Our Mission: To provide consistent guidance, support, and focused opportunities for prospective, current, and post-baccalaureate students interested in a health professional career.

Vol. 3 Issue 3, February 8, 2021

IMPORTANT NOTICE: DUE TO COVID-19, THE HEALTH CAREERS CENTER, IN SCHOFIELD 30, IS NOT ACCEPTING WALK-INS OR PROVIDING IN-PERSON ADVISING AT THIS TIME. LINKS TO VIRTUAL ADVISING APPOINTMENTS ARE INCLUDED IN THIS NEWSLETTER. IF YOU NEED ASSISTANCE, PLEASE EMAIL HCC@UWEC.EDU.

Exclusive UWEC Student Opportunities-
Graduate and Professional School Visit

VIRTUAL VISIT ON FEB. 11, 4PM

For all pre-chiropractic students interested in learning about Northwestern Health Sciences University, the admissions process, and admissions requirements.

Host: Stephen Nordstrom, Senior Admissions Representative

Join Zoom Meeting:
https://nwhealth.zoom.us/j/4797567267?pwd=cjdNUEVta3drNEp4N21uNG5pM1o1QT09

Meeting ID: 479 756 7267
Many students are not aware that **Ross University** is an option for an excellent medical school education! We have a strong alumni network in Wisconsin with over 114 graduates practicing in the state with students matching into Internal Medicine, Family Medicine and Pediatric Residencies in 2020. We hold a 95.2% first time residency match rate. We also have 1 current student and 4 Ross graduates that attended University of Wisconsin, Eau Claire. The presentation is interactive and will provide tips on interviewing and setting yourself apart from the others.

**Host:** Krystyna Kalata, Associate Director of Admissions

Check your email and future additions of this newsletter for the link to join!

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<table>
<thead>
<tr>
<th><strong>VIRTUAL VISIT ON FEB. 24, 4 PM</strong></th>
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<tr>
<td><strong>For all Pre-Pharmacy students.</strong></td>
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Concordia will be hosting a small presentation about attending and applying at Concordia with a Q/A for students.

**Host:** Nalee Vang, Admissions Counselor

[Click here for more info](www.cuw.edu/pharmacyvisit)

Check your email and future additions of this newsletter for the link to join!

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<tr>
<th><strong>Graduate and Professional School Information</strong></th>
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<td><strong>BIPOC APPLICANT INFORMATION SESSION</strong></td>
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February 17, 2021, 12-1pm

Please join the Office of Admissions for a webinar and Q&A session about our application process and experiences specific to applying as someone who identifies as Black, Indigenous and/or a Person of Color.

More info here: [https://med.umn.edu/informationsessions](https://med.umn.edu/informationsessions)

To join, click here: [https://z.umn.edu/mdadmissions](https://z.umn.edu/mdadmissions)
PHARMACY CAREER EXPLORATION DAY - FEBRUARY 27, 2021

This event is a great opportunity for you to learn about the variety of exciting career paths available to PharmD graduates. In addition, attendees will:

- Get their pharmacy career-related questions answered by practicing pharmacists during our Pharmacist Panel
- Learn what pharmacy school is really like during breakout sessions with current PharmD students
- Find out how UW-Madison's PharmD experiential learning opportunities prepare students for their desired career
- Event Time: 9:30AM - 12:00PM CST

Register for Career Exploration Day Here

SPRING OPEN HOUSES - MARCH 13, OR APRIL 10, 2021

The School of Pharmacy is offering two open houses this semester. The content covered is the same, so choose one that works best for your calendar. These events are designed for anyone interested in exploring the Doctor of Pharmacy program at UW–Madison. The topics to be covered include

- How the UW-Madison PharmD curriculum prepares students for career success, particularly through experiential learning and specialization
- Admissions Overview - Learn about the PharmD admissions process, application timeline, prerequisites, and the selection criteria. Our Admissions Team and Director of Pre-Pharmacy Advising are excited to meet you and answer your questions!
- Student Panel - Our current PharmD students will share what it is like to be a UW-Madison pharmacy student, and will answer questions during a Q&A
- Event Time: 9:30AM - 11:45AM CST

Register for an Open House Event here

More Info here

CONCORDIA, SCHOOL OF PHARMACY

The school of pharmacy at Concordia University Wisconsin is committed to the development of pharmacists who are servant leaders dedicated to providing value-based and patient-centered care that improves the health of rural or urban communities. To assist in your pharmacy school search, they have provided helpful links about Concordia University Wisconsin School of Pharmacy. Your materials include:
• **CUWSOP Brochure:** Contains program overview, curriculum outline, a guide to the admission and application process, and financial aid and scholarship information.

