

Sigi³ Online Worksheet

What is Sigi³?

An On-line, self-directed computer program designed to help you explore career options and make informed decisions. You can access **SIGI 3 on-line from the Career Services Website:** <http://www.uwec.edu/career/students> -- Select SIGI 3 from Quick Links
Enter your UWEC username and password; you will then be prompted to create a SIGI 3 account

Use an Assessment:

Fast Start-visits 7 sections of SIGI 3 in 5 minutes to help you maximize SIGI 3 and minimizes your time to give you an overall view of your areas of interest and work values.

Or do any of the assessments (values, interest, personality, or skills) to their full extent, by completing each area separately (click on use an assessment tool in Main Menu and complete).

- List two of your top skills:

- List two of your values:

- List your Personality type:

- List Your main Area of Interest:

Career Information:

After you have completed Fast Start and/or other assessments: use the information you have gathered to search for related careers

Search by Values:

- 1) From the main menu, click on use an assessment tool
 - 2) In the 3rd box down, click on Values
 - 3) Click on one of your personal values in which you want to find a related career (click on the corresponding gray check mark)
- A list will appear on the right: **List jobs that interest you:**

Search by Interests:

- 1) From the main menu, click on use an assessment tool
 - 2) In the 3rd box down, click on Interests
 - 3) Click on one of your areas of Interest (or a different one) in which you want to find a related career (click on the corresponding gray check mark).
- A list will appear on the right, **List jobs that interest you:**

Search by Personality Type:

- 1) From the main menu, click on use an assessment tool
 - 2) In the 3rd box down, click on Personality Type
 - 3) Click on one of your Personality Types in which you want to find a related career (click on the corresponding gray check mark).
- A list will appear on the right, **List jobs that interest you:**

Search by Skills:

- 1) From the main menu, click on use an assessment tool
 - 2) In the 3rd box down, click on Skills
 - 3) Click on one of your Skills in which you want to find a related career (click on the corresponding gray check mark).
- A list will appear on the right, **List jobs that interest you:**

Search for a career by major:

What can I do with my major or any major that I am interested in?

From the main menu, click on *See what I can do with my major* (**note:** you can change your major if you want to look at careers for a different major by clicking on change major, or can look up a major in the database if you don't have a major)

- Once you have a chosen major/major of interest, click on occupations and **list two of interest:**

Look back on all the careers that you have listed that interest you and Research TWO of those careers: Under the main menu, click on Check out occupations and click on the occupation of your choice

*Make sure to Book mark this career by clicking on book mark this under the title of the occupation

- Career #1:
 - List three things you learned about this career:
 - 1)

2)

3)

- Career #2
 - List three things you learned about this career:
 - 1)

2)

3)

Career Choices: What is right for me?

After you have bookmarked at least two careers that you are most interested in, you can compare them by clicking on compare side by side (under search for career by major), do this for two careers.

List here what you learned after comparing the two careers, is there one that is more appealing (has more positive things that you like about it) and why? Explain.

How do I prepare for this career?

- 1.) From the Main Menu, click on the assessment tool
- 2.) Click on Preparing (in the third box)
- 3.) Click on your choice occupation

What education is required for this career?

What kind of experience is helpful to have for this career?

What is one of the work areas of this profession that interests you?

Is there one that you dislike (click on the work areas to learn more about them)?

Summary:

- What is one interesting thing that you learned or confirmed about yourself?
- After all that you have learned about this occupation, are you still interested in it? Explain and be specific.
- After all that you have learned about this occupation, do you think that you are capable of pursuing it?
- What skills or preparation might be difficult for you?
- If the occupation you chose is no longer an option, what other options might you explore?



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