



# UR&SF Newsletter



Meet the University Recreation & Sports Facilities Staff

## Be Safe Over Winter Break!

It is with great excitement that 2012 is approaching and we soon begin another exciting semester! We hope you enjoyed your fall semester and that you return to campus refreshed and energized!

We hope you take an opportunity to explore all that UWEC Recreation has to offer. University Recreation & Sport Facilities (UR&SF) provides a variety of programs and services to meet the needs and interests of the University community. Specific programs include: aerobics, open recreation, massage therapy, intramurals, sport clubs, special events, community service, wellness education, faculty/staff programs, an internship program, the Wisconsin Youth Sports Program (WYSP), and the Association of College Unions-International (ACU-I).

University Recreation & Sport Facilities also provides extensive programming and services through the McPhee Strength & Performance Center (MSPC), Bowling & Billiards Center (BBC), and the Environmental Adventure Center (including the indoor climbing wall and the archery range).

All upper campus indoor and outdoor

sport recreation facilities are managed by UR&SF. These facilities include McPhee Center/Ade Olson Addition, Hilltop Recreation Center Office, BBC, Crest Fitness Center, Simpson Fields, Towers Field, Hilltop basketball and tennis courts, Bridgman basketball courts, and Bollinger Fields.

Finally, UR&SF annually sponsors WYSP, a summer camp designed to give children the opportunity to engage in sporting and academic activities in a college environment.

For any general questions regarding UR&SF, you can email, call, or stop in. Add us on FACEBOOK for the newest and quickest departmental updates or follow us on TWITTER.

**Facebook:** UW - Eau Claire Recreation

**Twitter:** uwerecreation

Email: [recreation@uwec.edu](mailto:recreation@uwec.edu)

Phone: 715-836-3377

## Schedules:

- **Winter Wellness Schedule:**  
<http://www.uwec.edu/Recreation/upload/winter.pdf>
- **Winter Group Exercise Schedule:**  
<http://www.uwec.edu/Recreation/activities/groupexercise/index.htm>
- **Crest Winterim Hours:**  
Monday – Friday: 6am – 9am  
Noon – 6pm  
Saturday – Sunday: CLOSED  
Monday Jan, 16<sup>th</sup>: CLOSED
- **MSPC Winterim Hours:**  
Monday – Friday: 10am – 7:45pm  
Saturday – Sunday: CLOSED  
*\*Regular hours will resume Jan 21<sup>st</sup>*
- **EAC Winterim Hours: Jan3–Jan22**  
Monday & Friday: 11am – 5pm  
Tuesday - Thursday: 2pm – 5pm  
Saturday – Sunday: CLOSED
- **BBC Winterim Hours:**  
Friday, Dec 16<sup>th</sup>: 12pm – 3pm  
Sat, Dec 19<sup>th</sup> – Tues, Jan 17<sup>th</sup>: CLOSED  
Wed, Jan 18<sup>th</sup>: 3pm – 11pm
- **Spring Wellness Schedule:**  
<http://www.uwec.edu/Recreation/activities/wellness/upload/SpringWellnessPoster.pdf>
- **Spring Group Exercise Schedule:**  
<http://www.uwec.edu/Recreation/activities/groupexercise/index.htm>

## The Eau Claire Triathlon Club's 1<sup>st</sup> Indoor Triathlon



Family Participants in the indoor triathlon

The Eau Claire Triathlon Club is a club started in November of 2010 to introduce students and others into the sport of triathlons.

"The purpose of the indoor triathlon was to show people that triathlons are not something out of reach and that anyone can do one if they set their minds to it. We hoped with the fact that it was indoors people would feel safer trying it and not

be intimidated by an open water swim or by people with expensive bikes. It allowed everyone similar advantages and disadvantages."

—Ryan Rypel, President of the Eau Claire Triathlon Club

Male Results:	Female Results:
1. Andrew Gierke	1. Casey Wick
2. Matt Sellen	2. Jayme Wyss
3. Mark Mastalir	3. Amy Bashinski

## Intramural Officials of the Month:

Congratulations to our Officials of the Month. These officials have been recognized by the Intramural Supervisors as outstanding and extraordinary officials. Each of these officials has shown they deserve this recognition by their attitudes on the field of play. They have displayed their hard work and have been an exemplary intramural official.



### Blake Jansen: Indoor Soccer Official

Blake always has a quick smile and a bright attitude. He is prepared and ready to go for each and every shift even during the long indoor nights and the cold outdoor leagues. Blake is a stellar role model for the new and old staff because of the consistency of his calls, the problem solving skills with equipment, and the overall respect he has for the players, other officials and the game. Blake, among many wonderful attributes, has this positive attitude that is contagious and he will be sorely missed next year. Congratulations Blake!



### Sarah Bielmeier: Indoor Volleyball Official

Sarah is a hard worker and very dedicated to the intramural program. She consistently shows up for her shifts on-time or early to set up the nets and she is personable and responsible. Her sense of humor creates a positive atmosphere each night which is especially beneficial during championship night when tensions run high. Her willingness to pick up extra shifts also exemplifies her commitment to the program. Congratulations Sarah!



### Matthew Bove: Indoor Basketball Official

Matt is a new member to the intramural program this year. The level of professionalism he holds his responsibilities to, far succeeds the expectations put upon him. He is a good leader, accepts compliments humbly, and always referees his games with 100% effort. Matt is a wonderful addition to the intramural family, and we look forward to a few great years. Congratulations Matt!

— Robyn Kozlowski, Supervisor of intramurals

Each month, IM officials are carefully and thoughtfully chosen by the IM supervisors: Robyn Kozlowski, Erin Abbott, Abbie Shadick, Derek White, Steve Lor, Nate Shields, Dillon Clements

## Upcoming Special Events:

- *McPhee Fun Night: Saturday, January 21<sup>st</sup> 8:00 pm – midnight*
- *Texas Hold 'Em Tournament Thursday, Feb 2<sup>nd</sup>, 2012 Pre-Register @ Hilltop Rec Center: \$1 per person*
- *Billiards 8-ball Tournament Feb 3-4, 2012 Pre-Register @ Hilltop Rec Center: \$1 per person*
- *Chanhassen Dinner Theater Trip: Hairspray, Thursday, February 9<sup>th</sup> \$65- includes transportation, dinner, and show*

### Recreation

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Call (715) 836-3377 for a massage today! They make great gifts for students and F/S!

30 min - \$26

45 min - \$32

60 min - \$38

90 min - \$54

## Shamrock Shuffle

The Shamrock Shuffle is a FUN, non-timed 5k + run/walk fundraiser with all proceeds going to help fund the WYSP. Sign up individually or as a team today!

Event Date: Saturday, March 10, 2012

Registration: 9:00 AM

Race Start: 10:00 AM

\$15 for Individuals, \$20 for teams per member (in advance)



## Friday Night Team Trivia

Team Trivia will continue second semester on Friday evenings starting at 9 pm. The kickoff night will be **Friday, January 20<sup>th</sup>, 2012.**

Team Trivia will provide cash prizes (\$50/25/10) for top three teams each game and UWEC will provide a 'big cookie' at halftime for 'Best Team Name'.

Game schedule as follows: 1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/2, 3/9.

UR&SF offers a vast number of employment opportunities, particularly for students. Fill out an application at Hilltop Center today!

"We provide opportunities that bridge academic learning with self-discovery through activities that enhance student leadership development, wellness, and fun."



WYSP has provided the Chippewa Valley youth with an opportunity to develop their leadership, academic, and athletic skills. Each camper receives free: transportation, 2 meals, and a medical examination and dental cleaning and screening.