• **Dual Degrees:** Concordia University Wisconsin School of Pharmacy offers three dual degree programs that enable students to earn a specialized master's degree along with their Doctor of Pharmacy degree.
  - PharmD/MBA Business Administration
  - PharmD/MPH Public Healthcare
  - PharmD/MPD Product Development

• **Pre-pharmacy Coursework:** Prerequisite requirements for admission.

• **Application Process:** Our application deadline is June 1, 2021.

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**HEALTH PROFESSIONS COVID-19 RELATED LINKS AND INFORMATION FROM NAAHP**

The National Association of Advisors for the Health Professionals has created a Health Professions COVID-19 Related Links and Information guide of resources for students listed by health profession. Click Here to check it out!

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**HEARTLAND PRE-MED WEBINAR SERIES-OSTEOPATHIC MEDICAL SCHOOLS**

Take an inside look at four of the leading osteopathic medical schools in the nation as A.T. Still University, Des Moines University, Kansas City University and Marian University partner to present this special webinar series for pre-med students. Experts from each university will host in-depth discussions, provide valuable resources to help prepare you for the medical school application and interview process, and highlight the philosophies that make osteopathic medicine unique.

There are more webinars scheduled at this link: [https://www.kansascity.edu/pages/heartland2020](https://www.kansascity.edu/pages/heartland2020)

Feb. 19 – A personal statement workshop, and Mar. – How to get the most out of your application.

Information on how to access the Nov. 11 webinar – Finding clinical experience during COVID, is also at this link.

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**Scholarships**
Qualified students who are enrolled in the spring semester at a UW System school like UW-Eau Claire must work a total of 50 hours in a clinical setting such as a hospital, nursing home, long-term care facility or state or local health care facility between Dec. 1, 2020 and Feb. 1, 2021, to be eligible for the tuition credit.

After working the required hours, students must obtain a verification letter from their employer and submit it to their campus Bursar’s office by March 31, 2021. Attached is additional information including a template for employer letters verifying employment.


GOLD FOR BLUGOLDS!

Health Careers Center scholarships are available now! Go to Gold for Blugolds and click on Scholarship search, read and follow the instructions on how to search and apply for various scholarships. Scholarships available through the Health Careers Center are due by 3/16/2021.

Volunteering & Job Opportunities

VIRTUAL EVENT FOR OUR PRE-HEALTH STUDENTS!

With our physician shadowing opportunities on hold during the pandemic, selected Mayo physicians have agreed to meet with our students, answer questions and share information which may benefit you as a pre-health student.

The event is March 9, 12:15-1pm.

Mayo physicians participating are:

- Meredith Buck, MD, family medicine resident
- Kim Frodl, MD, family medicine
- Jose Ortiz, MD, orthopedics-hand
- Jason Beckermann, MD, general surgeon
- Troy Stoneberg, PAC, orthopedics
- Donn Dexter, MD, neurology

To maintain the timeline of the meeting, questions will be gathered when you register.

Here is a link to register: Mayo Virtual Panel-March 9
<table>
<thead>
<tr>
<th><strong>INNOVATION SPRINT- FEBRUARY 13-14, 2021</strong></th>
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<tr>
<td>We are announcing the first Health Innovation Sprint to be held the weekend of Feb 13-14, 2021! As a participant, you can expect to work remotely in small teams of 3-5 with students and staff from Mayo Clinic and Midwest universities as well as engineers and entrepreneurs from the local Rochester area to come up with a product prototype and/or business plan in the span of 24 hours. The entire event will be held virtually over Remo (see it here at <a href="https://remo.co">https://remo.co</a>). We welcome people of all experiences and skillsets to take part in this first Health Innovation Sprint! Win cash prizes of up to $2,500 judged by a panel of industry professionals! Receive mentorship from industry executives and founders! Hear speakers present on exciting topics in the field of healthcare innovation! Registration is open at <a href="https://connect.mayoclinic.org/page/innovation-sprint/">https://connect.mayoclinic.org/page/innovation-sprint/</a>. Please email <a href="mailto:InnovationSprint@mayo.edu">InnovationSprint@mayo.edu</a> if you have any questions!</td>
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<tr>
<th><strong>MAYO CLINIC GRADUATE SCHOOL OF BIOMEDICAL SCIENCES</strong></th>
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<tr>
<td>You are invited to attend Mayo Clinic Graduate School of Biomedical Sciences information sessions, inside look sessions and Q &amp; A sessions with current students.</td>
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<td>Mayo Clinic Graduate School of Biomedical Sciences offers a unique research environment which encourages intellectual curiosity, academic investigation, and scientific discovery. Students have access to train with over 200 mentor research experts in a variety of basic science and clinical areas. Collaborative interaction is a hallmark of Mayo Clinic's success in scientific discovery and putting the needs of the patient first.</td>
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<tr>
<td>Find more info here: <a href="https://college.mayo.edu/academics/biomedical-research-training/phd-program/virtual-events/">https://college.mayo.edu/academics/biomedical-research-training/phd-program/virtual-events/</a></td>
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<th><strong>DEPART. OF BIOLOGY VIRTUAL 2021 SPRING SEMINAR SERIES</strong></th>
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<tr>
<td>Join the bi-weekly Biology Spring Seminar events!!!! More information will be available in CANVAS.</td>
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A REMARKABLE PATIENT CARE EXPERIENCE OPPORTUNITY FOR UW EAU CLAIRE PRE-HEALTH STUDENTS

