

University of Wisconsin- Eau Claire Nursing Alumni Newsletter

Greetings from the Dean

College of Nursing and
Health Sciences (CONHS)



Greetings Nursing Alumni and Friends of the Nursing Program.

In this edition of the newsletter, you will read about many of the highlights and accomplishments of our College from this past

year. In particular, we have been leading efforts to recruit and retain nurse educators in Wisconsin so that we can continue to provide quality education to students in our undergraduate and graduate programs. Through a \$3.2 million UW System Economic Development Incentive Grant, UW-Eau Claire is heading up the *Nurses for Wisconsin Initiative* to address the nursing

faculty shortage.

We also are continuing to enroll students in our traditional and BSN completion undergraduate nursing programs, as well as our master's degree (nurse educator role preparation) and doctor of nursing practice (DNP) programs. A new curriculum was rolled out for the traditional undergraduate program in January 2014 and a new curriculum will be implemented this Fall 2014 for the BSN completion students.

We expanded multicultural clinical immersion opportunities to include a clinical experience in El Salvador for our traditional undergraduate program and experiences at Rosebud Indian Reservation in South Dakota for our BSN completion students. The last cohort of MSN students with NP, CNS, or nurse administrator role preparations graduated in May 2014. Those role prepara-

tions are now part of the BSN-to-DNP program. Through a HRSA Advanced Education Nursing Traineeship grant, funds are available for 2014-2016 to support full-time post-baccalaureate DNP students with an adult-gerontology primary care or family NP role focus.

Besides highlighting our various programs, we are using this newsletter to invite you to our annual **Nursing Alumni Walk** scheduled for **Saturday October 4, 2014**. Please come to enjoy the camaraderie of the walk and the many other activities planned for the UWEC Homecoming weekend. Always feel welcome to stop in for a visit or e-mail us at nursing@uwec.edu. We hope to see or hear from you soon.

Warmly,
Linda K. Young, PhD, RN, CNE, CFLE
Dean, Professor

nursing **AND** career opportunities

. . . . Come Teach with Us at UW-Eau Claire

Tenure-track (probationary) faculty positions are available at all ranks, as well as instructional academic staff positions. Appointments are for nine months with the possibility of summer contracts. Priority areas of expertise include:

The Power of

AND

- **Advanced Practice Nurse Practitioner: Adult-Gerontology** with certification and prescriptive authority.
- **Advanced Practice Nurse Practitioner: Family** with certification and prescriptive authority.
- **Gerontology Clinical Nurse Specialist.**
- Applicants with other clinical practice and or scholarship expertise may be considered.

For more information about these positions, please contact Dr. Cheryl Brandt, Chair of Search and Screen Committee, at 715-836-4024 or brandtcl@uwec.edu. Also visit the web site: www.uwec.edu/employment. Please see *Nurses for Wisconsin* (next page).

Nurses for Wisconsin

During the spring 2013 semester, Dean Linda Young, Dr. Susan Moch, and Ms. Jan Adams applied for and received a UW System Growth Agenda for Wisconsin grant pertaining to *Identifying, Recruiting, and Retaining Nurse Educators in Wisconsin*. The grant enabled UW-Eau Claire to sponsor a workshop in September 2013 that brought together deans, chairs, and faculty from the various UW System nursing programs to brainstorm ideas for faculty recruitment and retention.

Participants were treated to a talk by the author, humorist, musician, and 1987 BSN alumnus, Michael Perry, who addressed "Unexpected Applications in Nursing." The keynote speaker for the workshop was Dr. Barbara Pinekenstein, President of the Board for the Wisconsin Center for Nursing, who presented "The Wisconsin Nursing Workforce: Challenges and Opportunities."

Spurred on by the workshop, Dean Young and Ms. Adams, along with the UW-Madison, UW-Milwaukee, and UW-

Oshkosh nursing programs, applied for a UW System Economic Development Incentive Grant. With UW-Eau Claire as the lead, the four nursing programs received \$3.2 million for the *Nurses for Wisconsin* initiative to address the nursing faculty shortage. The 2013-2015

commit to the equivalent of three years of full-time faculty employment at a UW system nursing program.

According to statistics from the Wisconsin Center for Nursing, the average age of a nursing faculty member in Wisconsin is about 58 years and approximately 60% of faculty members plan to retire within the next 10 years. Thus, efforts such as the *Nurses for Wisconsin* initiative are desperately needed to deal with the



initiative supports three areas of funding in nursing education: 1) pre-doctoral fellowships that provide for an award of up to \$43,000/year inclusive of tuition, fees, and a cost-of-living stipend for PhD and DNP students; 2) post-doctoral fellowships that provide for one or two years of funding consisting of a \$60,000/year stipend award plus fringe benefits for PhD or DNP postdoctoral students; and 3) faculty loan forgiveness which repays up to \$50,000 of a new PhD or DNP faculty member's student loans. To receive these funds, the recipients must

current and growing nursing faculty shortage.

At this time, UW-Eau Claire is particularly interested in hearing from doctorally prepared individuals for the faculty loan forgiveness opportunity.

For more information regarding *Nurses for Wisconsin*, please contact Dr. Elaine Wendt, PhD, RN, the project coordinator, at wendtle@uwec.edu or 715-836-5005. Visit the *Nurses for Wisconsin* website at www.nursesforwisconsin.org.

HRSA Funding Support for Graduate NP Education Available

Through a Health Resources and Services Administration (HRSA) Advanced Education Nursing Traineeship grant, funds are available for 2014-2016 to provide support for tuition, textbooks, and reasonable living expenses for full-time post-baccalaureate DNP students with an NP role preparation (Adult-Gerontology Primary Care or Family) at UW-Eau Claire. Goals include increasing the number of primary care NPs in the region. Current and prospective full-time BSN-to-DNP NP students at UWEC are encouraged to contact Dr. Debra Jansen for more information (jansenda@uwec.edu; 715-836-5183).

Remembering Tina Emerson



Ms. Tina Emerson, a clinical instructor with us since fall 2013, passed away on April 20th after a long illness. Ms. Emerson had been teaching in undergraduate classes, including pharmacology for our sophomore students, and also advising several pre-nursing students. Besides being a big Packer fan, she loved to sing and was a member of her church choir.

