DANCE
http://www.uwec.edu/danceteam/

The UWEC Blugold Dancers make up a competitive organization designed to perform at basketball games. We perform a variety of styles of dance such as jazz and hip-hop. We also perform nationally against other college dance teams, and we hold an annual high school dance competition and clinic at UWEC. Try-outs are held in the fall, so watch for dates and times.

DODGEBALL
http://www.uwec.edu/dodgball/

The Eau Claire Dodgeball Club takes pride in the fact that we are open to anyone with no membership fees. We are a diverse group and get together each week to play dodgeball. In addition to tournaments, our events consist mostly of pick-up style games. The core belief of Eau Claire Dodgeball is that dodgeball should be taken too seriously. Dodgeball should probably be taken even less seriously.

HOBNAILERS
http://www.uwec.edu/hobnailers/

Hobnailers is a fun-loving adventure club run by outdoor enthusiasts. The club organizes regular activities like rock climbing, repelling, camping, and backpacking. All members are encouraged to help organize and lead trips. Watch the Hobnailers’ board in the Hilltop Recreation Center for meeting times and trip schedules.

HWA RANG DO / TAE SOO DO
http://www.uwec.edu/hwarang/index.html

Hwa Rang Do and Tae Soo Do are founded on martial art knowledge dating back 3000 years. Founded in South Korea, Hwa Rang Do combines hard and soft techniques to form an unique martial art experience. Tae Soo Do offers the basic knowledge of grappling, sparring, forms and weapons. Members benefit by gaining flexibility, strength and endurance through rigorous training. We welcome all to maximize their potential with us.

PING PONG

Ping-Pong Club on the UW-Eau Claire campus is dedicated to increasing awareness of ping-pong within the community. This Olympic sport offers a fun recreational activity as well as a professional challenge. In the same way, Ping-Pong Club offers a friendly environment for new players to pick up the game while experienced players hone their skills.

FIGURE SKATING
http://www.uwec.edu/figureskate/

The UWEC Figure Skating Club provides members with a chance to skate as an individual as well as a part of a synchronized team. Our goal is to encourage the participation and enjoyment of figure skating through practice, competition, shows, hockey games, and various social events while surrounded by a fun and positive atmosphere.

MENS LACROSSE
http://www.uwec.edu/mens lax/

Men’s Lacrosse is a fast paced sport that involves agility, speed, strength, and most of all, teamwork. The Eau Claire team is proud to be part of the progression and growth of this great game. The main season is in the spring, but tournaments are held year round. Anyone interested is welcome to come and continue their experience with the game or start participating in this great sport.

MIXED MARTIAL ARTS
http://www.uwec.edu/mma/

If you enjoy a good workout and the Mixed Martial Arts then look no further! The Mixed Martial Arts Club offers a variety of different martial arts practices like Jiu Jitsu and Muay Tai and anyone enrolled in UW-Eau Claire can join!

MENS ULTIMATE FRISBEE
http://www.uwec.edu/ultimate/

Eauzone Ultimate is a competitive outlet for athletes looking for a new sport. We invite UWEC students, faculty or staff of any skill level to come join the team. Ultimate is about having fun in an active atmosphere, and we strive to live up to the spirit of the game to participate!

WOMENS LACROSSE

As members of the Upper Midwest Women’s Lacrosse League (UMWLL), we have the opportunity to travel all over the midwest and the country to play. The sport itself is easy to learn and it is easy to improve with practice. There is no experience necessary to join, so for anyone who is interested in playing on an amazing team, lacrosse is the sport for you.

INSURANCE

University recreation and Sport Facilities and UWEC do not provide accident insurance for club members and cannot be held responsible for injuries incurred through an individual’s voluntary participation in Sport Club activities. University Recreation and Sport Facilities strongly recommends that all club members have a personal medical insurance plan in effect during the period of club related activity.

FUNDING

The Sport Club Program is partially funded from segregated fees and each club is allocated a budget based on their budget presentation, needs, and the Sport Clubs program budget. The majority of the club’s budget is derived from dues, donations, and fundraising.

