

summer 2021 GROUP EXERCISE

June 1st - August 12th

All classes are free year-round with Blugold ID
Reservation required for in person classes
uwec.edu/recreation

Day	12pm	5pm	6pm
mon	Yoga Sculpt Savy ZOOM only	Boot Camp Abbie Hilltop + ZOOM	Indoor Cycling Jackie Cycling Studio
tues	Strength and Tone Savy ZOOM only	Strength and Tone Morgan Hilltop + ZOOM	5pm Indoor Cycling Sam Cycling Studio
wed		5pm Indoor Cycling Morgan (June) Meg (July + August) Cycling Studio	5pm Boot Camp Abbie Hilltop + ZOOM
thurs	12pm Strength and Tone Savy ZOOM only		6pm Zumba Jordan Hilltop + ZOOM

We respect and appreciate all people. We value individual differences that make us unique and the similarities that bring us together. Come as you are and EXPERIENCE RECREATION!