Mayo Virtual Event for Pre-Health Students-March 9
Midwestern University-School of Optometry-Summer Eye Experience
UW School of Pharmacy-Spring Open Houses-March 13 or April 10
Mayo-Health Education Open House and Info Sessions
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CASA-Hands of Hope Service Year Program Opportunity
Health Careers Center Library
Virtual Advising with Dr. Julie Anderson
Virtual Advising with the HCC Peer Advisors

Our Mission: To provide consistent guidance, support, and focused opportunities for prospective, current, and post-baccalaureate students interested in a health professional career.

Vol. 3 Issue 5, March 8, 2021

IMPORTANT NOTICE: DUE TO COVID-19, THE HEALTH CAREERS CENTER, IN SCHOFIELD 30, IS NOT ACCEPTING WALK-INS OR PROVIDING IN-PERSON
ADVISING AT THIS TIME. LINKS TO VIRTUAL ADVISING APPOINTMENTS ARE INCLUDED IN THIS NEWSLETTER. IF YOU NEED ASSISTANCE, PLEASE EMAIL HCC@UWEC.EDU.

**Exclusive UWEC Student Opportunities- Graduate and Professional School Visits**

Virtual Event for our Pre-Health Students!

With our physician shadowing opportunities on hold during the pandemic, selected Mayo physicians have agreed to meet with our students, answer questions and share information which may benefit you as a pre-health student.

The event is March 9, 12:15-1pm.

Mayo physicians participating are:

- Meredith Buck, MD, family medicine resident
- Kim Frodl, MD, family medicine
- Jose Ortiz, MD, orthopedics-hand
- Jason Beckermann, MD, general surgeon
- Troy Stoneberg, PAC, orthopedics
- Donn Dexter, MD, neurology

Questions will be taken during the event.

Here is a link to register: [Mayo Virtual Panel-March 9](#)

Graduate and Professional School Information

Midwestern University

Summer Eye Experience at the Chicago College of Optometry (SEE at CCO)

ATTENTION PRE-OPTOMETRY STUDENTS

The Summer Eye Experience at the Chicago College of Optometry (SEE at CCO) is a three-day program (June 14, 15, 16) that will expose students to the Doctor of Optometry degree. Students will attend workshops tailored specifically for those interested in pursuing a career in optometry. Sessions will be offered to help prepare the student’s application portfolio for admission, and classes will provide a glimpse into the day of an optometry student. Students will also attend hands-on laboratories where they will learn basic optometric skills.

**Application deadline is March 15.**

Application materials can be obtained at: [www.midwestern.edu/see-at-cco](http://www.midwestern.edu/see-at-cco)
SPRING OPEN HOUSES - MARCH 13, OR APRIL 10, 2021

The School of Pharmacy is offering two open houses this semester. The content covered is the same, so choose one that works best for your calendar. These events are designed for anyone interested in exploring the Doctor of Pharmacy program at UW–Madison. The topics to be covered include:

- How the UW-Madison PharmD curriculum prepares students for career success, particularly through experiential learning and specialization
- Admissions Overview - Learn about the PharmD admissions process, application timeline, prerequisites, and the selection criteria. Our Admissions Team and Director of Pre-Pharmacy Advising are excited to meet you and answer your questions!
- Student Panel - Our current PharmD students will share what it is like to be a UW-Madison pharmacy student, and will answer questions during a Q&A
- Event Time: 9:30AM - 11:45AM CST

Register for an Open House Event here
More Info here

HEALTH SCIENCES EDUCATION OPEN HOUSE AND INFORMATION SESSIONS

Mayo Clinic School of Health Sciences hosts an open house to give prospective students an inside look at a variety of health care careers.

This year, we're bringing the open house to you! With several date options, our goal is to meet you where you are and provide a variety of information sessions. You can sign up for one or several of the sessions based on your interests and future goals. Keep reading for session details, dates, and times.