The Department of Ophthalmology at Marshfield Clinic-Eau Claire Center is offering great opportunities for the future medical doctors, optometrists, and other healthcare providers at UW Eau Claire to gain first-hand patient care experience as a part-time hourly-paid ophthalmic assistant. In this position, you will take the medical history, perform the initial eye exam, and help the ophthalmologists to care for the patients. In order to fit your school schedule, your working hours will be flexible. During the course, you will gain not only patient care experience, but also remarkable knowledge on eye conditions, and you can even obtain the certificate of ophthalmic assistant/technician.

Currently there are two UWEC students in this special program, Maddy, pre-optometry, and Adam, premed. They both have been greatly enjoying the experience.

Maddy: “This job has provided me with wonderful experiences in healthcare that I would not be able to obtain as an undergraduate student anywhere else.”

Adam: “This experience has taught me a lot: not only about eyes, but also about how I need to think as a doctor. Dr. Chen and the other techs are all great teachers and always willing to help out.”

To apply, please email the following documents to the manager Ms. Brandi Brzezinski at brzezinski.brandi@marshfieldclinic.org

1. Cover letter
2. Resume
3. Transcript
LOOKING FOR VOLUNTEER OPPORTUNITIES?
We have a webpage full of opportunities!!!
Check out our HCC volunteering page HERE!

Clubs and Organizations

PRE-PROFESSIONAL HEALTH CLUB

PPHC dates for Spring semester: February 10, 24, March 10, 24, April 7, 21, and May 5.
New meeting location: Centennial 1804.
Limited availability for in person meeting access, meetings will be held virtually also. Click here to register!

This and That

THE PRINCETON REVIEW FREE OPPORTUNITES
**Health Career Center does not endorse any paid service.

MCAT Week
MCAT Week consists of free, online subject-specific review sessions for G Chem, CARS, Biology, O Chem, Physics and Psych/Soc with our expert instructors. If you're planning on going to medical school, join The Princeton Review for our comprehensive MCAT Week February 8th-12th. See daily schedule and links to register below.

Midwest Grad Test Fest
Planning on going to medical school, law school, graduate school, or business school in the next few years? Midwest Grad Test Fest is for you! See the daily schedule for February 20th - 26th and links to register below.
Test Fest consists of:

Free Practice Virtual Tests - MCAT, LSAT, GRE, & GMAT
After the test, view your detailed interactive score report. Will your score help you get into your dream program? A few more points can make a difference!

Free Webinars
Learn tips and tricks to improve your respective score(s) by attending the events provided during the week.
Understand the process of the MCAT, GRE/GMAT, or LSAT through subject breakdown, mindful strategy, and academic content review. Navigate tough subjects including LSAT Logic Games and GRE/GMAT Quantitative Sections with our experienced instructors.

