

Like most food pantries, Campus Harvest relies on the community to stock its shelves. Any donation is appreciated, as long as the packaging is labeled and the food has not expired or been tampered with in any way. If you are looking to donate, there are some foods that we are often looking to put on our shelves.

Non-Perishables

Proteins

Peanut butter/Almond butter
Tuna (can or pouch)
Canned beans
Chili

Grains

Cereal (low sugar)
Oatmeal
Pasta noodles
Rice

Canned Fruits/Vegetables

Applesauce
Low-sodium vegetables
Salsa
Packaged fruit (individual cups preferred)
Fruit preserves/Jam
Spaghetti Sauce

Snack Food *Great for lunches*

Granola bars
Protein bars
Pretzels
Crackers

Beverages

100% Fruit juice
Dry milk
Bottled Water

Personal Hygiene Items

Toilet Paper
Kleenex
Toothpaste
Tooth brushes
Soap
Shampoo
Hand soap
Deodorant
Dish soap
Laundry detergent
Hand lotion
Mouth wash
Band-Aids
Cough drops
Dental Floss

Perishable Goods

Fruits/Vegetables

Apples
Oranges
Onions
Potatoes
Whole Carrots
Celery

Refrigerated

Eggs
Butter
Cheese
Milk
Yogurt

Frozen

Bread
Bagels
Ground beef
Chicken
Fish
Venison
Frozen Vegetables
Fruit juice concentrate