Session details and registration information

Registration is required. Once registered, you will receive a confirmation email with the link to the Zoom session.

https://college.mayo.edu/academics/health-sciences-education/open-house/

MAYO CLINIC GRADUATE SCHOOL OF BIOMEDICAL SCIENCES

You are invited to attend Mayo Clinic Graduate School of Biomedical Sciences information sessions, inside look sessions and Q & A sessions with current students.
Mayo Clinic Graduate School of Biomedical Sciences offers a unique research environment which encourages intellectual curiosity, academic investigation, and scientific discovery. Students have access to train with over 200 mentor research experts in a variety of basic science and clinical areas. Collaborative interaction is a hallmark of Mayo Clinic's success in scientific discovery and putting the needs of the patient first.

Find more info here: [https://college.mayo.edu/academics/biomedical-research-training/phd-program/virtual-events/](https://college.mayo.edu/academics/biomedical-research-training/phd-program/virtual-events/)

Register here: [https://college.mayo.edu/academics/biomedical-research-training/phd-program/virtual-visits/](https://college.mayo.edu/academics/biomedical-research-training/phd-program/virtual-visits/)

Concordia School of Pharmacy is hosting virtual special topic pharmacy events February through April. These events are designed to assist and connect prospective pharmacy students to faculty, staff, or alumni.

- **CUWSOP Special Topics Event: Ambulatory Care Pharmacy**
  - Tues, Mar 16, 6pm-7pm CT
  - [Ambulatory Care Registration](#)

- **CUWSOP Special Topics Event: Hospital/Inpatient Pharmacy**
  - Tues, Mar 23, 6:30pm-7:30pm CT
  - [Hospital Registration](#)

- **CUWSOP Alumni Panel**
  - Wed, Apr 14, 6pm-7pm CT
  - [Alumni Panel Registration](#)

**CONCORDIA, SCHOOL OF PHARMACY**

The school of pharmacy at Concordia University Wisconsin is committed to the development of pharmacists who are servant leaders dedicated to providing value-based and patient-centered care that improves the health of rural or urban communities. To assist in your pharmacy school search, they have provided helpful links about Concordia University Wisconsin School of Pharmacy. Your materials include:

- **CUWSOP Brochure**: Contains program overview, curriculum outline, a guide to the admission and application process, and financial aid and scholarship information.

- **Dual Degrees**: Concordia University Wisconsin School of Pharmacy offers three dual degree programs that enable students to earn a specialized master's degree along with their Doctor of Pharmacy degree.
  - PharmD/MBA Business Administration
  - PharmD/MPH Public Healthcare
  - PharmD/MDP Product Development

- **Pre-pharmacy Coursework**: Prerequisite requirements for admission.

- **Application Process**: Our application deadline is June 1, 2021.
The National Association of Advisors for the Health Professionals has created a Health Professions COVID-19 Related Links and Information guide of resources for students listed by health profession. Click Here to check it out!

Scholarships

GOLD FOR BLUGOLDS! THIS IS THE LAST FULL WEEK TO APPLY!

Health Careers Center scholarships are available now! Go to Gold for Blugolds and click on Scholarship search, read and follow the instructions on how to search and apply for various scholarships. Scholarships available through the Health Careers Center are due by 3/16/2021.

Volunteering & Job Opportunities

AHEC has arranged for a free 1-hour webinar for any health profession student who is interested in learning about how to write a PERSONAL STATEMENT. A Sway Essay trainer will be teaching students about how to find their voice when writing a personal statement for school admission and even for a job interview. The program will be held virtually from 12-1 pm on March 24th.

Workshops teach you:
• how to find the stories you should tell
• how to tell them in an engaging and memorable way
• how to use your voice
• how to use details to make a connection with your reader
• how to write a soaring conclusion
The workshop also features examples of excellent openers to help get you on the right track.

There will be a fee for subsequent packages. Sway essay is a fee for service company.

*The Health Careers Center does not endorse FFS opportunities.

2021 WISCONSIN EXPRESS

WISCONSIN EXPRESS is a cultural immersion experience designed to give health profession students an opportunity to study firsthand the diverse local and regional healthcare innovations and challenges in Wisconsin communities. This year the program will of course be virtual and held in multiple sites over staggered dates from May 17 through May 28th.

