I once overheard a Ve’ho’e (White Person) ask a Cheyenne, “How do you build a relationship with a Native American?” The Cheyenne waited to speak, and then said, “The same way you do with anyone – heart to heart.”

The purpose of this book is to influence the social studies educator towards creativity and independent thinking when it comes to building relationships. This education text was fashioned as a spark to break away from the current American educational oppressional paradigm – from crippling high stakes testing, to mind-numbing, uninspiring pedagogy. So, as we wrote these relationship building methods, we were hoping that our fellow teachers would think about their own learning and teaching – and what worked. And, what needs change.