where they will learn basic optometric skills.

ELIGIBILITY REQUIREMENTS

- Student must be interested in a career in optometry.
- Students must be currently enrolled in a baccalaureate degree program. Preference will be given to those entering their junior or senior year, but all college students are eligible to apply.
- Students who have already completed a B.S. or B.A. degree, or those who are enrolled in a post-baccalaureate or graduate program, are also eligible to apply.
- A cumulative GPA of 3.0 or higher (out of 4.0) is recommended.

There are no registration fees to participate. Participants will be responsible for travel to and from Midwestern University’s Downers Grove, IL campus, as well as their own accommodations. Meals (breakfast and lunch) will be covered by CCO.

Additional information on the program, and the forms required for applying, can be found on our website at www.midwestern.edu/see-at-cco. A program flyer is also attached that you can share with your clubs/students/peers. There will also be five Keplr Vision Grants available that will cover three-nights hotel and the cost to start an OptomCAS application. Additional details are on the program website.

The deadline to apply is March 15, 2022. For any questions about the SEE at CCO program, please email SEEatCCO@midwestern.edu.

Mayo is sharing with you information about their Fall virtual programming. They are offering several different types of sessions and you can learn more about each session below. The goal of these sessions is to inform students about the programs, professions, application requirements, general information about the school because they are unique in each of those areas. The link to the website is here.
**Inside Look Sessions**

The inside look sessions go further into exploring the profession and the program. Participants will hear from the program director or faculty about the program and at the end of each session, questions will be taken. These are the experts and can answer questions you have!

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Program</th>
<th>Register</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oct. 12</td>
<td>6-7:30 p.m. CT</td>
<td>Clinical Neurophysiology Technology, Pharmacy Technician, Phlebotomy, Paramedic</td>
<td>Online registration</td>
</tr>
<tr>
<td>Oct. 19</td>
<td>6-7:30 p.m. CT</td>
<td>Imaging programs (MRI, Radiography-MN, Nuclear Medicine, Sonography)</td>
<td>Online registration</td>
</tr>
<tr>
<td>Nov. 8</td>
<td>6-7:30 p.m. CT</td>
<td>Graduate programs* (Physical Therapy and Physician Assistant)</td>
<td>Online registration</td>
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<td>*Due to a scheduling conflict, Nurse Anesthesia will present on November 23. Please register for that date if you are interested in Nurse Anesthesia.</td>
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</tr>
<tr>
<td>Nov. 18</td>
<td>6-7:30 p.m. CT</td>
<td>Surgical First Assistant, Respiratory Care, Echocardiography</td>
<td>Online registration</td>
</tr>
<tr>
<td>Nov. 23</td>
<td>6-7:30 p.m. CT</td>
<td>Radiography-FL, Orthoptics, Radiation Therapy, and Nurse Anesthesia</td>
<td>Online registration</td>
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**Q&A Session with Current Students**

Want to know what it is like to be a student in one of our programs? Ask current students from a variety of programs!

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Register</th>
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</thead>
<tbody>
<tr>
<td>Oct. 25</td>
<td>6-7 p.m. CT</td>
<td>Online registration</td>
</tr>
</tbody>
</table>

**Application Session**

This will give an overview of the application for those looking to apply. It will walk through the application, discuss the supplemental items need, tips on essays and recommendations and participants can ask questions or join a breakout room for 1:1 help.

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<tr>
<th>Date</th>
<th>Time</th>
<th>Program</th>
<th>Register</th>
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<tbody>
<tr>
<td>Dec. 6</td>
<td>4-5 p.m. CT</td>
<td>General application process</td>
<td>Online registration</td>
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</tbody>
</table>

These sessions are all free but registration is required.

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**Volunteering & Job Opportunities**

**CONTACT TRACER POSITIONS AVAILABLE**

The University of Wisconsin- Eau Claire desires to hire multiple contract tracers for Fall semester, beginning as soon as possible, supplementing the contact tracing for COVID-19 cases that is offered by the Eau Claire County Health Department and UW-Eau Claire Student Health Services. The working title for this assignment is Professional Consultant with an official title of Contact Tracer. This is temporary project assignment not intended to be
renewed. Compensation for contract tracers is at the rate of $15.00-17.00 per hour. There are no benefits with this position as it’s a University Staff Temporary position. All successful hires must complete a criminal background check before they are trained.