**MCAT Week Schedule**

<table>
<thead>
<tr>
<th>Date</th>
<th>Subject</th>
<th>Time</th>
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<tr>
<td>Feb. 8, 2021</td>
<td>MCAT O Chem Review</td>
<td>2:00pm EST</td>
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<tr>
<td>Feb. 9, 2021</td>
<td>MCAT CARS Review</td>
<td>5:00pm EST</td>
</tr>
<tr>
<td>Feb. 9, 2021</td>
<td>MCAT Biology Review</td>
<td>8:00pm EST</td>
</tr>
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<td>MCAT Physics Review</td>
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</tr>
<tr>
<td>Feb. 12, 2021</td>
<td>MCAT Psych/Soc Review</td>
<td>2:00pm EST</td>
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**Grad Test Fest Schedule**

**Register directly through the links in the titles below.**

**Free Practice Tests**

*(MCAT, LSAT, GRE, & GMAT)*

**Saturday, February 20th, 2021, All start at 8:30am CST**

Register to take a free online full-length practice test of your choosing with The Princeton Review, in the comfort of your home! Familiarize yourself with the format and the content you’ll see on the actual MCAT, LSAT, GRE, or GMAT and get in-depth feedback on every question with a comprehensive score report that helps you identify areas of improvement and evaluate your current performance.

**LSAT Strategy Session**

**Monday, February 22, 2021, 6pm - 7pm CST**

Join us for the first event of Test Fest! We will go over the Law School admissions process with a focus on the LSAT. Whether it be how the LSAT is scored, when to take it, or how to prepare, our expert will help you understand what you need to do to achieve your educational goals!

**LSAT Logic Games Session**

**Tuesday, February 23rd, 2021, 5pm - 7pm CST**

One of the most challenging subjects in the world of standardized testing is the Logic Reasoning section of the LSAT. Please join us as one of our LSAT experts goes over this section. Be prepared to take notes and learn how to prepare for this portion of the LSAT through effective strategy!

**MCAT Scores Back Session**

**Wednesday, February 24th, 2021, 7pm - 8pm CST**
Maximize the value of your practice test by joining experts at The Princeton Review for an MCAT Scoresback Session! You’ll learn how to best understand everything on your comprehensive score report and how to convert that understanding into positive action to improve your score going forward.

**GRE vs. GMAT Info Session**

**Thursday, February 25th, 2021, 6pm - 7pm CST**

This session will cover some of the most asked questions from students including "What is the difference between the GRE and GMAT?" and "Why should I take one or the other?" If these questions have crossed your mind, be sure to attend this session instructed by one of our most experienced experts as they also go over general information for both tests!

**GRE/GMAT Math Bootcamp**

**Friday, February 26th, 2021, 1pm - 3pm CST**

We will be concluding Test Fest with a Math Bootcamp that covers the quantitative sections of both the GRE and GMAT. This is a great resource for students who have identified quantitative aspects of both tests as an area for improvement. Our experienced instructor will provide general strategies to help breakdown cluttered quantitative questions and help you discern the important information to make the correct choice.

**HEALTH CAREERS CENTER LENDING LIBRARY IS AVAILABLE**

If you are looking for study materials, or resource material, you are welcome to check out our books! Whether you are taking the DAT, MCAT, OAT, PCAT or GRE, we have a free lending library available to Pre-Health Students, you do not even need a library card! Our library also includes general reference, application, and study guides. We just ask that you sign out the book you want and return it when finished. You can use the books as long as you need!

Due to COVID, we have revised our check out procedure. Please email HCC@uwec.edu to reserve your book, the book will be prepared for you, and a time will be arranged to pick up the material. Currently, the Health Careers Center is not accepting walk-ins to check out books.

**Lending will be available again starting on Friday, January 8, 2021.**

View the materials to be borrowed here!

**VIRTUAL ADVISING WITH DR. ANDERSON!**

Dr. Anderson is taking virtual appointments for advising! She is available via-phone, or virtually via MS Teams.

Click here to schedule an appointment
PRE-HEALTH/BIOLOGY PEER ADVISING

If you need any assistance from Caterra and Tiffany, our peer advisors, they are available virtually via email or video chat during the following times this week:

Monday — 3-5 pm  
Tuesday — 8-2 pm  
Thursday — 8-2 pm

Please email them at: BioPeerAdvising@uwec.edu

Or click below and book a virtual appointment with them via MS Teams!

Click here to request a one-on-one virtual meeting via MS Bookings.

They will answer questions about biology and Pre-Professional health programs; class selection, CampS, and Canvas; choice of majors, understanding your degree, registration, transcripts and more!

You can find previous editions of the newsletter, as well as, more useful information on our UWEC webpage  
Health Careers Center and in Blugold Insider

If you have any questions, please contact:

Dr. Julie Anderson  
Biology Associate Professor &  
Director-Health Careers Center  
ANDERJU@uwec.edu

Lee Miller | USPA  
Health Careers Center  
Institute for Health Sciences  
MILLELEE@uwec.edu

Or Contact the Health Careers Center  
HCC@uwec.edu  
715-836-5966