Empirical evidence continues to show that like other historically marginalized groups, fat people experience discrimination in employment, education, the media, politics, interpersonal relationships, and especially healthcare. Yet, despite the fact that fatphobia in the U.S. has always been intimately connected to other systems of oppression like sexism, racism, classism, xenophobia, and homophobia, those of us engaged in social justice work so often fail to acknowledge that fat is a social justice issue, too. This is due in large part to the pervasiveness of several health myths that so often go unquestioned in our culture. In this presentation, Dr. Laurie Cooper Stoll will provide a brief history of the ways fat has been pathologized and medicalized in the U.S., discuss why fat is a social justice issue, too, and offer some strategies for engaging in fat activism.