

**Physical Education/Adapted Physical Education/Health Education Emphasis
Recommended Course Sequence**

<p><u>Semester 1 & 2: Fall & Spring</u> KINS 190 Concepts of Kinesiology (3) MWF 1:00-1:50, MWF 2:00-2:50 KINS 194 Anatomical Kinesiology (3) MWF 10:00-10:50, MWF 11:00-11:50 KINS 290 Introduction to Physical Education (3) TTH 12:30-1:45 SPED 200 Introduction to Special Education (3) MW 9:30-10:45, T 3:00-4:45</p>	
<p><u>Semester 3: Fall</u> CI 212 Field Exp in K-12 PE (2) M 10:00-11:50 or T 1:00-2:50—Labs MW 8:00-11:00, MW 8:00-11:00, TTH 8:00-11:00, TTH 12:00-3:00 KINS 327 Movement Educ. for Elem. Grades (3) MWF 1:00-1:50 KINS 301 PIA: Adventure Activities (3) TTH 11:00-12:15 KINS 484 Developmental & Adaptive Phys Educ. (3) MWF 9:00-9:50</p>	<p><u>Semester 4: Spring</u> KINS 300 PIA: Invasion Games (3) MW 9:30-10:45 KINS 305 PIA: Net/Wall/Field/Run/Score Target Act. (3) MW 8:00-9:15 KINS 328 Elementary PE lab (2) TTH 9:30-10:45 CI 212 Field Exp in K-12 PE (2) M 10:00-11:50 or T 1:00-2:50—Labs MW 8:00-11:00, MW 8:00-11:00, TTH 8:00-11:00, TTH 12:00-3:00</p>
<p><u>Semester 5: Fall</u> KINS 302 Fundamentals of Rhythms & Dance (3) MWF 2:00-2:50 KINS 303 PIA: Fitness Concepts (3) TTH 9:30-10:45 KINS 304 Biomechanical Kinesiology (3) TTH 9:30-10:45, TTH 11:00-12:15 SPED 306 Behavior Management (3) MW 2:00-3:15 or SPED 210 Intro to CD (3) M 3:00-4:45 *KINS 335 Intro to Health Ed (3) Arranged--online</p>	<p><u>Semester 6: Spring</u> KINS 487 Assessment in Adaptive PE (3) MWF 9:00-9:50 KINS 493 Practicum in Special PE (3) Arranged KINS 426 Motor Development (3) TTH 12:30-1:45, TTH 2:00-3:15 KINS 293 Water Safety Instructor (2) TTH 11:00-12:15 (2nd 8 weeks) KINS ??? Lifeguard Training (2) TTH 11:00-12:15 (1st 8 weeks) KINS 308 Exercise Physiology (3) MWF 11:00-11:50, MWF 12:00-12:50 *KINS 336 Health Ed Strategies and Assessment (3) MWF 12:00-12:50</p>
<p><u>Semester 7: Fall</u> CI 312 General Methods of Teaching (2) MWF 8:00-10:50, TTH 9:30-10:50; or W 12:15-2:15 CI 317 Middle Level Methods & Curriculum (2) MWF 8:00-10:50, TTH 9:30-10:50; or M 3:00-5:20 CI 318 Teacher Assisting (2) Arranged CI 328 Content Area Reading & Study Strategies (2) MWF 8:00-10:50, TTH 9:30-10:50; or W 3:00-5:15; or T 5:00-7:15 FED 385 Social Foundations: Human Relations (3) TTH 8:00-9:30, or TH 2:00-4:45, or MW 2:00-3:15, or MW 10:00-11:15 FED 490 Historical, Legal, Philos. FED (3) TTH 9:30-10:45, or MW 3:00-5:15, TTH 2:30-3:45 KINS 496 Capstone: Teaching Physical Education (1) M 6:00-8:30 *KINS 337 Health Ed Curriculum Design (3) MWF 12:00-12:50</p>	<p><u>Semester 8: Spring</u> CI 441 Student Teaching in Elementary Education (7) CI 445 Student Teaching in Middle Level Education (7) or CI 470 Student Teaching in Secondary Education (7) OR CI 440 Internship Teaching in Elementary Education (7) CI 446 Internship Teaching in Middle Level Education (7) or CI 475 Internship Teaching in Secondary Education (7) FED 497 (1) ** All M-F 8:00-4:00</p>