

Department of Kinesiology

MINOR: SCIENCE OF COACHING

2009-10

Course	#	Credit	
KINS	294	3	Anatomical Kinesiology
KINS	275	2	Prevention and Care of Exercise Injuries (prerequisite KINS 274 or equivalent)
KINS	277	1	Prevention and Care of Exercise Injuries Lab (prerequisite KINS 274 or equivalent; and KINS 275 or concurrent enrollment)
KINS	292	2	Management and Coaching Theory
KINS	304	3	Biomechanical Kinesiology (prerequisite KINS 194 and PHYS 100 or 211)
KINS	308	3	Physiological Kinesiology (prerequisite KINS 194)
			Select six credits from the following:
KINS	312	3	Psychology of Sport and Physical Activity
KINS	313	3	Sociology of Sport and Physical Activity
KINS	357	3	Essentials of Strength and Conditioning (prerequisite KINS 304 and 308)
KINS	492	4	Coaching Seminar and Practicum (prerequisite KINS 292 and senior standing)
Total 24			