### Breakfast Sandwich
- **Finished with Hollandaise Sauce**
- **Served with Hash Browns or Breakfast Potatoes or Whole Fruit**

**Choose Your Eggs:**
- Over Easy, Over Medium, Over Hard, Scrambled or Sunny Side Up

**Choose Your Toast:**
- White, Wheat or Cinnamon Swirl

- Served with Hash Browns or Breakfast Potatoes or Whole Fruit

**Create-Your-Own Entrees**

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Calories</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>BLUGOLD BREAKFAST PLATE</td>
<td>(303-513)</td>
<td>$4.89</td>
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</tbody>
</table>

**Choose 1 Meat:**
- Bacon, Ham, Sausage or Vegetarian Sausage

**Choose Your Eggs:**
- Over Easy, Over Medium, Over Hard, Scrambled or Sunny Side Up

**Choose Your Toast:**
- White, Wheat or Cinnamon Swirl

**Skillet**
- (353-723 calories) $4.39

**Choose 3 Toppings:**
- Meat: Bacon, Ham, Sausage, Vegetarian Sausage
- Vegetables: Green Peppers, Mushrooms, Onions, Spinach, Tomatoes
- Cheese: American, Cheddar, Feta, Mozzarella, Swiss
- Other: Sausage Gravy, Tofu

**Choose Your Eggs:**
- Over Easy, Over Medium, Over Hard, Scrambled or Sunny Side Up

**Choose Your Toast:**
- White, Wheat or Cinnamon Swirl

**Breakfast Sandwich**
- (378-557 calories) $2.99

**Choose Your Bread:**
- Biscuit, Brioche or English Muffin

**Choose 1 Meat:**
- Bacon, Canadian Bacon, Ham or Sausage

**Choose 1 Cheese:**
- American, Cheddar or Swiss

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### Omelets
**Create-Your-Own Omelet**
- (285-699 calories) $4.09

**Choose 3 Toppings:**
- Meat: Bacon, Ham, Sausage, Vegetarian Sausage
- Vegetables: Green Peppers, Mushrooms, Onions, Spinach, Tomatoes
- Cheese: American, Cheddar, Feta, Mozzarella, Swiss
- Other: Sausage Gravy, Sausage Gravy, Tofu

**Western Omelet**
- (290 calories) $4.09

**Spinach Omelet**
- (280 calories) $3.99

**Cheese Omelet**
- (339-374 calories) $3.59

**Choose 1 Cheese:**
- American, Cheddar, Feta, Mozzarella or Swiss

**Egg Whites**
- (17 calories) $1.00

**Extra Omelet Toppings**
- (7-150 calories) $0.59

### Sides
**Pancakes**
- (227 calories) $3.19

**French Toast Sticks**
- (400 calories) $1.99

**Biscuit & Sausage Gravy**
- (270 calories) $2.99

**Hash Browns or Breakfast Potatoes**
- (100-130 calories) $1.79

**Eggs Your Way**
- (78 calories) $0.79

**Over Easy, Over Medium, Over Hard, Scrambled or Sunny Side Up**

**Meat**
- Bacon, Canadian Bacon, Ham, Sausage or Vegetarian Sausage

**Toast**
- (80-160 calories) $0.69

**Biscuit, Brioche or English Muffin**
- (110-220 calories) $0.99

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*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.*

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*Order Here*