DEFINITION OF A SPORT CLUB

A Sport Club is a recognized University student organization that has been formed by individuals motivated by a common interest and desire to participate in a favorite activity. The club exists to promote and develop interest in that activity. Its members learn new skills, refine existing skills, engage in competition, and enjoy the recreational and social fellowship of that activity.

INDIVIDUALS WITH DISABILITIES

If you need a disability-related accommodation to participate in the programs, services or activities offered by University Recreation and Sport Facilities contact Al Wiberg at 715-836-5601 as soon as possible.

FOR MORE INFORMATION

Contact University Recreation and Sport Facilities Jon Bollinger University of Wisconsin Eau Claire Eau Claire WI 54702-4404 (715) 836-5732
EQUESTRIAN CLUB
http://www.uwec.edu/equestrian/

The purpose of the organization will be to give college students a chance to improve their equestrian skills as well as have the opportunity to compete against other colleges in the region. The club consists of 30 to 40 members and a competitive atmosphere in which members can experience the thrill of riding. The club's goal is to provide a safe environment for their race.

MENS RUGBY
http://www.ecrugby.com/

The UWEC Men's Rugby Club is a part of the Wisconsin Rugby Football Union (WRFU) and is a member of the American Collegiate Rugby Association. The rugby rules we play by are the same as those followed throughout the world. Rugby is a physical, fast moving, demanding, and sport of all FUN. Rugby is played in the fall and spring semesters. Come and give it a try! No experience is needed to start.

MENS SOCCER
http://www.uwec.edu/soccerclub/

The Men’s Soccer Team is a competitive organization. The club is a member of the Midwest Alliance Soccer Conference (MASC), affiliated with Region 3 of the National Intramural-Recreational Sports Association (NIRSA). The club plays a 12 game conference schedule consisting of 25-30 games, with a few exhibition games in the fall. We play in a beautiful ball park at Carson Park. New players are always encouraged to participate.

MENS VOLLEYBALL
http://www.uwecmvb.org/

The Volleyball Club is open to all UWEC men who have the skills to compete in NCVF Competition Teams. Their goal is to provide a competitive atmosphere in which members can improve individual skills and teamwork. New members are always encouraged to join.

MENS HOCKEY
http://uwecmenishockeyclub.weebly.com/

The UWEC Men’s Hockey Club was founded in 2010 and is a member of the American Collegiate Hockey Association. We play against other schools all over the midwest at the Division II club level. Our mission is to provide our members the opportunity to continue playing competitive hockey at the collegiate level and to give back to the Eau Claire hockey community.

BLUGOLD COMPETITIVE BALLOOM
Our purpose is to prepare throughout intensive coaching, training, and regular practices: a group of ballroom dancers able to compete at least twice per year. Our vision is to become a sustainable student-lead competition ballroom team with members that are dedicated and actively involved in competitions, training for those competitions, and the administration of the organization.

WOMENS VOLLEYBALL
http://www.uwec.edu/vvb/

The Women’s Volleyball club is open to all UWEC females who have the skills to compete in the WVC conference competition. Conference rules only allow two former varsity players per team. Two teams are formed in the fall and competition begins in the spring. We compete against the top 10 teams in the NCVF Nationals. Practice is about two or three times per week, with roughly five tournaments in the spring. The club’s goal is to provide a competitive atmosphere in which members can improve individual skills and teamwork. New members are always welcome!

WOMENS VOLLEYBALL
http://www.uwec.edu/vvb/

The Women’s Volleyball club is open to all UWEC females who have the skills to compete in the WVC conference competition. Conference rules only allow two former varsity players per team. Two teams are formed in the fall and competition begins in the spring. We compete against the top 10 teams in the NCVF Nationals. Practice is about two or three times per week, with roughly five tournaments in the spring. The club’s goal is to provide a competitive atmosphere in which members can improve individual skills and teamwork. New members are always welcome!

