



# The Little Ladle Soup Nutritional Data

**NUTRITIONAL INFORMATION**

Soup Name	SUPC Code	Cal.	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol. (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit. A %	Vit. C %	Calcium %	Iron %
3g or less of fat, 100 calories or less, 700mg or less of sodium per 8oz serving																
<b>Campbell's® Well &amp; Good®</b>																
Homestyle Sweet Pepper & Beef	0614851	90	15	1.5	1	0	10	680	14	3	9	6	15%	10%	2%	4%
Portobello Mushroom & Barley	2589737	80	15	1.5	0	0	0	690	14	2	3	2	20%	10%	10%	10%
Red Ripe Tomato & Three Cheese	0614842	60	20	2	1.5	0	5	660	7	3	4	4	15%	4%	6%	2%
Rosemary Chicken & Dumpling	0613661	80	10	1	0.5	0	15	680	12	1	2	5	15%	0%	2%	2%
Rustic Beef & Mushrooms with Cracked Peppercorn	0614768	80	10*	1	0.5	0	10	690	10	2	4	7	2%	4%	2%	4%
Savory Chicken with Crimini Mushrooms & Orzo Pasta	5080514	80	15	1.5	0.5	0	10	680	13	1	4	4	4%	0%	0%	2%
Tuscan Style White Bean w/ Chicken	5082148	90	15	1.5	1	0	10	680	14	5	3	5	4%	0%	2%	4%
Yukon Gold Potato	7668886	80	5	0.5	0	0	0	540	18	2	4	2	20%	10%	10%	10%
<b>Sysco Classic</b>																
Chicken Tortilla	9727835	100	15	1.5	0.5	0	10	580	15	4	1	6	20%	4%	4%	4%
Tomato Tortellini	2582161	90	15	1.5	0.5	0	30	690	17	1	5	3	6%	6%	4%	4%
3g or less of fat, 100 calories or less, 1,000mg or less of sodium per 8oz serving																
<b>Sysco Classic</b>																
Asian Style Noodle with Portobello	4461869	90	25	2.5	1	0	10	820	12	1	2	4	6%	0%	0%	0%
Homestyle Chicken Noodle	6198634	90	20	2	0.5	0	15	780	14	2	1	5	8%	15%	2%	4%
Minestrone	2582096	60	5	0.5	0	0	5	990	12	2	3	3	20%	0%	2%	4%
Roasted Chicken Noodle	2582252	70	15	1.5	0.5	0	15	970	9	1	1	6	15%	0%	0%	0%
Tomato Florentine with Pasta	6234298	80	10	1	0.5	0	<5	900	15	2	6	4	15%	2%	6%	2%
Tomato Garden Vegetable with Shell Pasta	2582153	90	0	0	0	0	0	720	19	2	9	2	15%	0%	2%	2%
<b>Sysco Moonrose</b>																
Moonrose Garden Vegetable	1269505	70	5	0.5	0	0	0	910	16	3	8	1	40%	0%	2%	2%
Moonrose Garden Vegetable with Rotini Pasta	1269406	80	0	0	0	0	0	920	17	2	7	3	30%	0%	2%	2%