Prior to joining us at UW-Eau Claire as a clinical instructor, Ms. Emerson had been the director of nursing at the Spring Valley Health and Rehabilitation Center in Spring Valley. She received her Master of Science in Nursing degree from UW-Eau Claire. Her family had expressed that teaching the students at UW-Eau Claire had been one of her dreams.

Special Thanks to Clinical Agencies and Preceptors!!



We would like to extend our gratitude to the many health care agencies and individuals and preceptors at those agencies for the wide array of rich clinical opportunities they have provided for our undergraduate and graduate students. We would not be able to offer our programs without their continued support.

A special thank you goes to Mayo Clinic Health System-Eau Claire this academic year for launching a clinical academic pilot to provide clinical instruction. By all evaluations, this has been a great success thus far. They join Ministry Saint Joseph's Hospital and Aspirus Wausau Hospital in supporting our clinical academic partnerships.

Thank You!

Confluence Sculpture

On October 8, 2013, just days before our Nursing Alumni Walk, we were gifted with a work of art with historic significance. The hanging wood sculpture, *Confluence*, now resides in the main stairwell near the front lobby area of the Nursing Building.



The sculpture was created in 1991 by Robert T. Leverich from wood from the original Council Oak Tree. The sculpture had been commissioned by the University Foundation for the 75th anniversary of the University. It originally hung in the front

stairwell of Schofield Hall. With its new location, the sculpture now overlooks the current Council Oak Tree growing just north of the Nursing Building.

The original Council Oak Tree was where the Ojibwe and Dakota tribes had met to make peace in the 19th century after 150 years of war. Over the years, graduating nursing



students had been known to hang their uniforms from the tree as an informal part of graduation week. The tree was rather severely damaged by a lightning strike in 1966 and finally came down in a windstorm in 1987.

Honors, Recognitions, and Awards

We are proud of the excellence demonstrated by our students, faculty, and staff in our College of Nursing and Health Sciences, as well as our alumni. Highlights of the many who were recognized this past year include:



Dr. Norah Airth-Kindree, Assistant Professor, in collaboration with Ms. Margie Buchholz, a public health nurse with the Eau Claire City-County Public Health Department, received the 2013 Academic Linkages Mary Adelaide Nutting Award. The

award presentation occurred last August at the Annual Public Health Nursing Conference held in Stevens Point. The two were honored for their work in providing meaningful public health clinical experiences for BSN completion students. They also developed a "Professional Code for Clinical Expectations," a contract that outlines for students requirements and assumptions related to schedules, ethics, behaviors, and professional conduct while completing their clinicals. The award was sponsored by the Wisconsin Public Health Association, Public Health Nursing Section, and is meant to honor a public health nurse, supervisor, local or tribal health department manager, or academic faculty person who demonstrates exemplary linkages between academia and practice.

Five faculty and instructional academic staff members were honored with awards from the College in August at the start of the 2013-2014 academic year. **Dr. Cheryl Brandt** received the Rita Kisting Sparks Faculty Service Award; **Dr. Susan Moch** the Suzanne Van Ort Award for Faculty Creativity and Scholarliness; **Ms. Mary Gigstad** and **Ms. Tari Kennedy** the Ihle Family Award for Caring; **Ms. Diane Marcyjanik** the Patricia M. Ostmo Award for Faculty and Academic Staff Excellence in Clinical Instruction; and **Dr. Debra Hofmann** the newly created Susan Peck Holism and Integrative Therapies Service Award.

Dr. Rita Sperstad, **Dr. Angela Stombaugh**, **Dr. Arin VanWormer**, and their colleagues in the library (Mr. Eric Jennings, Mr. Hans Kishel, and Mr. Brian Vogh) received the 2014 Wisconsin Association of Academic Librarians (WAAL)

Information Literacy Award for their project and presentation, *Scaffolding Student Learning in Nursing*, at the WAAL annual spring conference in Wisconsin Dells.

Dr. Debra Hofmann, **Dr. Rosemary Jadack**, **Ms. Lorraine Smith**, and "All Faculty and Staff of the Bachelor of Science in Nursing Completion Program" received Concern for Adults Returning to Education (CARE) certificates of appreciation from the Eau Claire Non-traditional Student Services Office.

A number of promotions occurred in August 2013: **Dr. Mary Canales** was promoted to Professor and received tenure; **Dr. Angela Stombaugh** was promoted to Associate Professor and received tenure; **Dr. Josephine Arriola** was promoted to Clinical Assistant Professor (but will return this fall in a tenure-track line as she applied for and received an Assistant Professor position); and **Dr. Jill Hecker Fernandes** was promoted to Clinical Assistant Professor.

Dr. Mary Canales, in collaboration with colleagues at Feed My People Food Bank and UW-Extension, received an award from the Wisconsin Partnership Program of the UW-Madison School of Medicine and Public Health for their proposal, *Changing Views of Hunger: One Community at a Time*. UW-Eau Claire received \$20,617 of the two-year \$50,000 development grant. The award enables Dr. Canales and colleagues to continue their collaborative research project on food insecurity and hunger in Eau Claire County. Dr. Canales has been serving as one of UW-Eau Claire's Equity, Diversity and Inclusivity (EDI) fellows.

Dr. Lisa Schiller received an award of \$8,749 from the Wisconsin Department of Public Health for the project, *Partners in Health and Safety*. The goals of the project are to increase cultural competence among nursing undergraduate students, promote agricultural health and safety, and provide immunizations and health screenings for farm workers in Buffalo and Pepin counties.

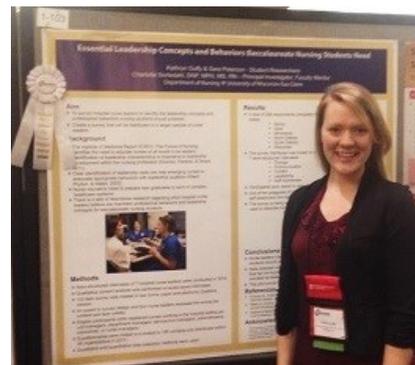
Dr. Debra Jansen received notice of a two-year HRSA Advanced Education Nursing Traineeship award, with first year funding of \$349,977 with an anticipated total funding over the two years of \$699,953 subject to funding availability and progress, to provide tuition, book, and reasonable living expense support for

full-time post-baccalaureate DNP students with an NP role preparation.

