CREATE-YOUR-OWN ENTREES

BLUGOLD BREAKFAST PLATE (303-513 calories) $4.89
CHOOSE 1 MEAT
- Bacon, Ham, Pork Sausage or Turkey Sausage

CHOOSE YOUR EGGS
- Over Easy, Over Medium, Over Hard, Scrambled or Sunny Side Up

CHOOSE YOUR TOAST
- White, Wheat or Cinnamon Swirl

Served with Hash Browns or Breakfast Potatoes or Whole Fruit

BLUGOLD BREAKFAST PLATE (353-723 calories) $4.39
CHOOSE 3 TOPPINGS
- Meat: Bacon, Ham, Sausage, Vegetarian Crumbles
- Vegetables: Green Peppers, Mushrooms, Onions, Spinach, Tomatoes
- Cheese: American, Cheddar, Feta, Mozzarella, Swiss
- Other: Sausage Gravy, Tofu

Finished with Hollandaise Sauce and Served with Hash Browns or Breakfast Potatoes

BREAKFAST SANDWICH (378-557 calories) $2.99
CHOOSE YOUR BREAD
- Biscuit, Brioche or English Muffin

CHOOSE 1 MEAT
- Bacon, Canadian Bacon, Ham or Sausage

CHOOSE 1 CHEESE
- American, Cheddar or Swiss

OMELETS

CREATE-YOUR-OWN OMELET (285-699 calories) $4.09
CHOOSE 3 TOPPINGS
- Meat: Bacon, Ham, Sausage, Vegetarian Crumbles
- Vegetables: Green Peppers, Mushrooms, Onions, Spinach, Tomatoes
- Cheese: American, Cheddar, Feta, Mozzarella or Swiss
- Other: Hollandaise Sauce, Sausage Gravy, Tofu

Served with Hash Browns or Breakfast Potatoes or Whole Fruit

CHEESE OMELET $4.09
CHOOSE 1 CHEESE
- American, Cheddar, Feta, Mozzarella or Swiss

EGG WHITES $1.00
- Substitute Egg Whites in any Omelet

EXTRA OMELET TOPPINGS
- Meat: Bacon, Canadian Bacon, Ham, Sausage, Vegetarian Sausage
- Vegetables: Green Peppers, Mushrooms, Onions, Spinach, Tomatoes
- Cheese: American, Cheddar, Feta, Mozzarella or Swiss
- Other: Hollandaise Sauce, Sausage Gravy, Tofu

SIDES

PANCAKES (227 calories) $3.19
- (400 calories) $1.99

BISCUIT & SAUSAGE GRAVY (270 calories) $2.99

HASH BROWNS OR BREAKFAST POTATOES (100-130 calories) $1.79
- (78 calories) $0.79

EGGS YOUR WAY $1.09
- Over Easy, Over Medium, Over Hard, Scrambled or Sunny Side Up

MEAT
- Ham, Sausage, Bacon or Turkey Bacon

TOAST $0.69
- White, Wheat or Cinnamon Swirl

BISCUIT, BROICHE OR ENGLISH MUFFIN $0.99
- (110-220 calories)

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Order Here

GF Gluten-free pancakes and toast available upon request.