The article was the culmination of an undergraduate student/faculty collaborative research project. The four coauthors on the paper are alumni of the University of Wisconsin – Eau Claire. An estimated 18% of Wisconsin adult population lives with a disability and most of them don’t participate in any form of physical activity. Fitness facilities can play a significant role in the social and behavioral patterns of health and physical activity for individuals with disabilities. The research project examined the accessibility of fitness facilities in western Wisconsin based upon federal guidelines included in Title III of the Americans with Disabilities Act.