Dr. June McLachlan, a 2012 graduate of our DNP program, has just been appointed to the Minnesota Board of Nursing by Governor Mark Dayton.

Laura Kane, a 2011 BSN graduate, received a Minneapolis/St. Paul Magazine Outstanding Nurses Award.

Ms. Kathryn (Kate) Guffy, a May 2014 graduate of our traditional undergraduate nursing program, received an honorable mention for the poster she created (under the mentorship of **Dr. Charlotte Sortedahl** and with fellow student, **Sara Peterson**), *Essential Leadership Concepts and Professional Behaviors Baccalaureate Nursing Students Need*, for the Midwest Nursing Research Society (MNRS) Annual Conference held in St. Louis, Missouri. Her poster was part of the BSN student poster competition.



Diane Sanchez, a May 2014 graduate, along with **Kathryn Hankins** and **Acacia Crow**, senior nursing students, and a biology pre-med student presented a poster on their research on barriers and facilitators of advance directives in minority groups at the 7th Annual Conference on Health Disparities held November 2013 at St. Thomas, U.S. Virgin Islands. They were under the mentorship of Dr. Susan Moch.



From Left: Diane Sanchez, Acacia Crow, & Kathryn Hankins.

Recognitions (Continued)

The Eau Claire Student Nurses Association (ECSNA) Members of ECSNA at the Eau Claire campus were actively involved in a number of fundraising and community events. Some of these included a bone marrow drive for Be the Match Foundation, a food drive for Feed My People, and a blood drive. They helped to provide vision, BMI, height/weight, and BP screenings for a health clinic, in addition to other BP screening events, assisted with Camp Warrior for student veterans, and conducted bake sales to raise funds for the Chippewa Valley Free Clinic. Plus, ECSNA members participated in Relay for Life and the Shamrock Shuffle, and presented for local high schools. They also collected monetary donations, baby clothes and supplies, personal hygiene items, and winter coats for the people at Rosebud Indian Reservation. Additionally, members rang bells in support of donations to the Salvation Army, besides donating toys and funds to the organization. Like their peers at the Marshfield Site, this was in addition to numerous activities aimed at supporting fellow nursing students, such as hosting speakers, socializing with and providing pizza for incoming students, and selling stethoscopes and apparel to new and current students.



Members of the Eau Claire ECSNA at the Wisconsin Student Nurses Association Convention, including Lorin Divine, Erin Stone, Emma Janke, Melissa Finley, Shannen Ohman, & Michelle Markwardt.

Similarly, the Marshfield Site ECSNA participated in multiple community service events and outreach projects including raising funds to take part in the American Heart Association Heart Walk. The different nursing class cohorts in Marshfield competed in a Band-Aid drive for the Child Life Specialists at Ministry Saint Joseph's Hospital to enable pediatric patients to choose a fun Band-Aid following procedures. Groups also volunteered at blood drives and a soup kitchen, and packed meals for Feed My Starving Children. With the assistance of a Pampered Chef Fundraiser and the re-opening of the snack shop in the student lounge, ECSNA was able to sponsor five members for the Wisconsin Student Nurses Convention. They also assembled donations to make Easter Baskets for clients at an abuse shelter. The board hosted dialogues with a car accident survivor, nurse practitioner, and flight nurse. Additionally, members held a food drive and volunteered in negative 20 degree Fahrenheit weather to collect donations and welcome guests to the Rotary Winter Wonderland light show. It was a cold night, but the community's generosity was heart-warming.

ECSNA definitely had a busy year in Eau Claire and in Marshfield and contributed much to the communities!



Members of the Marshfield Site ECSNA volunteering for Rotary Winter Wonderland, including John Springer, Elizabeth Farley, Breanna Riegert, and Emilee Thomson.

Transitions

We said goodbye to a few members of our College who retired from the University this past year or moved on to other positions.

Dr. Kimberly Radtke, Assistant Professor at our Marshfield Site, joined our faculty in January 2013; she has now taken a nurse practitioner position at Ministry Saint Joseph's Hospital in Marshfield. **Ms. Ruth Diestelmeier**, Clinical Instructor, retired in May after teaching with us since 2008. She is planning to do some traveling with her husband. **Ms. Noreene Blomster**, University Services Associate for Post-Licensure Programs, retired in July after many years with the College/School. She now will have more time to spend with her granddaughter. We also experienced the loss of **Ms. Tina Emerson**, Clinical Instructor, in April (please see article). All are missed and we wish them the best. We invite everyone to keep in touch with us.

Besides saying goodbye to some people, we also welcomed others. **Ms. Pamela Johnson**, Clinical Instructor in Eau Claire, and **Ms. Deb Wendorf** and **Ms. Vickie Zietlow**, Clinical Instructors at our Marshfield Site, began teaching with us in August 2013. **Ms. Melissa Gullickson**, University Services Associate for Pre-Licensure Programs, joined us at the end of July 2013. **Dr. Josephine Arriola** had been teaching with us as a Clinical Assistant Professor but will return this fall as an Assistant Professor in a tenure-track position.

We further welcome **Dr. Mohammed Alasagherin** and **Dr. Der-Fa Lu**. They will be joining us as Assistant Professors this August 2014.

Studying Abroad in Harlaxton, England

Through some rather creative arrangements and fortunate circumstances in recent years, first semester seniors have the opportunity to study abroad in Harlaxton, England during fall semesters without extending their programs. Kelly Frei, Bethel Moore, and Jordyn Schemenauer are three recent graduates who studied in Harlaxton, England in Fall 2013. Typically, undergraduate nursing students wishing to study abroad for a full term have faced the often less than preferred prospect of adding an extra semester on to their programs. This occurs because of the difficulty of finding similar nursing courses in the other country to substitute for the missed UW-Eau Claire classes.

For the Harlaxton opportunity, the students enroll in nursing courses offered by the University of Evansville, Indiana; at the same time, some of the UW-Eau Claire nursing content and courses are shifted to the winter and spring terms. Students take the Evansville courses at Harlaxton Manor (see photo), a castle-like estate built in the 1800s and located about an hour north of London. The Evansville courses are offered online and via distance education technologies, and through University of Evansville nursing faculty at the site. These courses are used in place of some of those required at UW-

Eau Claire. A clinical course enables the students to observe in public health, hospice settings, and public and private hospitals, including the Queen's Medical Centre, a large teaching hospital in Nottingham. Two British studies courses taught by British professors, some of whom live in the manor house, enable the students to learn about the history, arts, literature, politics, and economics of the region. Many of the students and faculty live in the manor house; others live in a carriage house on the manor grounds.

