

## Kinesiology

### [At UW-Eau Claire]

Whether your interests are in personal fitness, athletic training, coaching, teaching, health and wellness, or one of our pre-professional programs (cardiac rehabilitation or physical therapy to name a few), kinesiology has something for everyone interested in the study of human movement. A degree in kinesiology at UW-Eau Claire will address the biological, psychological, social and environmental factors that influence an individual's capacity to lead a healthy lifestyle.

### Outstanding pre-professional experiences

Students can participate in a wide variety of pre-professional experiences such as student-faculty collaboration and research; job shadowing and mentoring with area professionals; K-12 field experiences; coaching and human performance apprenticeships; regional professional meetings and workshops; clinical experiences and workshops for certifications and licensures; and community fitness programs.

### Great facilities

The McPhee/Olson Physical Education Center is an outstanding facility with six gymnasias including an indoor 200-meter track, a competition-size swimming pool, eight racquetball courts, spacious weight training and fitness center, sports medicine/athletic training room, dance studio, human performance laboratory and computer laboratory. Outdoor facilities include a 400-meter track, tennis courts and jogging and fitness trails.

### Capstone opportunities

Majors provide capstone experiences including internships or student teaching experiences.

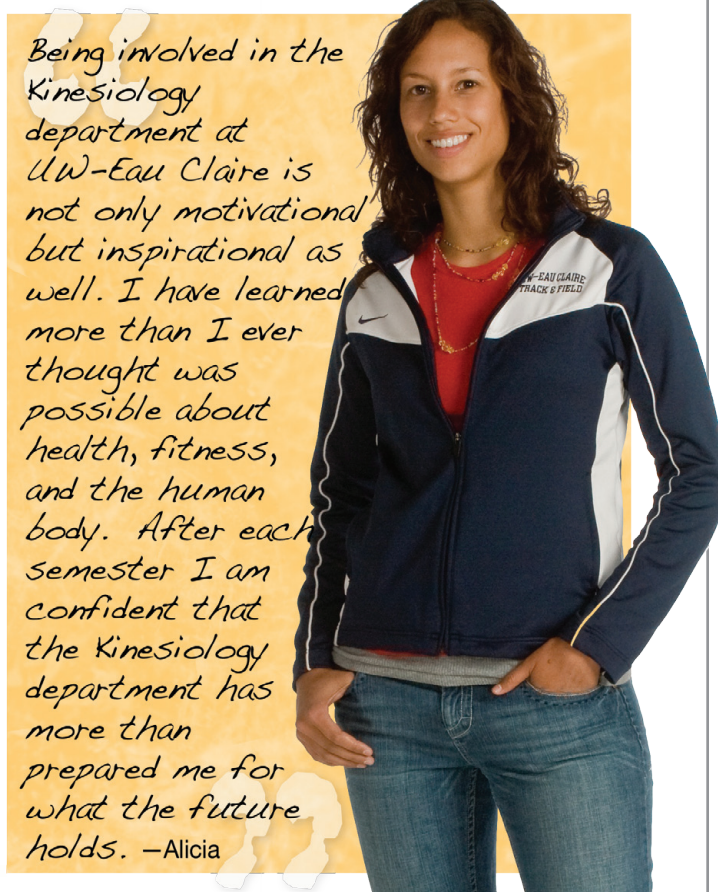
### Research experience

The Journal of Undergraduate Kinesiology Research is published by the Kinesiology Department. The peer reviewed journal was founded for the purpose of publishing undergraduate student research and to provide undergraduate students with valuable experience in the peer-review and publication process.

### Unique advantage

You will benefit from the low student to faculty ratio and the department's family type atmosphere. In addition, few other schools can match the strong and varied clinical education component of this major. The outreach and research opportunities give our graduates a strong advantage.

To learn more about the Eau Claire Advantage go to [www.uwec.edu/advantage](http://www.uwec.edu/advantage)



### [Our graduates]

Typical positions held by kinesiology graduates include teaching physical education and/or coaching; work as a cardiac rehab, wellness/exercise practitioner; or continuing your education in grad school.

### Places our grads go:

- Personal Trainer/Group Fitness Instructor, The Marsh, Minnetonka, MN
- Cardiovascular Assistant, St. Cloud Hospital, St. Cloud, MN
- Afterschool Site Supervisor, Oconomowoc Town & Country YMCA, Oconomowoc, WI
- Exercise Physiologist, Fitcorp Healthcare, Boston, MA

## for more information

For more information about the kinesiology program:

### KINESIOLOGY

McPhee Physical Education Center  
[mattesm@uwec.edu](mailto:mattesm@uwec.edu), Michelle Mattes  
(715) 836-3404 • [www.uwec.edu/kin](http://www.uwec.edu/kin)

For more information about campus:

### ADMISSIONS

Schofield Hall 111  
UW-Eau Claire Eau Claire, WI 54702-4004  
715-836-5415 • [www.uwec.edu/admissions](http://www.uwec.edu/admissions)

### [Majors]

Kinesiology

Athletic Training (see separate Fact Sheet)

### Areas of emphasis

Movement Studies (standard liberal arts major; requires a minor outside of department)

Teaching Early Childhood through Adolescence Physical Education

Sport Pedagogy

Human Performance (areas of specialization include Sport Performance, Fitness Management, Health Promotion and Pre-Professional) (see separate Fact Sheet)

### [Minors]

Science of Coaching

Adaptive Physical Education

Kinesiology

### [Suggested freshman curriculum]

Courses taken freshman year will depend on which emphasis you've chosen.

Those taken by all the emphases include:

Concepts in Kinesiology

Intro to College Writing

Others include:

Physical Science

Human Nutrition

General Chemistry

Finite Mathematics with Applications

General electives

### Accreditation

Accredited by Commission on Accreditation of Athletic Training Education and for the education emphasis-Department of Public Instruction

## note:

### Special admission requirements

Refer to the UW-Eau Claire catalogue, check out the kinesiology web site or contact the kinesiology department, for detailed admission requirements.

Admission is competitive and resources available limit the number of students admitted to the programs.

[www.uwec.edu/kin](http://www.uwec.edu/kin)