spring 2021 GROUP EXERCISE starting Feb. 1

- **Sun:**
  - Cycling 5pm Hilltop Cycling Abbie O.
  - Yoga 6pm Hilltop Studio Maggie

- **Mon:**
  - Strength + Tone 6am McPhee 111 Grace
  - Butts + Guts 12pm Hilltop Studio Erin
  - Strength + Tone 5pm Hilltop Studio Abbie O.
  - Cycling 5:15pm Hilltop Cycling Emma
  - Barre Fit 6:30pm Hilltop Studio Olivia
  - Cycling 7:15pm Hilltop Cycling Jackie
  - Yoga 8pm Hilltop Studio Kelsey
  - Zumba 8pm McPhee 111 Jordan

- **Tues:**
  - Yoga Sculpt 5pm McPhee 111 Abby S.
  - Bodyweight Cardio 5pm McPhee 111 Abby S.
  - Cycling 5:15pm Hilltop Cycling Abbie O.
  - Pilates/Yoga Strength 6:30pm Hilltop Studio Abbie O.
  - Zumba 7pm McPhee 111 Hanna
  - Cycling 7:15pm Hilltop Cycling Meg
  - Yoga 8pm Hilltop Studio Maggie

- **Wed:**
  - Bootcamp 6am McPhee 111 Abby S.
  - Strength + Tone 12pm Hilltop Studio Erin
  - Barre Fit 5pm Hilltop Studio Olivia
  - Cycling 5:15pm Hilltop Cycling Jackie
  - Dance Strength Fusion 6:30pm Hilltop Studio Morgan
  - Body Weight Conditioning 7pm McPhee 111 Erin
  - Cycling 7:15pm Hilltop Cycling Meg
  - Yoga 8pm Hilltop Studio Maggie

- **Thurs:**
  - Strength + Tone 6am McPhee 111 Grace
  - Yoga Sculpt 5pm ZOOM only Savy
  - Strength + Tone 5pm McPhee 111 Abby S.
  - Cycling 5:15pm Hilltop Cycling Jackie
  - Zumba 6:30pm Hilltop Studio Hanna
  - Cycling 7:15pm Hilltop Cycling Emma
  - Yoga 8pm Hilltop Studio Kelsey

- **Fri:**
  - Bodyweight Cardio 8am McPhee 111 Grace
  - Yoga 12pm Hilltop Studio Kelsey
  - Zumba 3:30pm Hilltop Studio Kayla
  - Cycling 4pm Hilltop Cycling Emma

- **Sat:**
  - Cycling 10am Hilltop Cycling Meg

All classes are free and require a reservation.
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