Maximal oxygen consumption (VO\textsubscript{2}\text{max}) reflects a dynamic interaction among multiple human physiological systems and is the most widely studied concept in the field of Exercise Physiology. Yet, there remains a debate regarding the proper way to assess and confirm the attainment of VO\textsubscript{2}\text{max}. This publication is a review article highlighting historical perspectives, current practice, and future direction in the measurement of VO\textsubscript{2}\text{max}. 

Graded Exercise Testing Protocols for the Determination of VO\textsubscript{2}\text{Max}: Historical Perspectives, Progress, and Future Considerations

*Journal of Sports Medicine*