

Pre-Chiropractic

The primary focus of chiropractic is the relationship of the neurological and structural systems of the body as they relate to health. The responsibilities of a Doctor of Chiropractic include wellness promotion, health assessment, diagnosis and the chiropractic management of the patient's health care needs. When indicated, a Doctor of Chiropractic consults with, co-manages, or refers to other health care providers.

Pre-chiropractic is a program of study, not an academic major. No specific academic major is required in the pre-chiropractic program. The majority of students will choose one of the following majors to complete their pre-chiropractic requirements:

- Kinesiology comprehensive major with emphasis in Rehabilitation Science or Exercise Science
- Biology standard major

Admission Requirements:

- A minimum of 90 semester hours of college education (Bachelor's degree with any major from an accredited institution is required to practice in many states)
- A minimum of 24 credits in Life and Physical Science courses and at least half of these courses must have a lab component.
- Completion of all prerequisite courses
- Competitive overall and science GPAs (3.0 overall average for those accepted)
- Competitive Graduate Record Exam (GRE) score (required for some programs)
- Observation or work experience with a licensed chiropractor
- Letters of recommendation
- Completed application with Chiropractic Centralized Application Service (ChiroCAS) (for some programs)
- Face-to-face interview required by many programs

Suggested Pre-Chiropractic Courses: (Admission requirements and prerequisites may differ from school to school so it is important to check with schools for specific requirements.)

Courses	Required Credits	Suggested UWEC Courses
English	6 credits	WRIT 116
Biology	6 credits w/lab	BIOL 214 & 314 (8cr) or BIOL 221 & 222/223
Chemistry	12 credits; at least 6 cr with lab	CHEM 105 & CHEM 106 & CHEM 109 (8-9cr); CHEM 325 (4cr)
Physics	6 credits w/lab	PHYS 211 & KINS 304 (Biomechanical), KINS 308 (Exercise Phys) or Math 246
Psychology	3 credits	PSYC 100 (3cr)
Social Science or Humanities	15 credits	LE courses

Non-Academic Considerations: Applicants must provide evidence of ability to communicate, relating with others, involvement in extracurricular activities, character, integrity, emotional stability, and motivation for chiropractic. The strongest applicants have experience volunteering or working with a chiropractor.

Graduate Record Exam (GRE): This standardized exam is required for admission to some chiropractic programs. The exam consists of 3 sections, Verbal Reasoning, Quantitative Reasoning and Analytical Writing. It

is often taken in the spring semester or summer following the junior year. Go to: <http://www.ets.org/gre> for more information on the GRE.

Suggested Pre-Chiropractic Curriculum: The following program is suggested for a student in any major. It is important that students work with a pre-chiropractic advisor each semester. This is one example of how the pre-Chiro courses can be arranged. They do not necessarily need to be taken in this exact order, and certain majors will require taking them in a different order. Work closely with your major and pre-Chiro advisor to determine the best order for you and your major.

Freshman year – Fall Math* Writ 116 Chem 105 + 106 LE and major courses	Freshman year – Spring Math Phys 211 Chem 109 Kins 294 LE and major courses
Sophomore year – Fall Biol 214 Psyc 100 Kins 304 or 308 LE and major courses	Sophomore year – Spring Biol 314 Additional science LE and major courses
Junior year – Fall Chem 325 LE and major courses	Junior year – Spring LE and major courses (Apply to chiro programs in summer)
Senior year – Fall Complete Major/Minor/LE Additional recommended courses	Senior year – Spring Complete Major/Minor/LE Additional recommended courses

*Beginning course in mathematics depends on UWEC Mathematics Placement Exam score

UWEC Pre-Chiropractic Advisors:

Ms. Michelle Mattes, mattesm@uwec.edu

Dr. Marquell Johnson, johnmarq@uwec.edu

Dr. Saori Braun, braunsi@uwec.edu

See a Life & Health Science Advisor in the Advising, Retention and Career Center

More Information:

- Northwestern Health Sciences University www.nwhealth.edu
- Palmer College of Chiropractic www.palmer.edu
- National University of Health Sciences www.nuhs.edu/admissions/chiropractic-medicine
- Logan University www.logan.edu
- LIFE University www.life.edu
- For a list of chiropractic programs www.cce-usa.org or www.chirocolleges.org
- Learn more about chiropractic medicine www.acatoday.org

Visit the *Health Careers Center* in Schofield Hall 30 or at uwec.ly/hcc and join the *Pre-Chiro Club* to learn more about healthcare, professional school applications, and pre-chiropractic opportunities.

