

Department of Kinesiology
Comprehensive Major: Kinesiology-Physical Education Teaching Emphasis
Adapted Physical Education/Health Education Certifications
2009-2010 Academic Catalogue

Physical Education Emphasis

The Physical Education emphasis is intended to prepare students to become certified physical educators from Early Childhood to Adolescence (K-12). The Adapted Physical Education certification is included within the emphasis and an additional Health Education certification is also available for students interested in teaching health. The Physical Education emphasis in Kinesiology is a program within the College of Education and Human Sciences (COEHS), accredited through the Wisconsin Department of Public Instruction.

Physical Education Teaching Curriculum

Sixty semester credits, including the Core plus Kins 290, 293, 300, 301, 302, 303, 305, 327, 328, 474, 484, 487, 493, 496; Sped 200 and 210, 220 or 306. Additional requirements include: Biol 151 (GE-II), Biol/Wmns 130 (GE-II); Math 246 (GE-1B), and Phys 100 (GE-II) which is a prerequisite for KINS 304. **See chart for Teacher Education GE requirements.** This major leads to Early Childhood through Adolescence licensure in physical education (see School of Education section of this Catalogue for additional certification requirements). The University physical activity and Service-Learning requirements are met by the completion of required coursework within this major. The University wellness theory requirement must be satisfied. See your academic adviser for additional information regarding your individual plan of study.

Admission to the Teacher Education

See additional requirements for admission to Professional Programs.

Comprehensive Major: Kinesiology--Physical Education Teaching Emphasis AY 2009-10
Code: 991-065

Core Courses (Total Credits = 12)		Cr.	Pre-Req.	Co-Req.	Offered
KINS 294	Anatomical Kinesiology	3	none		Fall & Sp
KINS 304	Biomechanical Kinesiology	3	C or above in 294, Phys 100 or 211, min GPA 2.35		Fall & Sp
KINS 308	Exercise Physiology	3	C or above in 294, Phys 100 or 211, min GPA 2.35		Fall & Sp
KINS 426	Motor Learning & Development	3	C or above in 294, Phys 100 or 211, min GPA 2.35		Fall & Sp
Emphasis Courses (Total Credits = 48)					
KINS 290	Introduction to Physical Education	3	190		Fall & Sp
KINS 293	Water Safety Instructor	2	Permission by instructor		Spring
KINS 300	PIA: Invasion Games	3	KINS 290		Fall
KINS 301	PIA: Adventure Activities	3	KINS 290		Spring
KINS 302	PIA: Rhythms & Dance	3	KINS 290		Fall
KINS 303	PIA: Fitness Concepts	3	KINS 290		Fall
KINS 305	PIA Net/Wall/Field/Run/Score/Target	3	KINS 290		Spring
KINS 327	Movement Education for Elem. Grades	3	KINS 290		Fall
KINS 328	Elementary Physical Education Lab	2	KINS 327		Spring
KINS 474	Research Methods in Kinesiology	3	MATH 246		Fall & Sp
KINS 484	Developmental & Adaptive PE	3	SPED 200, KINS 290		Fall
KINS 487	Assessment in Adaptive PE	3	KINS 484, Sped 200		Spring
KINS 493	Practicum in Adaptive PE	3	Sped 200,210; KINS 484, 487		Fall & Sp
KINS 496	Capstone Teaching PE	1	Permission by instructor		Fall
SPED 200	Introduction to Special Education	3	none		Fall & Sp
SPED 306	Behavior Management OR	3	SPED 200/admiss. to Teacher Ed.		F/ Sp/Su
SPED 220	Intro to SPED: Early Childhood OR	3	SPED 200		V
SPED 210	Intro to Cognitive Disabilities	3	SPED 200		F/Su
PSYC 261	Classroom Processes	4	ENGL 110		Fall & Sp
Professional Sequence (Total Credits = 30)					
CI 212	Initial Teaching Exp. In K-12	2	14 cr/PPST/English/2.75 gpa		Fall & Sp
CI 312	General Methods in Teaching	2	Admin TE	CI 318,328	Fall & Sp
CI 317	Middle Level Methods & Curr.	2	Admin TE	CI 312, 328	Fall & Sp
CI 318	Teacher Assisting	1	Admin TE	CI 312, 328	Fall & Sp
CI 328	Content Area Reading & Study Strat.	2	Admin TE/Psyc 261		Fall/Sp/Su
FED 385	Social Foundations/Human Relations	3	Admin TE/CD3		Fall/Sp/Su
FED 490	Hist/Leg/& Phil Foundations of Educ.	3	Admin TE		Fall/Sp/Su
CI 441	Student Teaching Elem <u>and</u>	7	Admin TE	FED 497	Fall & Sp
CI 445	Student Teaching - Middle OR	7	Admin TE	FED 497	Fall & Sp
CI 470	Student Teaching Secondary OR	7	Admin TE	FED 497	Fall & Sp
	OR		Admin TE		
CI 440	Internship-Elementary OR	7-14	Admin TE	FED 497	Fall & Sp
CI 446	Internship Middle School OR	7-14	Admin TE	FED 497	Fall & Sp
CI 475	Internship -Secondary	7-14	Admin TE	FED 497	Fall & Sp
			Admin TE		Fall & Sp
FED 497	Field Experience Seminar	1			Fall & Sp