The courses are scheduled online or else Mondays through Wednesdays to encourage travel opportunities during the rest of the week and weekend. For instance, the British studies courses required field trips to a workhouse in Southwell (similar to that described by Charles Dickens in *Oliver Twist*); St. Paul's Cathedral and various art museums in London; and a castle, Roman ruins, and a cathedral in Lincoln. Besides traveling throughout England, the three students collectively traveled to Wales, Scotland, Ireland, Poland, France, Italy, Spain, Austria, and Hungary.

Although they met people from throughout the United Kingdom and Europe, they were surprised by how much they learned, particularly related to cultural

variances, from other students from different regions of the U.S. They joked about being laughed at and teased because of their accents and dialect. The students also were surprised by how dissimilar in many respects the British healthcare system was to that in the U.S. For instance, patient beds were arranged in rows in hospital wards and paper charting was the norm, rather than electronic charting, even in the very large hospitals. Nurses also tended to have less autonomy and performed more basic assessments, as nurses did not utilize stethoscopes; however, the nurses placed greater emphasis on skin care and preventative care. The English nursing students also specialized early on in their programs, choosing one area from among three categories: general adult health, mental health, or pediatric nursing. They did not learn about all areas of nursing as is the case in the United States; however, each of the emphases included a focus on public health. The three UW-Eau Claire students noted how they learned considerably about the U.S. healthcare system through the process of comparing the British system to that of the U.S., as part of the Evansville courses.

Some of the most memorable aspects of the experience related to their travels, both the good and the bad. For instance, although they missed the fall snowstorms that blanketed Wisconsin last fall, they did get caught in "Megastorm St. Jude," a late October massive rain and wind storm that shut down transportation in much of the United Kingdom. The students ended up stranded in a train station all day, along with thousands of other people.

The three students, however, found the most difficult aspect of the study abroad experience to be the exhaustion they underwent—but it was exhaustion "in a good way, not a bad way." They were determined to make the most of the experience and thus traveled every weekend after diligently studying and attending classes and clinicals during the first part of the week. One of the students described averaging about four hours of sleep/night during the entire study abroad term. Interestingly, they didn't use their cell phones while abroad (due to



Kelly Frei, Jordyn Schemenauer, and Bethel Moore in front of Harlaxton Manor (photo by J. Schemenauer).

(continued on page 7)

Studying Abroad in Harlaxton, England (Continued)

the added expense of activating them for overseas use) and found they could live without them (they had to transition back to using them when they returned).

As is often noted regarding study abroad experiences, the three felt studying in Harlaxton did indeed change them. Upon their return, they observed in themselves (sometimes after others pointed it out) an increase in confidence and greater calmness—they felt more flexible and less likely to “get bent out of shape” about small things. They learned to problem solve with limited resources and found it liberating to plan out trips and actually embark on those travels. To that end, spurred on by their experiences in Harlaxton, Kelly plans to continue to travel and explore opportunities, “to get out more and try out new things.”

The three believed future students should not “worry about what you think you may be missing” while away. They had no difficulty adjusting to classes and clinicals at UW-Eau Claire upon their return. All three felt being abroad was, as Bethel indicated, well “worth every cent you do or don’t have. You gain so much.” As Jordyn noted, “Harlaxton is a magical place where you form bonds and experience things you wouldn’t otherwise have been able to experience. That kind of magic doesn’t leave you.”



Photo: Bethel Moore and Jordyn Schemenauer with an early simulation manikin at Stamford and Rutland Hospital Medical Museum in Stamford, England (photo by J. Schemenauer).

Highlights from the 2013 Nursing Alumni Walk

Our 13th annual Nursing Alumni Walk held on Saturday morning, October 12 was a well-attended event. Our new chancellor, Dr. James Schmidt, and his wife and two of his children attended the walk and breakfast. He provided greetings and Dean Linda Young gave an update regarding the College, including the acquisition of the Confluence sculpture (see article). She also invited attendees to tour our newly created Pre-Licensure Advising Center to assist pre-nursing and nursing majors in our traditional undergraduate nursing program and our new Post-Licensure Center to help students in the

BSN Completion and nursing graduate programs.

Dr. Shelley-Rae Pehler and Ms. Catherine Berry led the walk. Among the 56 attendees (see photos), individuals were present from the classes of 1969, 1970, 1973, 1975, 1976, 1979, 1982, 1983, 1989, 1998, 1999, 2001, 2005, 2008, 2009, 2012, 2013, and 2016. Members of the Eau Claire Student Nurses Association (ECSNA) also were there and used the event to raise funds to benefit the Chippewa Valley Free Clinic.

Catherine Berry, Carmike Theaters, E. O. Johnson Office Technologies, Eau Claire Student Nurses Association, Festival Foods, Fleet Feet, Gordy’s County Market, Green Bay Packers, Lee’s Uniform Center, Mayo Clinic Health System-Eau Claire Nursing Administration, May’s Floral Garden, Menards, Milwaukee Bucks, Oak Leaf Surgical Hospital-Administration Office, RCU, Sacred Heart Hospital, St. Joseph’s Hospital-Chippewa Falls, St. Joseph’s Hospital Home Health Care-Chippewa Falls, Sodexo Dining Services, UW-Eau Claire Activities, Involvement & Leadership, UW-Eau Claire Alumni Association, UW-Eau Claire Bookstore, UW-Eau Claire Continuing Education, UW-Eau Claire Foundation, Dean Linda Young, and Xcel Energy. Mark your calendars for the next homecoming walk on Saturday, October 4, 2014. See you there!



Walkers on the grand staircase of the new Davies Center (photo by S. Berry).

Thanks and appreciation are extended to all those who came and to the many students and faculty who helped set up for the walk and made the morning run smoothly.

The numerous individuals and organizations who donated door prizes also deserve recognition, including Acoustic Café, Ms.



Attendees on a roof of Davies Center (photo by S. Berry).

Undergraduate Clinical Immersion Experience in El Salvador

This past March, eight 1st semester senior nursing students participated in a week-long cultural immersion experience in El Salvador as part of the NRSNG 422 Nursing Practice: Health Enhancement clinical course. Dean Linda Young and Clinical Assistant Professor Dr. Jill Hecker Fernandes led the experience. They departed the Minneapolis airport on Saturday March 1st and returned on Friday March 7th.

