**Did you know** that we have a **Food Pantry** on campus for students? YES! **Campus Harvest** (affiliate of Feed My People) is located in Schofield Hall room 4, on the lower level. There is quick and easy parking (flasher zone) in the circle lot right in front of Schofield Hall. Run in—grab your items, and be on your way. It’s easy to bring your kids along if you must.

**Statistics for September**
- 160 pounds purchased at Feed My People Food Bank
- 45 pounds food donated
- 355 pounds given to students
- 105 students registered at the pantry
- 30 student visits
- 12 students visiting more than twice per month
- 12 families (more than 1 person in household)
- 3 families with 1 or more children

**Did you know** that the UWEC Children’s Nature Academy (child care center) has evening hours? Yes! They are open Monday through Thursday evenings from 5:30-8:45 pm. Want more information? Call 715-836-2178 or take a look at their website, [https://www.uwec.edu/Children/about/contact.htm](https://www.uwec.edu/Children/about/contact.htm)

**Did you know** Flu shots are here! **Protect yourself and your loved ones.** Get the Flu Shot!

**Schedule**: Wed 11/4 11:00 – 3:00

**Location**: in Davies Maple Lounge (next to the Service Center)

**Cost**: Student $20

Flu shots are also available at the Student Health Service

See that attached information on the **Salvation Army Christmas Toy Assistance Sign-up** for Eau Claire county residents. Sign-up runs Nov. 2-12.

**Study Abroad**:
Now’s the time to be narrowing down your choices for study abroad in Summer or Fall 2016. CIE Peer Advisers are great resources for first-hand information. You can find their [office hours schedules] here.

**Mid Term Grades**:
Talk with your professors about your mid-term grades. It’s hard to believe we are already at that point in the semester! If you need help, ASK FOR IT NOW!

**Remember your Campus Resources are FREE to you**:
Academic Skills Center [http://www.uwec.edu/asc/index.htm](http://www.uwec.edu/asc/index.htm)
Weekly Campus Events Calendar:  
https://calendar.uwec.edu/MasterCalendar.aspx?data=dWRq0zqzachMBjUHG8854XV3L5pWegjYTiGlzP8qiWwdxmYtwZQzrjSrZULWCkqcxrCBhpr7Wq2RRr7FqCEGbCNkSU7zldt

Nurturing thought to keep you rolling along….

“Life is short. Stay awake for it.” (from my Caribou coffee sleeve 😊)

Have a great week!

Bonnie Isaacson  
Nontraditional Student Adviser