



# Upward Bound Newsletter

May 2010

## From the Director's Desk

### 3rd Quarter Grades

Judging from the 3rd Quarter grades, an overwhelming majority of students in the UWEC UB program are doing very well and, ergo, if they remain on this track for the remaining duration of their high school careers, will have excellent options for their postsecondary education (PSE). So, well done & keep up the good/great work! As for the students who did not perform as well in their 3rd Quarter studies, you still have the current 4th Quarter to influence your grades for the 2nd semester. Below is a summary of 3rd Quarter grades -

<2.67 GPA:	8 out of 60 students = 13.33 %
>2.67 GPA:	52 out of 60 students = 86.67%
>3.00 GPA:	47 out of 60 students = 78.33 %
>3.67 GPA:	20 out of 60 students = 33.33%
Perfect 4.00 GPA:	1 out of 60 students = 1.67%

A very, very impressive 86.67% (52 out of 60 students) achieved GPAs of 3.0 or better in the 3rd Quarter!!!! Now, is that impressive or.....is that impressive?!

*~ Kimamo wa Wahome*

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### May Birthdays

\* May 15th - Tony Xiong

\* May 18th - Katelyn Naylor

\* May 19th - Sammi Wensel

\* May 27th - Jimmy Her, John Her & Mai Der Vang

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## Outlook for the Month

5/1	1) <i>Required Monthly Activity</i> : Trip to Twin Cities for Science Museum and Festival of Nations <b>(Required Monthly Activity)</b> 2) Deadline for claiming tuition deposits from colleges [ <b>Seniors</b> ]
5/5	New Students/Parents Orientation from 5:00-6:00 p.m. in HFA #160
5/7	Registration Deadline for 6/12 ACT
5/11	Matriculation Celebration from 5:00-7:00 p.m. at the Boys & Girls Club <b>(Required Activity)</b>
5/21	End of Spring Semester at UWEC
5/31	Memorial Day - UWEC & ECASD Closed

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## Calvin and Hobbes

By: Bill Watterson



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## College News

### Maximum Efficiency and Minimum Stress

From: *Off to College*, 2010 edition

*An absolute must is a daily planner. Follow these simple steps to help insure maximum efficiency and minimum stress:*

- Schedule all of your classes and attend them.
- Schedule 30 hours of study time per week, broken into several small blocks (about one hour each dispersed throughout the day).
- Schedule eight hours of sleep, retiring and rising at about the same time every day (within one hour).
- Schedule in your three main nutritional meals and some nutritional snacks.
- Schedule in other obligations, such as practice, rehearsals, meetings, and work.
- Schedule time for physical activity.
- Schedule fun.
- If you must skip a study period, reschedule it back into your day or week as soon as possible. Remember the first rule - 45 hours per week of academic activity.