Chasing Ice Coming to the Woodland Theater on March 14 at 4 and 6pm
# Earth Week Fashion Show

Every day we make a statement with the outfit we choose to wear. When shopping for clothes, we vote with our purchases on brand names and companies we like. Not only is it a vote for the design, but also for the design process – growing and harvesting materials, creating design templates, putting the pieces together, and shipping them to a store near you. Come learn more about this process, the fashion industry, and how you make a difference to promote a more sustainable and socially just lifestyle at the Just Bag It Fashion Show April 13 at 7PM in Davies Ojibwe Ballroom sponsored by the Housing and Residence Life Sustainability Office and the Student Office of Sustainability. Get together with friends to make lasting memories and enter your fashion team for the opportunity to showcase your original fashion design by April 1. Forms can be found at the Davies Service Center, the Housing Sustainability Office, or online at [http://www.uwec.edu/Housing/programs/Sustainability.htm](http://www.uwec.edu/Housing/programs/Sustainability.htm). Since we are promoting a more sustainable lifestyle, outfits must be made from recycled or repurposed materials. When you have completed your outfit, model it on the runway for the judges: Chancellor Schmidt, Vice-Chancellor Beth Hellwig, and Provost Patricia Kleine. You can also win a $200 first prize, $100 second prize, $75 third prize, and $25 for the runner up. A fashion show is not complete without an audience, so if you are uncertain about entering, make sure to be one of the 300+ attendees to show up on April 13 to support your friends and classmates as they bravely make a bold statement with fashion for sustainability and social justice. Learn how you, too, can make a statement in the fashion world for a more sustainable and socially just world. It’s a guarantee that this event will not ‘waste’ your time!

By Ashley Pike

## Storage

While some produce is no longer in season by the end of fall, many hearty root vegetables and other produce are stored easily through winter months and can effectively be considered “seasonal.”

<table>
<thead>
<tr>
<th>Spinach</th>
<th>Garlic, Onion, Parsnips, Potatoes, Rutabagas, Turnips, Winter Squash, Cauliflower, Apples, Pears, Carrots, Beets</th>
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In-Season Recipe

Spinach Quich:
1/2 cup butter
3 cloves garlic, chopped
1 small onion, chopped
1 (10 ounce) package frozen chopped spinach, thawed and drained
1 (4.5 ounce) can mushrooms, drained
1 (6 ounce) package herb and garlic feta, crumbled
1 (8 ounce) package shredded Cheddar cheese
1 (9 inch) unbaked deep dish pie crust
4 eggs, beaten
1 cup milk

1. Preheat oven to 375 degrees F (190 degrees C).
2. In a medium skillet, melt butter over medium heat. Saute garlic and onion in butter until lightly browned, about 7 minutes. Stir in spinach, mushrooms, feta and 1/2 cup Cheddar cheese. Season with salt and pepper. Spoon mixture into pie crust.
3. In a medium bowl, whisk together eggs and milk. Season with salt and pepper. Pour into the pastry shell, allowing egg mixture to thoroughly combine with spinach mixture.
4. Bake in preheated oven for 15 minutes. Sprinkle top with remaining Cheddar cheese, and bake an additional 35 to 40 minutes, until set in center. Allow to stand 10 minutes before serving.

Seymour’s Sustainable Lifestyle Tips:
- Grocery shop with reusable shopping bags.
- Use power strips to help turn off chargers, lamps, other electronics when not in use.
- Use a drying rack instead of dryer to help save electricity.
- Refill a reusable water bottle at the hydration stations across campus.
- When washing dishes by hand, use a sink half full of water instead of running water.
- Coffee addict? Invest in a reusable coffee mug to bring to class.
The University of Wisconsin Eau Claire, and specifically, the Watershed Institute for Collaborative Environmental Studies looks to add more classes with the topics of sustainability for students to take. Professor Jim Boulter taught an Honors course entitled: Sustainable U - Planning the Campus Climate Response during the fall of 2015.

Originally the class was going to craft a comprehensive proposal to map an action plan for UWEC to decrease its carbon footprint. Students of all disciplines were encouraged to participate and no prior enrollment in previous courses was required.

However, the plan of the class with requested input from Dr. Boulter was changed. The class shifted its focus to the UNFCCC COP 21 (United Nations Framework Convention on Climate Change and the 21st Conference of the Parties). This meant that first the class covered the basics of climate change in what it is scientifically. Second, the class learned different ways climate change has been mitigated through laws, technology, and other tactics. Next, the honors class started to dive into the most difficult challenge of the class, policy. Policy on its own is difficult to understand, but when it is the policy of such a complicated issue as Climate Change is it can be frustrating. Questions quickly arose as the class looked into the INDC’s (Intended Nationally Determined Contributions) of many individual nations, which countries should bare more of the burden of financing for the mitigation of climate change, and how countries would be held accountable in the future in regards to any policy agreed upon.

The class took part in a mock COP 21 negotiations in The Cabin which attracted a wide variety of students, community members, and news reporters. A few students from the class were interviewed by a local news program, and ended up being on local television! The mock negotiations proved to be difficult for the students to compromise on many issues.

The students were asked to make their final INDC’s, hosted another event in the Woodland Theater in which groups presented different aspects of UNFCCC like business, religion, and politics, and were tested on their knowledge gathered to end the semester. The challenging class instilled a sense of knowledge on the subject of climate change policy and what we are to address it. It is classes like this that make UWEC a fantastic place to study many disciplines.