This was the first clinical immersion opportunity in El Salvador for UW-Eau Claire nursing students; however, the plan is to continue the experience in subsequent semesters. While a faculty member at the Milwaukee School of Engineering (MSOE), Dean Young had served as the faculty adviser for the multidisciplinary student organization, Healthcare without Borders, which included nursing, engineering, and business students. Since 2007, the MSOE student organization with Dean Young had been going to El Salvador to work on various projects. She was eager to bring the opportunity to UW-Eau Claire nursing students, with the change that now the students were able to engage in actual clinical experiences, unlike the prior MSOE students.

While in El Salvador, the students stayed at Casa Concordia, an orphanage and guest house in San Salvador. It is associated with the Salvadoran Lutheran Synod. Casa Concordia served as the home base from which the group ventured out to various facilities and more rural areas of San Salvador.

The students participated in clinical activities such as teaching hand washing and oral hygiene (brushing teeth) to children at two different local middle schools. They also provided hand and foot massages to patients at a palliative care facility, Hospital Divina Providencia. The students were heartened by the positive responses to the massages. One cancer patient who had

been unable to move her fingers was elated by the increase in mobility she experienced. Another student observed a patient's edema and pain decrease as her mood continued to brighten. Physical therapy students from El Salvador who were interning at the palliative care facility were so impressed by the actions of the students that they asked to be taught how to do the massages.

The UW-Eau Claire students also worked at Casa Esperanza (Hope House), a homeless shelter in San Salvador, where they helped prepare meals



Spelling out **UWEC** in front of Mayan ruins in El Salvador.

and interacted/played games with the residents. They hope to do more in time to come with the general clinic, AIDS clinic, and pharmacy associated with the shelter. Additionally, the students met with local community health workers and explored ways to help support them in the future in the areas of maternal child health, nutrition, and prevention of sexually transmitted diseases.

Although most of the nursing students did not speak Spanish, they treated the language barrier challenge as an opportunity. Some noted how they became much better at assessing nonverbal cues, as "much was expressed but unsaid." They were fortunate, though, to have Dr. Hecker Fernandes to translate, as well as a UW-Madison journalism graduate who was volunteering there for a year.

Their trip happened to coincide with International Women's Day. On that particular day, Casa Concordia hosted more than 600 visitors, including both the First Lady of El Salvador, Vanda Pignato, and the Minister of Health, Dr.

Maria Isabel Rodriguez. The students had the privilege of meeting with and having their pictures taken with the dignitaries. Although these were wonderful experiences, Dr. Hecker Fernandes felt the most memorable moments of the trip included watching the nursing students function as "a great team" and seeing their faces—"they got it and didn't want to go back" to their normal lives. Dean Young believed they left Casa Concordia with a "strong sense of hope that was generated by this partnership." The people of Casa Concordia "felt trust and that our students had connected and bonded with them. Relationship development was key."

Besides feeling like they made a difference with the people in the country, the nursing students also appreciated the opportunity to learn more about El Salvador's history, including the civil war that ended just 22 years ago. They toured University of

Central America, a wall commemorating the lives lost during the civil war, the shrine and hospital chapel where Archbishop Oscar Romero had been assassinated as the civil war erupted, as well as the cathedral where he was entombed. During down time, they also hiked up a mountain and toured the Mayan ruins in El Salvador.

Upon returning to Eau Claire, the students described feeling exhausted, needing about a week to recover and decompress. Their days had been so filled while they were away. Many experienced a "shock value" when they came back and later had time to reflect and think about the immersion experience. As one student noted, "After helping people, it made school seem less significant. At El Salvador, you felt like you had an impact. Tests here don't matter."

The students were required to pay for their own travel expenses; however, to defray costs, they were able to raise some funds through coffee and T-shirt sales and donations from fellow students and faculty and received matching funds from the Eau Claire Student Nurses Association. The UW-Eau Claire wom-

Clinical Immersion Experience in El Salvador (continued)

en's soccer team donated twelve soccer balls (which were a big hit with the children at the orphanage) and five team jerseys. Students and faculty also donated fabric for sewing classes, over-the-counter medications, lotions, children's items, and various "thank you" gifts. For the future, students and faculty are hoping to also fund raise as well as attain additional supplies (bandages, gauze, ibuprofen, ointments, clothing, children's books, etc.) and equipment, including baby scales, to bring down for the people and clinics in El Salvador. Those wishing to make a donation are encouraged to contact the College at nursing@uwec.edu. The goal for this clinical immersion experience is to keep building on what prior groups have done, includ-



Photo: In front of Casa Esperanza (Hope House), a homeless shelter in San Salvador. From left to right, back row: Patrick Marsh, Phoebe Herman, Karlie Hinton, Dean Linda Young, Mamma Trini, Dr. Jill Hecker Fernandes, & Katie Hankins; front row: Hannah Rademacher, Abby Beinlich, Maria Ernster, & Katie Larges.

ing focusing on education regarding nutrition for mothers, babies, and children.

Visiting International Scholar from China



We were pleased to host Ms. Hairong (Helen) Gong as a Visiting International Scholar in our College of Nursing and Health Sciences this past spring semester. Ms. Gong is

the Director of the Fundamental Nursing Department at the Fujian Health College in Fuzhou, the capital of the Fujian Province in China. She primarily

worked with Dr. Susan Moch and Dr. Rita Sperstad to learn more about simulation in nursing and teaching practices in the United States, particularly in relation to foundational nursing courses. During her stay, Ms. Gong visited and spoke in several undergraduate and graduate classes and toured acute care, extended care, and community health clinical settings. She also was able to experience the greater University and Eau Claire community as she attended social events including the Viennese Ball. Prior to coming to UW-Eau Claire, Ms. Gong had never seen snow and was looking forward to the experience. We did not fail her--she had the privilege of

enduring one of the harshest Wisconsin winters we have had in a while. Her family, including her daughter, came to visit in May and was hoping to still see the snow. We were rather happy to disappoint in this regard.

The foundation for our relationships with universities and organizations in China was strengthened in November 2012 when former interim Chancellor Gilles Bousquet and Dean Linda Young were part of a UW-Eau Claire delegation to China. Dr. Susan Moch and two graduate students later visited Fujian Health College in spring 2013.