WOMENS RUGBY
http://www.ecrugby.com/

The UWEC Women’s Rugby Club gives campus women a chance to compete in the exciting and unique sport of rugby. The rugby rules we play by are the same as those followed throughout the world. Rugby is a physical, fast moving, demanding, and sport of all FUN. Rugby is played in the fall and spring semesters. Come and give it a try! No experience is needed to start.

WOMENS ULTIMATE FRISBEE
http://www.uwec.edu/ultimatemvb.org/

The Ultimate Frisbee Club is open to all UWEC women who have the skills to compete in the WVC Competition Teams. The club’s goal is to provide a competitive atmosphere in which members can improve individual skills and teamwork. New members are always encouraged to join.

TWO TO TANGO
http://www.uwec.edu/tango/

Two To Tango is UW-Eau Claire's ballroom and Latin Dance Club, open to all students, faculty, and staff. We meet Sunday evenings from 6:30 - 8:30 pm in the McPhee Dance Studio. Members are not required to bring a partner, special shoes, or previous dance experience. If you are interested in joining a friendly organization where you can meet a wide variety of people while learning to dance, come join us Sunday nights and make Two to Tango a part of your weekend!

WATERSKI CLUB
http://uwecwaterskiwakeboardteam.weebly.com/index.html

The UWEC Water Ski Club offers students the chance to participate and compete in water skiing. Students of all ability levels are encouraged to become a member and learn new skills or refine those they already have. Competitions will be mainly in the area of: Slalom, Trick Skiing, Jumping, Wake Boarding and Barefooting. Come meet great people who share your love of water skiing.

BASEBALL
http://www.leaguelineup.com/welcome. asp?uf=uwecbaseball

The UWEC Baseball Club is thriving in Eau Claire. We compete against teams from the Western Great Lakes Conference as well as teams from the National Club Baseball Association. Our main season is in spring, consisting of 25-30 games, with a few exhibition games in the fall. We play in a beautiful ball park at Carson Park. New players are always encouraged to participate.

CHEERLEADERS AND STUNTMEN
http://www.uwec.edu/cheer/

The UWEC Cheer & Stunt Team is a group with enthusiasm and school spirit. The group consists of two squads. The Sideline Squad cheers the Blugold football and basketball teams on to victory, while the Competition Squad strives for victory on the blue mat against other college teams. Our goal is to bring everyone’s talent together to gain cheerleading skills. Tryouts are in September. We would love to have you join our team!

CROSS COUNTRY SKI TEAM
http://www.uwec.edu/ccski/

The UWEC Cross Country Ski Team provides opportunities for university students to pick up a new sport or continue their development through organized team practice and competition. The team seeks to teach technique and develop endurance to those interested, regardless of their personal experience levels. We practice daily and travel to citizen’s races most weekends from mid-December to late February.

WOMENS ULTIMATE FRISBEE
http://www.uwec.edu/ultimatemvb.org/

The Women’s Ultimate Frisbee Team is for any student, faculty or staff member who wants to spend time having fun or being physically active. We practice two or three times a week year-round and participate in four or five tournaments a semester, including one home tournament. Playing Ultimate with SOL is a great way to try an amazing new sport. New people are always welcome to join us!

BOWLING
http://www.uwec.edu/bowling/index.html

The Bowling Club offers a variety of activities and benefits for bowlers of all skill levels. We compete around the region against some of the top schools in the country. The club also has an on-campus league, which is a great way to meet new people and improve your skills.

TRIATHLON CLUB
http://uwecwaterskiwakeboardteam.weebly.com/

The Eau Claire Triathlon Club is a collegiate triathlon team that trains and races together. We are an easy-going fun group of students that enjoy running, biking, and swimming. The club is designed for all levels of skill and performance and does not reject anyone interested in training or seeing how the club works. We train together throughout the school year focusing on the three separate disciplines of our sport. Along with training we compete on the collegiate circuit. Besides focusing on workouts or races we also host an indoor triathlon and camp to give newcomers to the sport a safe environment for their race.