“It’s a constant push and pull”: Conceptualizations of Youth among Young Hmong American Women

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Social Work

Wednesday
October 21, 2020
12:10 - 12:50 p.m.
Live Stream via Bluejeans
https://bluejeans.com/423584021

In Hmong American communities, the concept of *ib tug hluas* (youth) refers to more than biological age. Rather, *ib tug hluas* reflects a range of cultural, social, and linguistic nuances. This presentation describes what is means to be *ib tug hluas* among young Hmong American women, focusing on the complexities, intersections, and self-determination of lived experiences.