**Erbert & Gerbert’s Bistro**
- Any breakfast sandwich + Yoplait yogurt or whole fruit + bottled water* or small coffee
- Boney Billy (turkey sandwich) or Comet Morehouse (ham sandwich) + chips or whole fruit + bottled water*
- Jacob Bluefinger (avocado vegetarian sandwich) or Pudder (PB&J) + chips or whole fruit + bottled water*

**D’Italia**
- Any slice of pizza + cheese sticks or whole fruit + bottled water* 
- Build-your-own Pasta Toss + garlic bread + bottled water*

**Blu Flame Grill**
- Blu Flame burger or Veggie Burger or turkey burger + fries or whole fruit + bottled water* 
- Chicken tenders + fries or whole fruit + bottled water* 
- Grilled cheese + fries or small tomato soup or whole fruit + bottled water* 
- Two tacos + one Mexican side + bottled water* 
- Taco salad + bottled water* 
- Two piece chicken meal + bottled water*

**Mongolian Grill**
- Create-your-own stir fry or stir fry daily entrée + bottled water* 

**The Skillet**
- Create-your-own omelet + hash browns or whole fruit + bottled water* or small coffee 
- Create-your-own breakfast sandwich + hash browns or whole fruit + bottled water* or small coffee 
- Blugold Breakfast Plate (two eggs, toast, hash browns, side of meat) + bottled water* or small coffee 

**Simply-to-Go Items**
- Large prepared salad + Yoplait yogurt or whole fruit + bottled water* 

**Parfait Bar**
- Create-your-own large fruit and yogurt parfait + whole fruit + bottled water* or small coffee 

**Sushi DO**
- California roll or vegetable roll + bottled soda or water 
- Chicken Teriyaki Rice Bowl + bottled soda or water 

**Einstein Bros. Bagels**
- Thintastic Eggwhite Sandwich (asparagus, mushroom & Swiss or southwest turkey-sausage) + chips or whole fruit + regular fountain drink or coffee 
- Thintastic Buffalo Chicken or Club Sandwich + chips or whole fruit + regular fountain drink or coffee 

**Riverview Café**
- One visit at any time of the day to the all-you-care-to-eat cafeteria on upper campus 

**Freshens**
- Any large smoothie 

*Bottled water may be substituted by a small fountain drink or half pint carton of milk*