

TOUR *de* REC

Monday, August 30 • Everything is **FREE!**

schedule of **EVENTS**

Starts at 11am | Hilltop Center

FITNESS

Zumba

11 am | Horan Lawn

Yoga

12 pm | Horan Lawn

RUN THE HILL

(Win a **FREE** t-shirt!*)

1 pm | Bottom of the hill

*First 1,500 students

ADVENTURE

Bouldering Wall

11-1 pm | Inside Hilltop Center

Log Rolling

11-1 pm | Outside Hilltop Center

Ziplining

2-6 pm | Behind Oak Ridge Hall

TOURNAMENTS

Bag Toss Tournament

2 - 4 pm | Horan Lawn

TOURS

Running Tour

11 am | Hilltop Overhang

Walking Tour

11:15 am | Hilltop Overhang

Bouldering Wall:

Free climbing!

Instruction available on site.

Pick up your free race bib at the
Recreation Office in Hilltop!

Run + Walk Tours:

Tours explore the outdoor fitness
locations and opportunities
Recreation has to offer!

Come as you are and Experience Recreation!

We respect and appreciate all people. We value the individual
differences that make us unique and the similarities
that bring us together.

Individuals with Disabilities:

If a disability related accommodation is needed to participate in any of our
programs, please contact the Recreation Office at (715) 836-3377.

For More Information:

Visit us online: www.uwec.edu/recreation
Recreation Office at (715) 836-3377 or recreation@uwec.edu