Majors

- Kinesiology - Movement Studies
- Kinesiology - Sport Pedagogy
- Kinesiology - Athletic Training
- Kinesiology - Human Performance, Fitness Management
- Kinesiology - Physical Education Teaching
- Kinesiology - Human Performance, Sport Performance
- Kinesiology - Human Performance, Pre-Professional
- Kinesiology - Human Performance, Health Promotion

Minors

- Science of Coaching
- Kinesiology
- Adaptive Physical Education

Certificate

- Adaptive Physical Education - Health Education

Where you'll find our grads

- Personal Trainer/Group Fitness Instructor, The Marsh, Minnetonka, MN
- Cardiovascular Assistant, St. Cloud Hospital, St. Cloud, MN
- After-school Site Supervisor, Oconomowoc Town and Country YMCA, Oconomowoc, WI
- Exercise Physiologist, Fitcorp Healthcare, Boston, MA

Prepared for Success

You will benefit from the low student-to-faculty ratio and the department’s family-type atmosphere. In addition, few other schools can match the strong and varied clinical education component of this major. The outreach and research opportunities give our graduates a strong advantage.

Kinesiology grads hold positions as teachers, coaches and exercise/wellness practitioners. Careers are available in the fitness industry, employee wellness programs, community health education and hospital settings. Many go on to graduate school in such disciplines as cardiac rehab, chiropractic, adaptive PE, and physical and occupational therapy.

Why UW-Eau Claire

Accreditation

Accredited by Commission on Accreditation of Athletic Training Education and (for the education emphasis), Department of Public Instruction.

Internships

Majors provide capstone experiences, including internships or student teaching experiences.

Research Opportunities

The Journal of Undergraduate Kinesiology Research is published by the Kinesiology department. The peer-reviewed journal was founded for the purpose of publishing undergraduate student research and to provide undergraduate students with valuable experience in the peer-review and publication process.

Innovative Facilities

The McPhee/Olson Physical Education Center is an outstanding facility with six gymnasiums, including an indoor 200-meter track, a competition-size swimming pool, eight racquetball courts, spacious weight training and fitness center, sports medicine/athletic training room, dance studio, human...
Kinesiology (continued)

performance laboratory and computer laboratory. Outdoor facilities include a 400-meter track, tennis courts, and jogging and fitness trails.

Suggested Freshman Curriculum

Courses taken freshman year will depend on the emphasis you’ve chosen.

Those taken by all the emphases include:

• Concepts in Kinesiology
• University writing requirement—depending on placement exam

Others include:

• Physical Science
• Human Nutrition
• General Chemistry
• Finite Mathematics with Applications
• General electives

Course Work / Pre-Professional Courses

Students can participate in a wide variety of pre-professional experiences such as student-faculty collaborative research; job shadowing and mentoring with area professionals; K-12 field experiences; coaching and human performance apprenticeships; regional professional meetings and workshops; clinical experiences and workshops for certifications and licensures; and community fitness programs; including one for kids and adults with disabilities.

Special Admission Guidelines

Refer to the UW-Eau Claire Catalog, check out the kinesiology Web site or contact the Kinesiology department for detailed admission requirements. Admission is competitive, and resources available limit the number of students admitted to the programs.