Joint Video Self-Modeling as a Conversational Intervention for an Individual with Traumatic Brain Injury and His Everyday Partner: A Pilot Investigation

Clinical Archives of Communication Disorders

Individuals with traumatic brain injuries have impairments to self-regulation and social communication that strain relationships. This often results in a decline in social networks and challenges within spousal partner relationships. Given concomitant impairments to self-awareness and memory, simply confronting individuals with impairments that contribute to such challenges is not often productive. Video self-modeling is a technique used to provide visible, tangible evidence of what they do well and what could improve. Conducting such training in the context of real exchanges with their close, everyday partners improves their ability to identify successes and challenges, ultimately supporting positive change in social communication.