



As our population ages and we see rising rates of diabetes, the demand for foot and nail care is rapidly increasing. This area of nursing practice is often neglected in formal nursing education, leaving a shortage of professional providers. This course will give you all the tools you need to begin a practice of basic foot and nail care.

In 2005 the Wound, Ostomy and Continence Nursing Certification Board began to offer a certification examination for foot and nail care. Certification is an indication of an individual's current knowledge in a specialized area of nursing practice. It provides a standard to assist the employer, the public, and members of health care professions in the assessment of foot and nail care practitioners. This course qualifies you to take the certification exam.

## Who Should Attend

Nurse Practitioners, Wound Care Nurses, Diabetic Educators, and Registered Nurses working in public health, elderly services, long term care, and diabetic education have found the information in this course a valuable addition to their practice.

## Objectives

To enable participants to:

1. Describe normal and pathological structures of the lower extremities.
2. List components of a lower extremity assessment.
3. Define topics to be included in patient teaching activities.
4. Identify and treat selected conditions of the skin and nails.
5. Discuss foot and nail care as an independent nursing practice.
6. Demonstrate foot and nail care in a supervised clinical setting.

## Requirements for Participants

Participants must have a valid RN license. This documentation should be received prior to the start of the program. We request that you bring a lab coat for the clinical portion of this program.

Please visit our website at [www.uwec.edu/ce](http://www.uwec.edu/ce) for other educational opportunities.



# Foot and Nail Care

## EDUCATION FOR NURSES

2008	OCTOBER 23-24				OCTOBER 15-16
2009	FEBRUARY 19-20		JUNE 11-12		

GERIATRIC UPDATE  
Eau Claire: September 12, 2008 | Marshfield: September 26, 2008

TARDIVE DYSKINESIA  
Wausau: September 18, 2008

CHILD ADVOCACY  
Eau Claire: October 1, 2008



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Continuing Education / UW-Extension  
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Eau Claire, WI 54702-4004

132-6-561002

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**Extension**

Non-Profit Org.  
U.S. Postage Paid  
Permit No. 219  
Eau Claire, WI

No state tax dollars were used to print this publication.



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Continuing Education / UW-Extension  
Connecting Campus and Community



# Foot and Nail Care

## EDUCATION FOR NURSES

### About the Presenter



#### TARA BEUSCHER

MSN, RN, CS, CWON, Clinical Specialist in Gerontology, Marshfield Clinic, Minocqua Center, Minocqua, WI

Tara Beuscher brings a wealth of teaching and clinical experience in foot and nail care to this seminar. She draws upon her work experience in clinic, hospital, home care, and long term care settings, and her extensive training in foot care, pain management, wound, ostomy, continence, and gerontology services. She has served as a preceptor for the graduate nursing programs at the University of Wisconsin-Oshkosh and the College of St. Scholastica, Duluth, MN.

Tara is a member of several professional organizations including the American Nurses Association, the Wisconsin Nurses Association, and the Wound, Ostomy, and Continence Nurses Society. She has served in various leadership positions within these organizations including being a member of the foot care nursing advisory committee which established the content outline for the WOCNCB Foot and Nail Care Certification Examination.

Tara has published in a variety of sources. Her most recent publication is a chapter on Foot and Nail Care in *Acute and Chronic Wounds: Current Management Concepts; 3rd Edition, 2007*, published by Mosby/Elsevier and edited by Ruth A. Bryant and Denise P. Nix.

Tara was the recipient of the 1997 Wisconsin Nurses Association Nursing Practice Award which recognizes the recipient's contributions to innovations in patient care, service as a role model for nursing practice, commitment to the practice of professional nursing and utilization and dissemination of research in practice.

## Agenda

### Thursday | Day 1 | Classroom

- 8:00 AM Registration
- 8:30 AM Practice Guidelines: Basic, Intermediate, and Advanced Nursing Interventions
- 9:00 AM Anatomy & Physiology
- 10:00 AM Break
- 10:15 AM Lower Leg Assessment
- 11:45 AM Patient Teaching
- 12:00 PM Lunch (provided)
- 1:00 PM Care of Toenails and Hyperkeratotic Lesions
- 2:15 PM Break
- 2:30 PM Protection of the Feet
- 3:00 PM Putting Your New Skills to Work
- 4:00 PM End of Day One Session

### Friday | Day 2 | Clinical

- 8:30 AM Demonstration
- 9:00 AM Clinical Practicum (15 minute break included)
- 12:00 PM Lunch (provided)
- 1:00 PM Clinical Practicum Resumes
- 3:00 PM Individual Evaluation with Instructor
- 3:30 PM Conclusion of the Program

"Tara Beuscher speaks with energy and humor ... very 'down to earth' with a realistic spin!"