Deadline to apply is March 15, 2021.

Please see the attached flyer that has topics and sites throughout the state listed, as well as the specific dates for each program. NC AHEC hosts the Eau Claire and Marshfield sites and will be combining them into a 3.25-day program running May 17-20. The topics include Aging, Veterans, Chronic Illness, and the Plain Community (Amish & Mennonite).

Flyer: [AHEC EXPRESS FLYER](#)

## PAID DENTAL CLINIC OPPORTUNITY IN MINNESOTA

Dr. Mark Phillips, endodontist, Great Lakes Endodontics, in Hermantown, MN is offering a full time paid internship experience in his small patient oriented practice. The position is open to any pre-dental undergraduate student who is willing to commit to working a minimum of 6 months. For more information, or have interest in applying, please contact Dr. Phillips at phil8653@umn.edu or 218-590-7878. [www.glendocare.com](http://www.glendocare.com)

The National Student Leadership Conference is a summer academic and leadership program for high school students. This program will provide students with a remarkable opportunity to meet healthcare professionals, established healthcare facilities, and develop their leadership skills through hands-on clinical simulations in diverse fields of healthcare.

NSLC is currently in the process of hiring staff for this summer. Our Team Advisor (TA) and Assistant Team Advisor (ATA) positions are an amazing employment experience and networking opportunity for undergraduate students, specifically those studying the health sciences, and I would love to have some qualified students on staff representing your university. More information about the position and requirements for it can be found here [https://www.nsclleaders.org/about-summer-youth-programs/summer-job-opportunities/](https://www.nsclleaders.org/about-summer-youth-programs/summer-job-opportunities/)

Course Opportunities
NRSG 211
Food for Fitness
ONLINE SUMMER 2021
6/14/2021 – 8/6/2021
Wellness Theory—1 credit
Open to all majors
Introduces nutrition standards and role of nutrients in health. Examines nutrition trends and food industry practices from a consumer’s perspective. Emphasizes understanding of personal nutrition and fitness in relation to wellness.

NRSG 220
The Language of Health Care
The study of specialized language and terminology used by health care professionals. The study of roots, word elements, word formation, and analyses.
ONLINE SUMMER 2021
6/14/2021 – 8/6/2021
1 Credit
Open to ALL Majors
NRSG 385
ONLINE SUMMER 2021
5/24/2021 – 6/20/2021
LE - I1 Integration & K2 - Social Sciences
GE-V & Wellness Theory Nursing
Elective for BSN Completion Students

Men’s health issues (masculinity, male-specific diseases, sexual and mental health) will be discussed and reviewed in the context of current epidemiological evidence. An emphasis is placed on health promotion and disease prevention.

NRSG 389
Cross Cultural Health
ONLINE - Summer 2021
5/24/2021 – 8/6/2021
3 Cr. of Cultural Diversity

LE-DDIV / LE-R1
Open to all majors
+Nursing elective for BSN Completion Program

- Enhances insight and understanding of the impact of culture on health, illness, and wellness
- Analyze and synthesize information to develop culturally congruent health care

Clubs and Organizations

PPHC dates for Spring semester: March 10, 24, April 7, 21, and May 5.
New meeting location: Centennial 1804.
Limited availability for in person meeting access, meetings will be held virtually also. Click here to register!

This and That
MCAT REGISTRATION IS OPEN!

Registration for April, May and June 2021 MCAT exam dates are now open. If you plan to take the MCAT this spring go to https://students-residents.aamc.org/applying-medical-school/taking-mcat-exam/register-mcat-exam/ to register.

SERVICE YEAR OPPORTUNITY FOR GRADUATING SENIORS

The Hands of Hope Service Year Program at Casa de Esperanza provides recent college graduates first-hand experience caring for emotionally and medically fragile children. Hands of Hope house parents commit a year to live and work with the children living in the agency foster homes and undergo over 80 hours of training before caring for children.

