



Geometric Heart

**Artist Brandon Hidaka, M.D., Ph.D.
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Brandon Hidaka, M.D., Ph.D. is a prenatal care provider in Mayo Clinic Health System's Family Medicine department. As a primary care physician and scientist, Dr. Hidaka enjoys spending time with his wife and two young boys and loves to cook, bicycle, sing, and practice yoga. Since graduate school, producing geometric patterns with a ruler, protractor, pencil, and Sharpie pens on paper has become a favorite pastime.

This geometric-patterned heart reflects the repetitive nature of our COVID days, devoid of milestone celebrations to mark the passage of time. Working from home, weekdays blur into weekends, giving us a Groundhog's-Day-type feeling. The closed, straight-lined heart symbolizes how the pandemic has trapped us with loved ones in our "bubble," and the rigid geometry signifies how our connection with distant loved ones has become constrained by forced, inorganic, virtual interactions.

View all the pieces in the *Healing Reflections* [online gallery](#).