**This practical clinical gives you the opportunity to become familiar with use of the tools, products and various nail problems.**

**Fee**  
\$439. Fee includes two lunches, refreshments, program manual, instruction, and supervised practice.

**Contact Hours**  
University of Wisconsin-Eau Claire Continuing Education, Eau Claire, WI is an approved provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participants in this program earn 11.75 nursing education contact hours.

**Transfers/cancellations**  
To receive a full refund, you must cancel no later than ten (10) business days prior to the start of the program. Cancellations after this time will receive a refund minus a \$50 administrative fee. Please note, if you fail to attend or cancel the day of the program, you are responsible for the full program fee. If you wish to transfer your registration to another seminar, a \$50 transfer fee is applied. Substitutes are

welcome and may register in your absence. Call the Continuing Education Office at 715-836-3636 or toll free 866-UWEC4CE (866-893-2423) and our staff will be happy to assist you.

**Accommodations**  
If you need an accommodation for a disability to fully participate in this program, or need this document in an alternative format, please contact Continuing Education at 715-836-3636/toll-free 866-893-2423, or use the Wisconsin Relay System (711), as soon as possible.

**Location**  
Eau Claire, Wisconsin is located 90 miles east of the Minneapolis/St. Paul metro area along Interstate 94. Transportation from the Twin Cities is available by connecting flight to our regional airport, airport shuttle or rental car.

For directions, please see our website for a map: [www.uwec.edu/ce/maps.htm](http://www.uwec.edu/ce/maps.htm)

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## HOW TO REGISTER (Payment required with registration)

**Secure ONLINE** [www.uwec.edu/ce/reg.htm](http://www.uwec.edu/ce/reg.htm)  
**Phone** 715-836-3636 or Toll-free 1-866-893-2423  
**Fax** 715-836-5263 or Toll-free 1-800-835-3755  
**Mail** Complete and mail the registration form to:  
UW-Eau Claire Continuing Education  
P.O. Box 4004, Eau Claire, WI 54702-4004

**In Person**  
UW-Eau Claire Continuing Education  
210 Water Street, Eau Claire, WI  
7:45 a.m. to 5 p.m., Monday through Friday

- Please remember:**
- Copy this form for each person registering.
  - Print, using blue or black ink.
  - Do not staple payment to this form.

**Thank you!**

### Registration **FOOT AND NAIL CARE: EDUCATION FOR NURSES**

Sessions are held at Best Western Trail Lodge & Suites and First Lutheran Church | Eau Claire, WI

- 2008**  OCTOBER 23-24 (N100-092)
- 2009**  FEBRUARY 19-20 (N151-093)  JUNE 11-12 (N152-094)
- OCTOBER 15-16 (N100-102)

Name \_\_\_\_\_

Job Title \_\_\_\_\_

Check if you are a currently licensed RN

Company Name \_\_\_\_\_

Address 1 \_\_\_\_\_

Address 2 \_\_\_\_\_

City \_\_\_\_\_ State/Zip \_\_\_\_\_

Home address \_\_\_\_\_

City \_\_\_\_\_ State/Zip \_\_\_\_\_

Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Fax \_\_\_\_\_ E-Mail \_\_\_\_\_

#### PAYMENT INFORMATION | \$439 per person

- Purchase order enclosed P.O. # \_\_\_\_\_
- Check enclosed (payable to UW-Eau Claire)
- Visa  MasterCard Card expires \_\_\_\_/\_\_\_\_

Credit card # \_\_\_\_\_

Print cardholder's name \_\_\_\_\_

Cardholder's signature \_\_\_\_\_

FOR OFFICE USE: Amt.	N2, N4, N6, N13,
Cust ID	Co ID

"Tara made the information easy to learn in a professional environment."

**Enrollment is limited!  
Classes fill quickly.**