Human Performance Subcommittee

The following are assessment goals for the Human Performance program. Upon completion of the Human Performance program, the student will be able to:

Goal 1: Effectively communicate in a discipline specific manner

1. Direct measures:
   a. Oral communication: KINS 474 Research presentation, KINS 440 Portfolio presentation
   b. Written communication: KINS 355 lab reports, KINS 358 Client project, KINS 464 Client assessment composites

1. Indirect measures: Internship supervisor evaluations & KINS 308 student group evaluations

Goal 2: Effectively assess physical fitness related parameters and utilize data to enhance individual fitness programming

1. Direct measures: KINS 358 Client project, KINS 355 lab practicum composite score, KINS 355 lab notebook, KINS 464 assessment projects, KINS 440 senior portfolio.

1. Indirect measures: Internship supervisor evaluation

Goal 3: Demonstrate scholarly learning, practice, and critical thinking skills

1. Direct measures: KINS 474 Research project final paper, KINS 440 Journal club oral presentation, KINS 440 senior portfolio

1. Indirect measures: Internship supervisor evaluation

Goal 4: Provide evidence of appropriate professional development

1. Direct measures: KINS Club membership, NACSM involvement/membership

1. Indirect measures: Internship supervisor evaluation