The 2019 University Staff Professional Development Committee has organized today’s conference. Members of the committee include:

- Kelly Austin
- Megan Clark
- Diane Christophersen
- Tami Elsberner
- Elizabeth Gillen
- Sheryl Gonzales
- Josh Nesja
- Nicole Owen, Chair
- Krista Raleigh
- Diane Stegner Roadt

**GRAND PRIZE DRAWING**
For Professional Development Day: MUST BE PRESENT TO WIN!
The large silver maple tree that once stood before the Ecumenical Center was cut down for removal, but an alumnus halted the process to make a plea to the Chancellor’s Office and have some slabs saved for the Biology Department. After being rescued, a few of these slabs were graciously donated to be given new life in the form of tables. Michelle (Shelley) Lindner, Associate Artist in Music and Theatre Arts, assisted in creating our vision and now you can have a historical piece of campus. Thank you, Shelley!

**UNIVERSITY STAFF COUNCIL**
Current Members
- Nancy Borth
- Linda Brunner
- Jack Connell
- Jay Dobson
- Sally Eckwright
- Greg Falkenberg
- Elizabeth Gillen
- Sheryl Gonzales
- Kelly Holzer
- Sue Kleusch
- Brandon Knuth
- Lindsay Kroll
- David Miller
- Nicole Owen
- Tammy Perzichilli
- Jean Piper
- Jackson Schmidtke
- Diane Stegner Roadt
- Jenni Sterling
- Jason Unseth

**HOW TO GET INVOLVED**
University Staff Council
There are many different committees which promote ongoing education and a positive professional environment for all university staff. They support professional development activities and encourage informed communication among the university staff and with the broader university community. If you are interested in becoming a member of any of the following committees please contact any member of the University Staff Council. Additional committees available on University Staff website.

**UNIVERSITY STAFF FUNDING COMMITTEE**
Responsible for decisions regarding applications submitted for funding from the University Staff Professional Development Fund, the Grant Fund to assist University Staff and the University Staff Scholarship Fund.

**EMPLOYEE APPRECIATION COMMITTEE**
Responsible for gathering nominations and or making recommendations to the University Staff Council for recipients of the various Employee Appreciation Program awards.

**EXCELLENCE IN PERFORMANCE COMMITTEE**
Reviews the nominations that are submitted for this award and makes recommendations to the chancellor.

**NOMINATING COMMITTEE**
Gathers and presents nominations for membership on the University Staff Council and all committees.

**PROFESSIONAL DEVELOPMENT COMMITTEE**
In conjunction with the University Staff Council, is responsible for planning and execution of University Staff Professional Development activities. The committee is also responsible for publicity and promotion of such events.

**COMMUNICATIONS COMMITTEE**
Responsible for development, maintenance and updating of the University Staff website. The committee is also responsible for communication with the university staff and the university community as a whole as deemed necessary, and for soliciting feedback from university staff when warranted.

**University of Wisconsin Eau Claire**
**University Staff Council**
**UW-Eau Claire Foundation**
**Sodexo + University Centers**

**Event Sponsors**
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**www.uwec.edu/university-staff**

**Eau Claire University Staff Council**

**June 6, 2019**
FINANCIAL PLANNING | MARY BETH GARDNER - Learn basic estate planning including topics such as wills vs. trusts and power of attorney for financial and healthcare decisions. Q&A time will be allotted.

EXAMINING OUR BIASES | JEFF GOODMAN (EDI Tier II) - Learn to acknowledge and reduce implicit biases. Participate in group IAT for a deeper understanding of implicit bias concepts connected to known behavioral outcomes and demographic inequalities. Participants to complete short assignment before event day.

GARBAGE IN, GARBAGE OUT | SHAWN SEUFERER - Back by popular demand, this educational and entertaining demonstration illustrates healthy vs. unhealthy eating habits on the body. Tips are practical, can be applied immediately, and are useful throughout life.

MICROAGGRESSIONS | JODI THERING RITTER (EDI Tier III) - Learn to recognize the everyday slights, snubs, or insults to reduce them in your daily life and support students who experience them.

BENEFITS OF BEING A BUGLOD—THE HIDDEN PERKS | KAREN CALLAWAY - Explore a variety of benefits only available to employees of UW-Eau Claire/Barron County. Join the Human Resources team for some fun while learning about all the perks of being a Buglod!

BUGLOD MAKERSPACE ROSTER | DAN HILLIS - Interested in DIY? Get hands-on experience with some of the tools and resources available in the Buglod Makerspace. Learn how to use the maker-focused spaces for free for UWEC students, staff, and faculty in McIntyre Library.

MANDATORY REPORTING | TERESA OHALLORAN - Discuss a practical approach to the many laws and rules under which reporting is required for UW employees, including Title IX, the federal Clery Act, and minor on campus.

YOGA FOR EVERY BODY + EVERYONE | JONDREA PHELPS - Participate in an hour of mental and physical relief through guided yoga practice for both inexperienced and experienced. Designed to accommodate every type of body and emotional state, being flexible is not a requirement but being willing to try is. Please bring a yoga mat.

PUTNAM TRAIL WALK | JOE ROHNER - Join a retired Biology professor for a walk along Putnam Drive. Look at wildflowers in bloom and other plants of interest while hearing a brief history of Putnam Park and current challenges in managing it.

INTUITIVE DEVELOPMENT FOR STRESS MANAGEMENT | JUDY MEINEN - in an experiential session, develop your intuitive self and abilities. Learn some psychic and other strategies for managing stress in your life.

HMONG CULTURE | CHARLES VUE (EDI Tier II) - Learn some of the challenges and experiences associated with being a Southeast Asian (SEA) Hmong student at UWEC. From the Student Experience Training series, this session explores how to become a stronger and more effective support system for student success.

ACTIVE SHOOTER TRAINING | EDIE LANCOUR - University Police facilitate interactive training on AUC/E: civilian response to active shooter incidents. Learn helpful information, guidelines, and resources to use in these situations.

FAT IS A SOCIAL JUSTICE ISSUE, TOO | DR. LAURIE COOPER STOLL (EDI Tier I) - Like other historically marginalized groups, fat people experience discrimination in employment, education, and especially healthcare. Learn a brief history, discuss why fat is a social justice too, and offer some strategies for engaging in fat activism.

ZENTANGLE: MEDITATIVE DRAWING | AMANDA LONSDORF - No drawing experience required! Zentangle is a stylized, freeform drawing technique which promotes relaxation, mindfulness, and cultivates inner mental focus.

INTUITIVE DEVELOPMENT FOR STRESS MANAGEMENT | JUDY MEINEN - in an experiential session, develop your intuitive self and abilities. Learn some psychic and other strategies for managing stress in your life.

IDENTIFY AND RESPOND TO MENTAL HEALTH NEEDS OF STUDENTS | RILEY MCGRATH + JENNY HLAVA (EDI Tier III) - Gain awareness of mental health concerns of mental health concerns on campus, identify ways to help students in distress, explore setting boundaries, and develop knowledge of the available referral resources.

YOUR BEST ENERGY LEVEL | HEATHER LEE - Learn how to prime your energy levels with a clean so you can reset and supercharge your body to feel your best.

YOGA FOR EVERY BODY + EVERYONE | JONDREA PHELPS - Participate in an hour of mental and physical relief through guided yoga practice for both inexperienced and experienced. Designed to accommodate every type of body and emotional state, being flexible is not a requirement but being willing to try is. Please bring a yoga mat.

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