

## KINESIOLOGY MAJOR- MOVEMENT STUDIES EMPHASIS

2005-06

Code: 991-261

Core Courses (15 credits)		Cr.	Pre-Req.	Co-Req.	Tent. Offering
KINS 190	Concepts in Kinesiology	3			Fall & Sp
KINS 194	Anatomical Kinesiology	3			Fall & Sp
KINS 304	Biomechanical Kinesiology	3	C or above in 194, Phys 100 or 211, min. GPA 2.35		Fall & Sp
KINS 308	Exercise Physiology	3	C or above in 194, Phys 100 or 211, min. GPA 2.35		Fall & Sp
KINS 426	Motor Learning & Development	3	190		Fall & Sp

Emphasis Courses (11 credits)					
KINS 262	Health Survey	3			Fall & Sp
KINS 312	Psychology of Sport & Physical Activity	3			Spring
KINS 313	Sociology of Sport & Physical Activity	3			Fall & Sp
KINS 476	Senior Seminar	3	KINS major, 2.0 GPA		V

KINS Electives (10 credits from the following)					
KINS 275	Prevention & Care of Ath/Ex. Injuries	2	274 or equivalent		Fall & Sp
KINS 277	Prevention & Care of Ath Injuries -Lab	1	274 or equivalent, 275 or 192		Fall & Sp
KINS 292	Management & Coaching Theory	2			V
KINS 357	Essentials of Strength Training	3	304, 308, Recommend 117 & 355		Fall & Sp
KINS 474	Research Methods in Kinesiology	3	190 or 191 or 192		Spring
ADTN 375	Health Promotions	3	KINS 304 and 308, or Biol 303		Fall
DNCE 101	Dance Appreciation	3			Fall
BIOL 196	Human Nutrition	3			Fall & Sp

General Education/Baccalaureate Requirements			
<b>I. Communications</b>	6	<b>IV. Humanities</b>	9-12
MATH 104 or higher		<b>V. University wide GE</b>	0-6
<b>II. Natural Sciences</b>	9-12	<b>Foreign Language/Culture Req</b>	0-9
PHYS 100 or 211		<b>Service Learning</b>	
BIOL 151		<b>Wellness Theory/Physical Act.</b>	
<b>III. Social Sciences</b>	9-12	<b>English Composition</b>	

**Note: This major requires a minor. The minor must be from outside of the Department of Kinesiology**

Degree requirements are subject to change. Students are encouraged to work closely with their advisors.