More info here: Contact Tracer (multiple telecommuting positions available) | Job Postings (uwec.edu)

Clubs

UW-Eau Claire Pre-Professional Health Club

Student organization for:
Pre-medicine, Pre-dentistry,
Pre-physician assistant,
Pre-pharmacy and
Pre-optometry students

Fall 2021 IN-PERSON Meetings:
September 22
October 6 and 20
November 3 and 17
December 1
Centennial Hall Rm. 1924, 6-7 pm

PRE-PROFESSIONAL HEALTH CLUB
Fall 2021 meeting dates
Meetings this semester are in-person!

TOGETHER, WE CAN END ALZHEIMER’S DISEASE.
alz.org/walk

Join the Pre-Professional Health Club (PPHC) at the Walk to End Alzheimer’s Event on Saturday September 25th! The PPHC will be volunteering from 9:15am - the end of the walk right on the UWEC campus. This is a great way to get involved and give back to the Eau Claire community. More than 6 million American are affected by Alzheimer’s disease, with the death rates from Alzheimer’s increasing by 16% during the COVID-19 pandemic. The Alzheimer’s Association is leading the fight against Alzheimer’s and other forms of dementia. As future healthcare professionals, we felt that this would be a great way for students to make an impact on the medical world. This event is a great resume builder, a great way to get involved with the club, and a fantastic way to get to know your pre-professional peers. Please join us by signing up
with the following link: Click "Join Our Team" and enter your information. By signing up, you will be updated on the day schedule and current policies for volunteers. A t-shirt will be included!

Sign-Up link: http://act.alz.org/site/TR?fr_id=14891&pg=team&team_id=705671

This and That

JOIN MAYO HEALTHCARE HACKATHON!

We need you to improve healthcare! Do you have an interest in joining a team as part of a hackathon? Then, we have the place for you!

In collaboration with the Mayo Clinic Alix School of Medicine, the Mayo Clinic Office of Entrepreneurship, and University of Wisconsin Eau Claire, we would like to invite you to the 2021 Mayo Clinic Healthcare Hackathon!

We are currently accepting registrations for the weekend of 2-3 October 2021. As a participant, you can expect to work remotely in teams of 3-6, with clinicians, students, engineers, and entrepreneurs from industry and beyond.

**October 2**
8am - registration confirmation
9am - event kickoff and rules
10am - team formation
11am - hacking begins!

**October 3**
3pm - final presentations
4pm - winners announced

We welcome participants of all experiences and skillsets to take part in the Mayo Clinic Healthcare Hackathon.

Pitch your solutions and compete for awards, judged by a panel of industry professionals. Receive mentorship from physicians, industry executives, and founders. Hear speakers present on exciting topics in the field of healthcare innovation. Sound like fun?

If so, please [REGISTER HERE](#)

You’ll receive news and links to our site as they occur. See you there!

Do you follow the [UWEC Biology Department](#) on Facebook? You should! You will find lots of information, as well as, [Blugold Biology Spotlight](#) of fellow students!
RESEARCH SURVEY FROM DR. MOTA

This is an invitation to participate in a research intitled “Has Pink October faded? Looking into Awareness and Attitudes in a Midwestern University”, coordinated by Dr. Dalete Mota, associate professor at the College of Nursing and Health Sciences. We aim at understanding the awareness, attitude, and experience of breast cancer and breast self-examination among university students, staff, and faculty in our campus. The results of this survey will guide the campus programs around Breast Cancer Awareness.

Since breast cancer can affect females and males, we invite all individuals, irrespective of sex, 18 years of age or older to participate. Your participation is voluntary, and it involves an online Qualtrics survey (link below). We estimate that you will take approximately 20 minutes to answer all questions. At the end, you can sign up for a chance to win a gift card ($30 value).

https://uweauclaire.qualtrics.com/jfe/form/SV_cu6m8U232E0tyPc

Please let us know if you have any questions. Thank you in advance for helping us make our campus healthier.