Fujian Health College in Fuzhou, China.

Selected Nursing Faculty and Instructional Academic Staff Publications and Presentations

- Anderson, J. K., Page, A. M., & Wendorf, D. M. (2013). Avatar-assisted case studies. *Nurse Educator*, 38(3), 106-109.
- Beeman, R. Y. (2013). Alterations in hemostasis and blood coagulation. In L.E. Copstead & J. Banasik (Eds.), *Pathophysiology*, (5th ed.), Elsevier Science Publishers.
- Beeman, R. Y. (2013). Alterations in blood pressure. In L.E. Copstead & J. Banasik (Eds.), *Pathophysiology*, (5th ed.), Elsevier Science Publishers.
- Beeman, R. Y. (2013). Intrarenal disorders. In L.E. Copstead & J. Banasik (Eds.), *Pathophysiology*, (5th ed.), Elsevier Science Publishers.
- Berry, C. M. (2013, October). *Humor and healing*. Presentation for the UW Eau Claire Honors Program, Eau Claire, WI.
- Boellaard, M. R., Brandt, C. L., Johnson, N. L., & Zorn, C. R. (2014). Practicing for practice: Accelerated second baccalaureate degree nursing (ABSBN) students evaluate simulations. *Nursing Education Perspectives*, 35(4), 257-258. doi: <http://dx.doi.org/10.5480/12-847.1>
- Boellaard, M., Brandt, C., & Zorn, C. (2014, July). *The faculty voice: Teaching in accelerated second baccalaureate degree (ASBSN) nursing programs*. Presentation for the 2014 Nurse Educators Conference in the Rockies, Breckenridge, CO.
- Bowen, D. J., Weiner, D., Samos, M., & Canales, M. K. (2014). Exploration of New England Native American women's views on human papilloma virus (HPV), testing, and vaccination. *Journal of Racial & Ethnic Health Disparities*; 10.1007/s40615-014-0009-3
- Brandt, C., Boellaard, M., & Zorn, C. (2013, October). *Experiences and emotions of faculty teaching in accelerated, second baccalaureate degree (ABSBN) nursing programs*. Invited keynote presentation at the Robert Wood Johnson Foundation Sixth Annual New Careers in Nursing Program Liaisons' Summit, Washington, DC.
- Brandt, C.L. (2013). Study of older adults' use of self-regulation for COPD self-management informs an evidence-based patient teaching plan. *Rehabilitation Nursing Journal*, 38, 11-23. doi:10.1002/rnj.56.
- Brandt, C. L., Boellaard, M. R., & Zorn, C. R. (2013). Experiences and emotions of faculty teaching in an accelerated second baccalaureate degree nursing program. *Journal of Nursing Education*, 52(7), 377-387.
- Drevdahl, D., & Canales, M. K. (2014, June). *Doing social justice—What can we learn from nursing beyond U.S. borders?* Presentation for the Association of Community Health Nurse Educators (ACHNE) Annual Institute: Social Justice: Within and Beyond Our Borders, San Antonio, TX.
- Finkelstein, S., Lindgren, B., Robiner, W., Lindquist, R., Hertz, M., Carlin, B., & VanWormer, A. (2013). A randomized controlled trial comparing health and quality of life of lung transplant recipients following manual nurse and computer-based triage utilizing home spirometry monitoring. *Telemedicine and e-Health*, 19, 897-903.
- Guffy, K. (with Sortedahl, C.). (2014, March). *Essential leadership concepts and professional behaviors baccalaureate nursing students need*. BSN student poster presentation at the Midwest Nursing Research Society Annual Conference, St. Louis, MO. Received Honorable Mention.

Selected Nursing Faculty and Instructional Academic Staff Publications and Presentations (continued)

- Hecker Fernandes, J.** (2014, April/May). *Pediatric sedation in a community hospital setting: Acknowledging a need for change and moving forward through a multidisciplinary approach*. Poster Presentation for the Society of Pediatric Nurses 24th SPN Annual Conference: Blazing Trails to Improve Child Health, Scottsdale, AZ. Also presented for the Quality and Safety Education for Nurses National Forum, Creating Safe Harbor for Patients and Families, Baltimore, MD.
- Hofmann, D., Murray, C., & Beck, J.** (2013). *Acupressure in management of postoperative nausea and vomiting (PONV) in high risk ambulatory surgical patients*. Presentation at the American Society of Perianesthesia Nurses, Chicago, IL and at Aspirus Wausau Hospital Research Day.
- Jadack, R. A., Jansen, D. A., & Moch, S. D.** (2013, March). *Opportunistic funding approaches to support scholarship*. Part of a Preconference Workshop: *Scholarship on a dime: Doing more science with less support*, for the 37th Annual Research Conference of the Midwest Nursing Research Society, Chicago, IL.
- Jansen, D. A., & Emerson, R. J.** (2013). Homeostasis and adaptive responses to stressors. In L. C. Copstead & J. L. Banasik (Eds.), *Pathophysiology* (5th ed., pp. 12-24). St. Louis: Elsevier.
- Jennings, E., Kishel, H., Vogh, B., **Sperstad, R., Stombaugh, A., & VanWormer, A.** (2014, May). *Scaffolding student learning in nursing*. Presentation at the Wisconsin Association of Academic Librarians Annual Conference, Wisconsin Dells. Recipient of the 2014 Wisconsin Association of Academic Librarians (WAAL) Information Literacy Award.
- Kirkhorn, L., Berry, C. M., Meerwald, A. F., Zhou, P., & Wieseman, L.** (2013, July). *Action research in global health nursing*. Presentation at the Sigma Theta Tau International 24th International Nursing Research Congress, Prague, Czech Republic.
- Meerwald, A., & **Berry, C.** (2013, September). *Action research in global health nursing*. Presentation for the Delta Phi Chapter of Sigma Theta Tau International Honor Society of Nursing, Eau Claire, WI.
- Moch, S. D., Young, L., & Adams, J. L.** (2014, May). *Caring practices and nurse educator retention*. Presentation at the 35th International Association for Human Caring Conference, Kyoto, Japan.
- Moch, S. D., Pehler, S. R., Stombaugh, A., & Vandembark, R. T.** (2014, May). *Action research methodology in nursing*. Poster presented at the 35th International Association for Human Caring Conference, Kyoto, Japan.
- Moch, S. D. & Lonsdorf, A.** (2014). Academic partnerships: Joining students and clinicians in research. *Nursing Management*, 45(6), 13-15. DOI-10.1097/01.NUMA.0000449767.29866.d5
- Peck, S., Werner, J., & Raleigh, D.** (2013). Improved class preparation and learning through immediate feedback in group testing for undergraduate nursing students. *Nursing Education Perspectives*, 34(6), 400-404.
- Pehler, S. R., & Moch, S. D.** (2013). *Making family nursing visible through standardized nursing languages*. Presentation at the 11th International Family Nursing Conference, Minneapolis, MN.
- Pehler, S. R., Sjostrom, S., & Markwardt, M.** (2014). Longing: A concept analysis. *International Journal of Nursing Knowledge*. doi: 10.1111/2047-3095.12022.
- Pehler, S.R., Sjostrom, S., & Markwardt, M.** (2013). *Longing: A family response to loss and change*. Poster presentation at the 11th International Family Nursing Conference, Minneapolis, Minnesota.