General Education/Baccalaureate Requirements (Total Credits = 39 minimum)			
I. Communications	6	IV. Humanities	9-12
A. CJ 202			
B. Math 246		V. University wide GE	0-6
II. Natural Sciences	9-12	Foreign Language/Culture Req	0-9
D. Biol 151		Service Learning	KINS 328
E. BIOL 130			KINS 484
F. Physics 100			Overall Course
III. Social Sciences	9-12	Physical Act.	work
A. PSYC 261		Wellness Theory	KINS 335
B. Social Sciences		English Composition	Engl 110
Total Credits = 129			Rev 5/2009

Add-on Certification Option

Health Certification

KINS 274 First Aid and CPR	1cr
KINS 294 Anatomical Kinesiology	3cr
KINS 308 Exercise Physiology	3cr
KINS 335 Intro to School Health Education.	3cr
KINS 336 Teaching Strategies and Assessment in School Hlth Educ.	3cr
KINS 337 Health Education Curriculum Design	3cr
BIOL 130 Human Sexual Bio	3cr
BIOL 151 Biology of Humans	4cr
BIOL 196 Human Nutrition	
OR	
KINS 450 Applied Nutrition in Kinesiology	<u>3cr</u>
TOTAL CREDITS	26

**Physical Education Teaching Emphasis
2009-10 Catalogue Semester Plan**

Semester 1 & 2: Fall & Spring

KINS 294 Anatomical Kinesiology (3)

No prereq courses

KINS 290 Introduction to Physical Education (3)

Prereq or co-req KINS 190

***PHYS 100 Physical Science (4)**

No prerequisite courses

***ENG 110 English Composition (5)**

***GE III or GE IV (3)**

***BIOL 130 Human Sexual Biology (3)**

No prereq courses

***MATH 246 Elementary Statistics (4)**

Prereq is Math 020 or 2 yrs algebra or sufficient placement score

Recommend to Take and pass PPST

Total Credits Recommended 1st semester: 15-16

Total Credits Recommended 2nd semester: 15-18

Semester 3: Fall

SPED 200 Introduction to Special Education (3)

No prerequisite courses

CI 212 Field Exp in K-12 PE (2)

Prereq is 14 cr/PPST/English/2.75 gpa

KINS 327 Movement Educ. for Elem. Grades (3)

Prereq is KINS 290

KINS 300 PIA: Invasion Games (3)

Prereq is KINS 290

***CJ 202 Fundamentals of Speech (3)**

Prerequisite is C or above in English 110 or equivalent

***BIOL 151 Biology of Humans (4)**

No prerequisite courses

***PSYC 261 Psychological Development & Classroom Processes (4)**

Prereq is English 110

***GE III, or IV (3)**

Semester 4: Spring

KINS 301 PIA: Adventure Activities (3)

Prerequisite is 290

KINS 305 PIA: Net/Wall/Field/Run/Score Target Act. (3)

Prereq is KINS 290

KINS 328 Elementary PE lab (2)

Prerequisite is KINS 327

CI 212 Field Exp in K-12 PE (2)

14 cr/PPST/English/2.75 gpa

***CJ 202 Fundamentals of Speech (3)**

Prerequisite is C or above in English 110 or equivalent

***BIOL 151 Biology of Humans (4)**

No prerequisite courses

***PSYC 261 Psychological Development & Classroom Processes (4)**

Prereq is English 110

***GE III, or IV (3)**

Semester 5: Fall

KINS 302 Fundamentals of Rhythms & Dance (3)