More info: https://www.casahope.org/hands-of-hope-service-year-1

Apply here: https://www.casahope.org/application-part-one

DEPART. OF BIOLOGY VIRTUAL 2021 SPRING SEMINAR SERIES

Join the bi-weekly Biology Spring Seminar events!!!! More information will be available in CANVAS.

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<th>DATE</th>
<th>SPEAKER</th>
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<td>FEB 11</td>
<td>DR. DAMIAN TURNER WILLIAMS COLLEGE</td>
<td>LUNG-RESIDENT MEMORY T CELLS: PROTECTORS OR INSTIGATORS?</td>
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<td>FEB 25</td>
<td>DR. SABAH UL-HASAN SCRIPPS RESEARCH INSTITUTE</td>
<td>ACCESSIBILITY THROUGH BIOINFORMATICS: BIOCURATION OF WIKIDATA BENEFITS RESEARCHERS AND PUBLIC ALIKE</td>
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<td>MAR 11</td>
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<td>LIFE, FIELD ECOLOGY, AND EDUCATIONAL OUTREACH</td>
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<td>MAR 25</td>
<td>DR. GINA POE UCLA</td>
<td>SLEEP THAT CHANGES YOUR MIND</td>
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<td>APR 8</td>
<td>DR. DUSTIN RAY UNIVERSITY OF MINNESOTA DULUTH</td>
<td>OF PETIOLES AND PHLOEM – INTEGRATING ANATOMY AND PHYSIOLOGY</td>
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<td>APR 22</td>
<td>DR. LA FLEUR F. SMALL WRIGHT STATE UNIVERSITY</td>
<td>TBD (TOPIC: MEDICAL SOCIOLOGY)</td>
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<td>MAY 6</td>
<td>DR. ANDRE MARTINEZ DSM BIOMEDICAL</td>
<td>POLYURETHANES IN MEDICAL DEVICES</td>
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4-5 PM Thursdays
VIA ZOOM: https://bit.ly/3tjRWwN

Follow the Biology Dept on social media:
Facebook: UWEC Biology Department

Twitter/Instagram: @uwecbiology
HEALTH CAREERS CENTER LENDING LIBRARY IS AVAILABLE

If you are looking for study materials, or resource material, you are welcome to check out our books! Whether you are taking the DAT, MCAT, OAT, PCAT or GRE, we have a free lending library available to Pre-Health Students, you do not even need a library card! Our library also includes general reference, application, and study guides. We just ask that you sign out the book you want and return it when finished. You can use the books as long as you need!

Due to COVID, we have revised our check out procedure. Please email HCC@uwec.edu to reserve your book, the book will be prepared for you, and a time will be arranged to pick up the material. Currently, the Health Careers Center is not accepting walk-ins to check out books.

View the materials to be borrowed here!

VIRTUAL ADVISING WITH DR. ANDERSON!

Dr. Anderson is taking virtual appointments for advising! She is available via-phone, or virtually via MS Teams.

Click here to schedule an appointment

Schedule an appointment to discuss anything from registering for the right classes to advice on internships, volunteering, and reviewing your personal statements.

PRE-HEALTH/BIOLOGY PEER ADVISING

If you need any assistance from Caterra and Tiffany, our peer advisors, they are available virtually via email or video chat during the following times this week:

Monday — 3-5 pm
Tuesday — 8-2 pm
Thursday — 8-2 pm

Please email them at: BioPeerAdvising@uwec.edu

Or click below and book a virtual appointment with them via MS Teams!

Click here to request a one-on-one virtual meeting via MS Bookings.

They will answer questions about biology and Pre-Professional health programs; class selection, CampS, and Canvas; choice of majors, understanding your degree, registration, transcripts and more!
You can find previous editions of the newsletter, as well as, more useful information on our UWEC webpage 
*Health Careers Center* and in *Blugold Insider*

If you have any questions, please contact:

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Biology Associate Professor &  
Director-Health Careers Center  
**ANDERJU@uwec.edu**

Lee Miller | USPA  
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**HCC@uwec.edu**  
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