Step in and separate the two people. Be forthright about your concerns and reason(s) for intervening. Let them know you are acting in their best interest and do what you can to ensure each person makes it safely home.

If you or someone you know has experienced sexual assault, dating violence, domestic violence, and/or stalking, you are entitled to legal accommodations. For more information, go to www.clerycenter.org!
Recruit the help of friends (or other bystanders) to step in as a group. Have several people tell the aggressor to stop the behavior. Enlist others to help make the aggressor leave. Remember: safety first! Call authorities, if necessary.
Use a distraction to redirect the focus elsewhere. For example:

Hey I need to talk to you.
I have that tampon you needed.
Who wants pizza?
Your make-up is really smudged. Let’s go fix it.
I can’t find my phone. Call it. Help me find it.

Be creative and change the situation!

Did you know that CASA (Center for the Awareness of Sexual Assault) has victim advocates to help you through the entire reporting process? They can accompany you to the hospital and offer medical and legal advocacy, should you choose to report.
If you don't feel comfortable, safe, or equipped to intervene, find someone who is and fill them in on the situation and your concerns. It’s okay to be apprehensive! There are various ways to be an active bystander.
POSTPONE

When consent cannot be given or solicited, it doesn’t mean *never* having sex *ever*. It means don’t have sex right now. Postpone, until both people are able to give clear and ongoing consent. Not sure if consent is possible? POSTPONE.

*The most common date rape drug is ALCOHOL. In approximately 75% of sexual assaults on college campuses, alcohol is a factor. Talk with your friends before going out. Watch out for one another, and don’t let your friends commit sexual assault.*
If someone you know comes to you after they’ve been sexually assaulted, what do you do? Here are some tips and suggestions:

Believe them.

Listen. Ask them what they need.

Make sure that they are in control of next steps.

Tell/Involve no one, without their consent.

Keep your emotions in check.

Be aware of resources, should they want info.

If you are feeling overwhelmed or in need of a free and confidential resource, CASA (Center for the Awareness of Sexual Assault) has resources for secondary survivors (friends/family of those who’ve been sexually assaulted).
CASA (Center for the Awareness of Sexual Assault)
OLD LIBRARY 2119 | www.uwec.edu/casa
Phone: (715) 836-HELP (4357)

DEAN OF STUDENTS OFFICE
Schofield 240 | deanofstudents@uwec.edu
Phone: (715) 836-5626 | www.uwec.edu/dos

STUDENT HEALTH SERVICE
Crest Wellness Center | www.uwec.edu/shs
(Appointments) Phone: (715) 836-5360
(Information) Phone: (715) 836-4311

WOMEN’S & LGBTQ RESOURCE CENTER
Davies Student Center 220M | speakout@uwec.edu
Phone: (715) 836-2693 | www.uwec.edu/speakout
CAMPUS RESOURCES

COUNSELING SERVICES
Old Library 2122 | www.uwec.edu/counsel

AFTER HOURS EMERGENCY REFERRAL
In any life threatening situation, such as suicide attempt, alcohol or drug overdose, or serious mental health crisis, call 911 (Police) or proceed immediately to the emergency room of either local hospital.

Sacred Heart Hospital | (715) 717-4222
(Emergency) 900 Clairemont Avenue
***Designated Rape Trauma Center

Mayo Clinic Health System | (715) 838-3242
(Emergency) 1221 Whipple Street

CRISIS TELEPHONE NUMBERS (24/7)
Northwest Connections (Crisis Line) | 1-888-552-6642
Great Rivers | 211 (Information, Referral, and Crisis)
COMMUNITY RESOURCES

FAMILY SUPPORT CENTER
403 N. High Street (Chippewa Falls)
www.familysupportcentercf.com
Phone: (715) 723-1138

24-Hour Crisis Line: (715) 723-1138
All services are confidential and free:
Domestic violence intervention
Sexual assault support & counseling
Parent support
Community education and referral

PLANNED PARENTHOOD
1231 Menomonie Street (Eau Claire)
Phone: (715) 833-2279 | www.plannedparenthood.org

BOLTON REFUGE HOUSE
Phone: (715) 834-0628 | www.boltonrefugehouse.org
RAINN (Rape, Abuse & Incest National Network)
National Sexual Assault Hotline | FREE 24/7
Phone: 1-800-656-HOPE (4673) | www.RAINN.org

Sexual Assault Taskforce
www.nomore.org

(NSVRC) National Sexual Violence Resource Center
www.nsvrc.org

National Suicide Prevention Hotline
Phone: 1-800-273-TALK (8255) | CALL 24/7
www.suicidepreventionlifeline.org

Pandora’s Project
www.pandys.org (Survivor support and resources)

www.NotAlone.org
www.LoveIsRespect.org
www.wccasa.org (Resources for victims/survivors in Wisconsin)
TIPS FOR INTERVENING...

1. Approach everyone as a friend.
2. Do not be antagonistic.
3. Avoid using violence.
4. Be honest and direct whenever possible.
5. Recruit help if necessary.
7. If things get out of hand or become too serious, contact the police.

For more information, visit:

www.uwec.edu/casa
(Center for the Awareness of Sexual Assault)

- 24-Hour Confidential Hotline
- Compassionate Victim Advocates
- Secondary Survivor Services
- All Services Are FREE