Prerequisite is 290

KINS 303 PIA: Fitness Concepts (3)

Prerequisite is 290

KINS 484 Developmental & Adaptive Phys Educ. (3)

Prereq is SPED 200, KINS 290

KINS 304 Biomechanical Kinesiology (3)

C or above in KINS 194, Phys 100 or 211, min GPA 2.35

SPED 306 Behavior Management (3)

Prerequisite is Sped 200/Admission to TE

or

SPED 210 Intro to CD (3)

Prerequisite is Sped 200

Or

SPED 220 Intro to CD, EC (3)

Prerequisite is Sped 200

***KINS 335 Intro to Health Ed (3)**

GE III, or IV (3)

Semester 6: Spring

FED 385 Social Foundations: Human Relations (3)

KINS 487 Assessment in Adaptive PE (3)

Prerequisite is KINS 484/Sped 200

KINS 493 Practicum in Special PE (3)

Prerequisite is Sped 210 or 306; KINS 484, 487 or concurrent

KINS 426 Motor Development (3)

C or above in KINS 194, Phys 100 or 211, min GPA 2.35

KINS 308 Exercise Physiology (3)

C or above in KINS 194, Phys 100 or 211, min GPA 2.35

KINS 293 Water Safety Instructor (2)

Permission by instructor

Students may apply for admission into Teacher Education the semester after completing CI 212. Application should not occur more than 3 semesters before intended graduation. Application deadline is typically the first week of October or the first week of March of each semester.

Recommend to Take and pass PPSTII. Recommended to see advisor for appropriate test(s).

<p>Students may apply for admission into Teacher Education the semester after completing CI 212. Application should not occur more than 3 semesters before intended graduation. Application deadline is typically the first week of October or the first week of March of each semester. Recommend to Take and pass PPSTII. Recommended to see advisor for appropriate test(s).</p>	
<p>Semester 7: Fall CI 312 General Methods of Teaching (2) Prerequisite is Admission to TE/Co-req is CI 318, 328 CI 317 Middle Level Methods & Curriculum (2) Prerequisite is Admission to TE/Co-req is CI 312, 328 CI 318 Teacher Assisting (1) Prerequisite is Admission to TE/Co-req is CI 312, 328 CI 328 Content Area Reading & Study Strategies (2) Prerequisite is Admin TE/Psyc 261 or Cdis 370 KINS 474 Research Methods in Kinesiology (3) KINS 496 Capstone: Teaching Physical Education (1) Permission by instructor FED 490 Historical, Legal, Philos. FED (3) Prerequisite is Admission into TE</p> <p>Finish GE II, III, or IV (up to 6)</p> <p><i>Total Credits 15</i></p>	<p>Semester 8: Spring 1. CI 441 Student Teaching in Elementary Education (7) Prerequisite is Admission into TE/Co-req FED 497 CI 445 Student Teaching in Middle Level Education Prerequisite is Admission into TE/ Co-req FED 497 or CI 470 Student Teaching in Secondary Education (7) Prerequisite is Admission into TE/ Co-req FED 497 OR 2. CI 440 Internship Teaching in Elementary Education (7) Prerequisite is Admission into TE/ Co-req FED 497 CI 446 Internship Teaching in Middle Level Education Prerequisite is Admission into TE/ Co-req FED 497 or CI 475 Internship Teaching in Secondary Education (7) Prerequisite is Admission into TE/ Co-req FED 497 3. FED 497 (1) Prerequisite is Admission into TE/ Co-req CI 441/445 or 470 or internship</p> <p><i>Total Credits 15</i></p>
<p>Total Credits: 129 minimum Major Credits: 60 (including credits for Adaptive licensure) <i>Rev 5/2009</i></p>	

This semester plan is one example of an individual plan of study. Students may or may not follow this model.

Physical Education Teaching Emphasis – Additional Information

Contact Information

Schedule an appointment with one of the following advisers to learn more about the degree requirements associated with Physical Education/Health Education/Adapted Physical Education Teaching. Be aware that it may take several days to get an appointment with an adviser so please be proactive in your planning.

Marquell Johnson, Ph.D.
Assistant Professor

Phone (715) 836-3948

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Office McPhee 227

Dr. Johnson teaches courses in adapted physical education and motor development. He advises students who are majoring in Kinesiology-Physical Education and Sport Pedagogy.