Selected Nursing Faculty and Instructional Academic Staff Publications and Presentations (continued)

- Radtke, K.** (2013). Improving patient satisfaction with nursing communication using bedside shift report. *Clinical Nurse Specialist: The Journal of Advanced Nursing Practice*, 27(1), 19-25.
- Rantz, M.J., Zwygart-Stauffacher, M., Flesner, M., Hicks, L., Mehr, D., Russell, T., & Minner, D.** (2012). Challenges of using quality improvement methods in nursing homes that “need improvement”. *Journal of the American Medical Directors Association*, 13(8), 732-738.
- Rantz, M., Zwygart-Stauffacher, M., Flesner, M., Hicks, L., Mehr, D., Russell, T., & Minner, D.** (2013). The influence of teams to sustain quality improvement in nursing homes that “need improvement”. *Journal of the American Medical Directors Association*, 14, 48-52.
- Rantz, M., Alexander, G., Galambos, C., Vogelsmeier, A., Popejoy, L., Flesner, M., Lueckenotte, A., Crecelius, C., Zwygart-Stauffacher, M., & Koopman, R.** (2014). Initiative to test a multidisciplinary model with advanced practice nurses to reduce avoidable hospitalizations among nursing home residents. *Journal of Nursing Care Quality*, 29(1), 1-8.
- Rozar, D., Siever, C., Vaughan, J., Barth, J., Zimmerman, E., Culver, R., & Moch, S. D.** (May, 2014). Academic-service partnership to decrease heart failure 30-day readmissions. Poster presentation at Mayo Health Care Center, Rochester, MN and CERCA Research Day, UW-Eau Claire.
- Schiller, L., Gray, A., Rombalski, J., Duvaall, S., & Lochner, L.** (2014, April). *Farmworker health screening and TB testing: Pepin and Buffalo counties*. Presentation at the Western Wisconsin Region Tuberculosis Summit.
- Schiller, L., Peck, S., & Omtvedt-Gable, D.** (2013). *Nursing student dairy immersion project: Developing cultural competence*. Poster presented at the North American Agricultural Safety Summit Conference: Translational Research in Agricultural Safety and Health, Minneapolis, MN.
- Sperstad, R.** (2013, June). *Transformation: Cultivate with guided critical reflection & cultural contextual learning*. Presentation for the 13th International Conference on Organizations, Communities and Nations, Darwin, Australia.
- Sperstad, R., Stombaugh, A., VanWormer, A., Jennings, E., Kishel, H., & Vogh, B.** (2013, May). *Creating a synchronized approach to information literacy instruction*. Presentation for the Instruction in Library Use (WILU) Conference, Fredericton, Canada.
- Stombaugh, A., & Judd, A.** (2013). Does nursing assistant certification increase comfort levels in nursing school? *Journal of Professional Nursing*, 30(2), 162-167.
- Stombaugh, A., Sperstad, R., VanWormer, A., Jennings, E., Kishel, H., & Vogh, B.** (2013). Using lesson study to integrate information literacy throughout the curriculum. *Nurse Educator*, 38, 173-177.
- Voght, N., & Schiller, L.** (2013). *A Look to the future of nursing from the perspective of the past: A qualitative study of retired nurses on the IOM Future of Nursing*. Poster presented at the 40th Annual Professional Nurse Educators Group Annual Conference; Kansas City, MO.
- Weiner, D., & Canales, M. K.** (2014). “It is not just diabetes”: Engaging ethnographic voices to develop culturally-appropriate health promotion efforts. *American Indian Cultural Research Journal*, 38(1), 78-100.
- Young, L.** (2013). The family experience following bone marrow or blood cell transplantation. *Journal of Advanced Nursing*, 69(10), 2274-2284.
- Young, L.** (2014, May). *The perfect storm: Addressing the nursing faculty shortage*. Presentation for the GCM-HERC program, Hiring and Developing Underrepresented STEM Faculty and Addressing the Nursing Faculty Shortage; Chicago, IL.

Nursing Needs to Consider

Nursing education is ever changing as health care technologies advance and as we work to prepare nurse leaders to meet the demands of a more globally aware and diverse society. We are continuously working to update our teaching methodologies and skills laboratory equipment to be current with the realities of modern nursing practice and to prepare for the future. We also are taking steps to ensure opportunities for cultural immersion experiences for all of our students. *Your gift to any of the following will help enhance student learning experiences and provide valuable faculty resources.*

Multicultural Clinical Experiences: Support the University's strategic plan to expand experiential, multicultural, and interdisciplinary learning by providing funds to enable nursing experiences with diverse populations in Alaska, at Indian reservations in South Dakota, at a birthing clinic in Texas, at Wisconsin farms with migrant workers, and at other sites more locally in Wisconsin. We also recently developed a new initiative to take undergraduate and graduate nursing students to El Salvador for a multicultural clinical experience.



Student Scholarships: Establish or contribute to scholarships for students in the traditional undergraduate Bachelor of Science in Nursing (BSN) or BSN completion programs, or our Master of Science in Nursing (MSN, nurse educator role preparation) or Doctor of Nursing Practice (DNP, nurse practitioner, clinical nurse specialist, or nurse administrator role preparations) programs.

Student Research: Provide funds to defray registration fee and travel expense costs for undergraduate and graduate students wishing to present their research at professional conferences.