Dalete D.C.F. Mota
Associate Professor
President of Delta Phi chapter - Sigma Theta Tau International
Nursing Department / College of Nursing and Health Sciences
UNIVERSITY OF WISCONSIN-EAU CLAIRE
motadd@uwec.edu

MAYO HEALTH SYSTEM WEBINAR OPPORTUNITY
October 14, 3:30-5 pm
The Smithsonian Institution, committed to leading and encouraging civil dialogue on important issues facing our nation and the world, is leading a community engagement project called *The Bias Inside Us*. Our goal is to help visitors understand and counter their implicit biases and build capacity in communities to convene dialogue that will increase empathy and create more inclusive schools, communities, and workplaces.

The four-year project, developed with a national advisory council and Smithsonian experts, is a community engagement effort that will consider the connections between implicit bias and group dynamics, how they can lead to explicit acts of bias and hatred by individuals and whole societies, and what we as individuals can do about it. Selected communities will participate in *The Bias Inside Us* process after assessing their own readiness to engage in the project and submitting proposals to show how this project will be used to build capacity. Ten communities will be selected each year; a Smithsonian-led project team will work with community leaders and teachers to develop a customized plan for community-initiated programming. The exhibition will be the centerpiece of local activities for four weeks, free of charge, to allow for in-depth programming, as well as to allow surrounding communities to participate. When the exhibition moves to the next community, the Smithsonian will remain engaged to provide resources and support as communities continue to explore ways to reduce individual and group bias and increase community empathy. The primary audience for the exhibition is middle school to young adults (11- to 25-year-olds).

More info can be found here: [https://biasinsideus.si.edu/tour](https://biasinsideus.si.edu/tour)

**HEALTH CAREERS CENTER LENDING LIBRARY IS AVAILABLE**

If you are looking for study materials, or resource material, you are welcome to check out our books! Whether you are taking the *DAT, MCAT, OAT, PCAT or GRE*, we have a free lending library available to Pre-Health Students, you do not even need a library card! Our library also includes general reference, application, and study guides. We just ask that you sign out the book you want and return it when finished. You can use the books as long as you need!

Due to COVID, we have revised our check out procedure. Please email [HCC@uwec.edu](mailto:HCC@uwec.edu) to reserve your book, the book will be prepared for you, and a time will be arranged to pick up the material.
ADVISING WITH DR. ANDERSON

Dr. Anderson is taking appointments for advising! She is available in-person, phone, or virtually via ZOOM.

Click here to schedule an appointment

Schedule an appointment to discuss anything from registering for the right classes to advice on internships, volunteering, and reviewing your personal statements.

PRE-HEALTH/BIOLOGY PEER ADVISING

If you need any assistance from Caterra, our peer advisor, she is available by drop in, or virtually via email or video chat during the following times:

- Monday — 12-3 pm
- Wednesday — 1-4 pm
- Thursday — 11-1 pm

Please email her at: BioPeerAdvising@uwec.edu

Or click below and book an in-person or virtual appointment with her via MS Teams!

Click here to request a one-on-one virtual meeting via MS Bookings.

She will answer questions about biology and pre-Professional health programs; class selection, CampS, and Canvas; choice of majors, understanding your degree, registration, transcripts and more!

You can find previous editions of the newsletter, as well as, more useful information on our UWEC webpage Health Careers Center and in Blugold Insider

If you have any questions, please contact:

- Dr. Julie Anderson
  Biology Associate Professor &
  Director—Health Careers Center
  ANDERJU@uwec.edu

- Lee Miller | USPA
  Health Careers Center
Institute for Health Sciences
MILLELEE@uwec.edu

Or Contact the Health Careers Center
HCC@uwec.edu
715-836-5966

Lee Miller | University Services Program Associate
Pronouns: she, her, hers
Health Careers Center | Institute for Health Sciences
Schofield Hall Room 30
University of Wisconsin- Eau Claire
General: 715-836-3663 or millelee@uwec.edu