Endowed Chair: Create a named senior faculty position. Such a funded position would assist in attaining a highly qualified faculty member with a gerontologic nursing advanced practice focus or nursing education research emphasis.

Nursing Faculty Scholarship/Named Professorships: Support our ability to enhance faculty development of scholarship, including the creation of named professorships.

Skills Laboratory Simulation and Replacement Equipment: Provide needed simulation equipment (e.g., computerized manikins, birthing manikins) as well as replacements of skills laboratory equipment as materials become outdated or nonfunctional.



For more information regarding all of our undergraduate and graduate nursing programs, please see our Programs page on our College website:
<http://www.uwec.edu/conhs/>

Nursing Advancement Fund: Support this general fund that provides for student and faculty initiatives, special projects, and immediate needs not covered by the University's budget.

To designate a gift, see www.uwec.edu/fndn/giving.htm or call 1-877-625-2473.

Please Register for the 2014 Nursing Alumni Walk— October 4, 2014

Please join us for our 14th annual Nursing Alumni Homecoming Walk on **Saturday, October 4, 2014**.

The Nursing Walk will start at 8:00 a.m. in front of the Nursing Building (with registration beginning at 7:30 a.m.). The walk will be a rather short one across and around campus, giving everyone an opportunity to see all that has changed on campus, including the addition of Centennial Hall, a new academic building.

We will have a continental breakfast at 8:30 following the walk. With the breakfast, we will provide an update regarding recent events at the College and University and draw names for door prizes. We plan on finishing before 10:00 a.m. so that you may attend the Homecoming Parade.

Newly designed Carolina Blue College of Nursing and Health Sciences T-shirts, including youth sizes, are being ordered for the walk. **To guarantee T-shirt orders, please pre-register by September 18th**

using the attached form (see page 15), also available (along with an image of the T-shirt design) at <http://www.uwec.edu/CONHS/news/14/2014AlumniWalk.htm>.

At the same time you are completing the registration form, please consider making a donation to build up our Nursing Advancement Fund. Monies from this fund are used to support student and faculty initiatives, special projects, and immediate needs not covered by the University's budget. Donations also can be made to new and existing scholarships for our students; to assist us in attracting and retaining doctorally prepared faculty; and to enhance our teaching facilities and clinical laboratory technology.

While you are here for the walk, please take advantage of the many other University activities scheduled for Homecoming Weekend. The events start on Friday October 3rd at 7:00 p.m. in Zorn Arena with the Varsity Night Live show. On Saturday, the Homecoming Parade

begins at 10:00 a.m. on 1st Avenue (just past the Lake Street area). Then watch the 1:00 p.m. UW-Eau Claire Blugolds vs. UW-Platteville Pioneers football game at Carson Park. More information about the University's homecoming activities can be found at the UW-Eau Claire Alumni Association web site at <http://www.uwec.edu/alumni/> or by contacting the Alumni Office by telephone at 715-836-3266 or by e-mail at alumni@uwec.edu.

While you are at the Alumni Association web site, be sure to update the University and College of Nursing and Health Sciences with your contact information and any news you would like to share.

Please do not forget to return the **registration form** for the walk by **September 18th** to guarantee t-shirt orders. We hope to see you at the walk and if you are unable to attend we appreciate your support and hope you will come visit your alma mater soon!!

Homecoming and Nursing Walk Schedule of Events—October 4th

7:30 a.m.	Registration begins at the Nursing Building
8:00 a.m.	Walk (around and across campus)
8:30 a.m.	Continental Breakfast at the Nursing Building
9:00 a.m.	College of Nursing and Health Sciences Update
9:15 a.m.	Door Prizes
10:00 a.m.	Homecoming Parade, starting on 1st Avenue (just past Lake Street)
1:00 p.m.	UW-Eau Claire Blugolds vs. UW-Platteville Pioneers Football Game at Carson Park

Registration Form on page 15. Forms and a view of the T-shirt design image also available at <http://www.uwec.edu/CONHS/news/index.htm>.

Please return forms by September 18th to guarantee T-shirt orders.

Please detach and mail with check by **September 18th** to:
College of Nursing and Health Sciences
Attn: Nursing Alumni Walk, Rm 103
University of Wisconsin-Eau Claire
105 Garfield Avenue
P.O. Box 4004
Eau Claire, WI 54702-4004



Nursing Alumni Homecoming Walk Registration Form

- I plan to attend the Nursing Alumni Walk. I also would like a T-shirt*.
- I cannot attend the Walk; however, please accept my donation of \$25.00 and send me a T-Shirt.

Name _____ Telephone _____

Other Name as Student (e.g., maiden) _____

Street Address _____

City _____ County _____ State _____ Zip _____

E-mail Address: _____ Class of _____

Check if:

Alumnus Emeritus Faculty Faculty/Staff Friend of Nursing Family Student

Adult T-shirt size: Small; Medium; Large; XLarge; XXLlarge; XXXLarge

Youth T-shirt size: Small (6-8); Medium (10-12); Large (14-16)

The following family/friends plan to attend and also request T-shirts: _____

Total Number Attending _____

Suggested donations*:

Alumni	\$20.00 (\$25.00 if register on day of walk)	
Emeriti Faculty	\$15.00 (\$20.00 if register on day of walk)	
Faculty/Staff	\$20.00 (\$25.00 if register on day of walk)	
Friends and Family	\$20.00 (\$25.00 if register on day of walk)	
Students & Youth	\$15.00 (\$20.00 if register on day of walk)	
Not attending, but would like T-shirt mailed. Please indicate size: \$25.00		
Additional Donation		
Total Amount Enclosed		\$ _____

Make check payable to the UW-Eau Claire Foundation and indicate the
 "Nursing Advancement Fund" in the memo line.

*Note: If accepting a T-shirt, part of the donation may be used to defray T-shirt expenses.

T-shirts are guaranteed to those who pre-register by September 18th.

Registration forms (& T-shirt design) also available at <http://www.uwec.edu/CONHS/news/index.htm>

Questions: E-mail nursing@uwec.edu or call 715-836-5287.



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University of Wisconsin
Eau Claire

Nursing Alumni Newsletter
and

July 2014

Nursing Walk Invitation/Registration Form

Nursing Walk
October 4, 2014

Please register by
September 18th

D. Jansen

